

Employee Assistance Program (EAP)



SMCCCD recognizes there are times when employees may need assistance with work or life issues. The Claremont Employee Assistance Program (EAP) is a free, confidential service available to employees and their families.

Program Component

Coverage Details

Who Can Utilize	All employees, dependents of employees, and members of your household
Topics May Include	<ul style="list-style-type: none">• Childcare• Eldercare• Legal services• Identity theft• Marital, relationship or family problems• Bereavement or grief counseling• Substance abuse and recovery• Financial support• Consumer information
Number of Sessions	3 face-to-face sessions per issue per 12 months for more serious concerns



How to Access:

- By Phone: 800.834.3773
- Online: www.claremonteap.com