

CAÑADA COLLEGE || COLLEGE OF SAN MATEO  
**ATHLETIC CENTER**

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**SMCCD ATHLETIC MEMBERSHIP INFORMATION**

Cañada College and College of San Mateo Athletic Centers are managed by Community Fitness, a division of the San Mateo Community College District. A variety of health, fitness and wellness activities are available at state-of-the-art athletic centers. New employees can choose to join one or both locations and may include a partner or family in the discounted employee membership selection choice.

Designed to the primacy of the students, and housed cohesively with Kinesiology, Athletics and Dance departments, the Athletic Center members consist of students, faculty, staff and also the residents from the surrounding communities. A large choice of available fitness options includes: Extensive strength and cardio-vascular training equipment, aquatics, group exercise classes, community education, adaptive fitness and pickle-ball courts, depending on the location. The mission of the Athletic Centers is to create a connection between community and education.

Please contact Cañada College Athletic Center at: 650.381.7375 or College of San Mateo Athletic Center at: 650.378.7373 to learn more or email. [sanmateoac@smccd.edu](mailto:sanmateoac@smccd.edu).