Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms

of coverage, <u>www.anthem.com/ca/calpers</u> For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call (877) 737-7776 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall	<b>\$500</b> /member or <b>\$1,000</b> /family for	Generally, you must pay all of the costs from providers up to the deductible amount
deductible?	In-Network Providers. \$500/member	before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each
	or \$1,000/family for Out-of-Network	family member must meet their own individual <u>deductible</u> until the total amount of
	Providers.	<u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services	Yes. Prescription Drugs, Preventive	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u>
covered before you	care, Primary Care visit, and Specialist	amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers
meet your <u>deductible?</u>	visit for In-Network Providers.	certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> .
		See a list of covered preventive services at
		https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other	Yes. \$50/visit for Emergency room	You must pay all of the costs for these services up to the specific <u>deductible</u> amount
<u>deductibles</u> for	services (waived if admitted directly	before this <u>plan</u> begins to pay for these services.
specific services?	from ER).	
What is the <u>out-of-</u>	<b>\$3,000</b> / single or <b>\$6,000</b> / family for	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you
pocket limit for this	In-Network Providers. No Out-of-	have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket</u>
plan?	Pocket limit when using Out-of-	<u>limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
	Network Providers.	
	This plan has a separate Out of Pocket	
	Maximum for Prescription Drugs	
	\$2,000/single or \$4,000/family \$1,000	
W/1	Home delivery.	
What is not included	Premiums, Balance-Billing charges,	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
in the <u>out-of-pocket</u> limit?	and Health Care this <u>plan</u> doesn't	
	V. a. David and D. C. a.	This also was a provider naturally Ven will pay less if you was a provider the also?
Will you pay less if	Yes, Prudent Buyer PPO. See	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u>
you use a <u>network</u>	www.anthem.com/ca/calpers or call	<u>network</u> . You will pay the most if you use an out-of- <u>network provider</u> , and you might
provider?	(877) 737-7776 for a list of <u>network</u>	receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what
	providers.	your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an out-of-
		network provider for some services (such as lab work). Check with your provider
		network provider tor some services (such as lab work). Check with your provider

		before you get services.
Do you need a <u>referral</u>	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .
to see a <u>specialist</u> ?		



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	ı Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a	Primary care visit to treat an injury or illness	\$20/visit medical deductible does not apply	40% coinsurance	none	
health care provider's office	Specialist visit	\$35/visit medical deductible does not apply	40% <u>coinsurance</u>	none	
or clinic	Preventive care/screening/immunization	No charge	40% coinsurance	none	
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	none	
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	none	
If you need drugs to treat your	Generic drugs	\$5/30 day supply \$10/90 day supply	Not Covered 100% Out of Pocket	After second fill you will pay the appropriate mail service copay for	
illness or condition  More information about prescription drug coverage is available at https://www.optumrx.com/calpers or call 855-505-8110	Preferred brand drugs	\$20/30 day supply \$40/90 day supply	Not Covered 100% Out of Pocket	maintenance medications. 90 day supplies (OptumRx Select90 Saver) allowed at Walgreens and Home Delivery program.	
	Non-preferred brand drugs	\$50/30 day supply \$100/90 day supply	Not Covered 100% Out of Pocket		
	Specialty drugs	Specialty follows the tier structure above	Not Covered 100% Out of Pocket	Certain Specialty Medications are available only through BriovaRx Specialty Pharmacy limited to a 30-day supply.	
If you have outpatient surgery	Facility fee e.g. Ambulatory Surgery Center; ASC	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Services and supplies for the following outpatient surgeries are limited: Colonoscopy limited to \$1,500 per procedure, Cataract surgery limited to \$2,000 per procedure; Arthroscopy limited to \$6,000 per procedure. Benefits limited to \$350 for ASC per day for Non-PPO providers.	
	Physician/surgeon fees	20% coinsurance	40% coinsurance	none	

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>www.anthem.com/ca/calpers</u>.

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
T0 1	Emergency room care	20% coinsurance	Covered as In- <u>Network</u>	If admitted directly to hospital \$50 ER deductible waived.	
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	Covered as In- <u>Network</u>	none	
incurcui attention	<u>Urgent care</u>	\$35/visit medical deductible does not apply	40% <u>coinsurance</u>	none	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Hip and Knee joint replacement surgery will be limited to \$35,000 per procedure. A subset of participating hospitals meets this maximum benefit coverage. Pre-authorization required.	
	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	none	
If you need mental health, behavioral health, or substance	Outpatient services	Office Visit \$20/visit medical deductible does not apply Other Outpatient 20% coinsurance	Office Visit 40% <u>coinsurance</u> Other Outpatient 40% <u>coinsurance</u>	Office Visit Other Outpatientnone	
abuse services	Inpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	none	
	Office visits	20% <u>coinsurance</u>	40% <u>coinsurance</u>		
If you are	Childbirth/delivery professional services	20% coinsurance	40% <u>coinsurance</u>	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.). Inpatient Preauthorization required.	
pregnant	Childbirth/delivery facility services	20% coinsurance	40% coinsurance		
	Home health care	20% coinsurance	40% <u>coinsurance</u>	45 visits/benefit period. A visit is defined as 4 hours or less.	
	Rehabilitation services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	*See Therapy Services section in	
If you need help recovering or have other special health needs	<u>Habilitation services</u>	20% coinsurance	40% <u>coinsurance</u>	evidence of coverage.	
	Skilled nursing care	20% <u>coinsurance</u> first 10 days. 30% <u>coinsurance</u> the following 90 days	40% <u>coinsurance</u>	Maximum 100 days per calendar year Pre-authorization required.	
	Durable medical equipment	20% <u>coinsurance</u>	40% <u>coinsurance</u>	none	
	Hospice services	20% coinsurance	40% <u>coinsurance</u>	none	

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>www.anthem.com/ca/calpers</u>.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If your child	Eye exam	Not Covered	Not Covered	none
needs dental or	Glasses	Not Covered	Not Covered	none
eye care	Dental check-up	Not Covered	Not Covered	none

#### **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u>.)

- Cosmetic surgery
- Personal development programs
- Weight loss programs

- Dental routine care (adult)
- Private-duty nursing

- Long- term care
- Routine foot care unless you have been diagnosed with diabetes.

