



EAP BENEFIT SUMMARY SMCCD

COUNSELING

Three free visits per incident, per year (visits renew 12-months from date of intake). Counseling can address any personal issue such as marital/family conflicts, parenting concerns, substance abuse, work stress, depression, and other issues that affect your quality of life. Counseling is available in person or via video conference. Additional visits are offered to clients at Claremont's discounted rates.

LEGAL CONSULTATION

Up to 30-minutes of free consultation is provided at no cost. A 25% discount is available for any service beyond the initial consultation. Telephonic or in-person consultation is available. Attorneys have expertise in areas such as family law, consumer issues, traffic violations and personal injury, etc. Free "Simple Will" kits are available upon request.

FINANCIAL SERVICES

An initial 30-60 minute consultation with a financial counselor is available at no cost. Financial specialists are able to assist employees/family members with budgeting, retirement planning, debt consolidation, ID Theft, financial planning, auto and real estate purchasing, etc. Free credit reports and consultation are provided upon request.

ELDER/ADULT/CHILD CARE

Nationwide referrals for elder/adult/child care resources are provided. A Work/Life Specialist consults with each employee/family member to generate a customized report, which provides a listing of appropriate agencies/services and other helpful written information.

SCHOOL/COLLEGE ASSISTANCE

This nationwide program helps parents research elementary and/or secondary schools for their child. Claremont also provides assistance with the college search process for both college-bound children and the working adult in search of furthering his/her educational needs.

ADOPTION ASSISTANCE

Nationwide referrals for adoption attorneys, agencies, infertility specialists, and support groups are provided.

CONVENIENCE REFERRALS

Referrals provided for daily living such as pet care, home repair, errand services, travel, entertainment and apartment locator services.

WELLNESS REFERRALS

Help with physician searches, medical support groups, fitness centers, diet & nutrition resources, alternative medicine and other resources.

CLAREMONT PERSONAL ADVANTAGE (CPA)

Unlimited access is provided to Claremont's Enhanced Web Site for articles, resources, videos and assessments about health, finance, legal issues, personal growth, stress, family life and more. Go to <http://www.claremonteap.com/pages/cap.html> and register with company name: SMCCD

Some restrictions may apply. 10/28/14

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