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture Rider 20 visits/benefit period combined with Chiropractic care.
- Hearing aids \$1,000 maximum every 36 months.
- Bariatric surgery
- Infertility treatment

- Chiropractic care Rider 20 visits/benefit period combined with Acupuncture.
- Most coverage provided outside the United States. See <u>www.bcbsglobalcore.com</u>

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at (866) 444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, considered an Adverse Benefit Determination (ABD) you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact: Grievance and Appeals 1-877-737-7776 or Anthem Blue Cross Attention: Grievance and Appeals P.O. Box 60007 Los Angeles, CA 90060-0007 If Anthem Blue Cross upholds the ABD, that decision becomes a Final Adverse Benefit Determination (FABD) and you may request an independent External Review. If you are not satisfied with Anthem Blue Cross' FABD, the independent External Review decision or you do not want to pursue the independent External Review Process, you may request an Administrative Review from CalPERS. The request must be mailed to: CalPERS Health Plan Administration Division/ Health Appeals Coordinator P.O. Box 1953 Sacramento, CA 95812-1953

Does this plan provide Minimum Essential Coverage? Yes If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>www.anthem.com/ca/calpers</u>.

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#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
Specialist copayment	\$20
■ Hospital (facility) <i>coinsurance</i>	20%
Other coinsurance	20%

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$500
Specialist copayment	\$20
Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
Specialist copayment	\$20
Hospital (facility) coinsurance	20%
Other <i>coinsurance</i>	20%

# This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800

 In this example, Peg would pay:

 Cost Sharing

 Deductibles
 \$500

 Copayments
 \$80

 Coinsurance
 \$2,480

 What isn't covered

 Limits or exclusions
 \$60

 The total Peg would pay is
 \$3,120

# This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

**Prescription drugs** 

Durable medical equipment (glucose meter)

Total Example Cost	\$7,460	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$500	
<u>Copayments</u>	\$280	
Coinsurance	\$1834	
What isn't covered		
Limits or exclusions	\$21	
The total Joe would pay is	\$2,355	

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

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Rehabilitation services (physical therapy)

Total Example Cost	\$2,010	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$500	
Copayments	<b>\$</b> 60	
Coinsurance	\$326	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$886	

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(TTY/TDD: 711)

**Albanian (Shqip):** Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (877) 737-7776

Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 7776-737 (877).

**Armenian (հայերեն).** Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (877) 737-7776։

Bassa (Băssò Wùdù): M dyi dyi-diè-dè bě bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé m ké gbo-kpá-kpá kè bỗ kpɔ̃ dé m bídí-wùdùǔn bó pídyi. Bé m ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (877) 737-7776.

Bengali (বাংলা): যদি এই লখিপত্রের বিষয়ে আপলার কোলো প্রশ্ন খাকে, তাহলে আপলার ভাষায় বিলামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপলার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (৪७७) ७३७-७७ কল করুল।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဇုန် (877) 737-7776 သို့ ခေါ် ဆိုပါ။

Chinese (中文): 如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 (877) 737-7776。

Dinka (Dinka): Na noŋ thiẽc nẽ ke de yã thorë, ke yin noŋ loŋ bẽ yi kuôny ku wêr alẽu bẽ gεεr yic yin ne thoŋ du ke cin wều tääuë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col (877) 737-7776.

**Dutch (Nederlands):** Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (877) 737-7776.

Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ مزینه ای به زبان مادری تان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره (877) 737-7770 (877) تماس بگیرید.

French (Français): Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (877) 737-7776.

**German (Deutsch):** Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (877) 737-7776.

**Greek (Ελληνικά)** Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (877) 737-7776.

Gujarati (ગુજરાતી): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (877) 737-7776.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (877) 737-7776.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें (877) 737-7776

**Hmong (White Hmong):** Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (877) 737-7776.

Igbo (Igbo): O bụr ụ na ị nwere ajujụ o bụla gbasara akwukwo a, ị nwere ikike inweta enyemaka na ozi n'asusu gi na akwughi ugwo o bula. Ka gi na okowa okwu kwuo okwu, kpọo (877) 737-7776.

Ilokano (Ilokano): Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (877) 737-7776.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (877) 737-7776.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (877) 737-7776

**Japanese (日本語):** この文書についてなにかご不明な点があれば、あなたにはあなたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには、(877) 737-7776 にお電話ください。

Khmer (ខ្មែរ)៖ បើអ្នកមានសំណួរផ្សេងទៀតអំពីឯកសារនេះ អ្នកមានសិទ្ធិទទួលជំនួយនិងព័ត៌មានជាភាសារបស់អ្នកដោយឥតគិតថ្លៃ។ ដើម្បីជជែកជាមួយអ្នកបកប្រែ សូមហៅ (877) 737-7776 ។

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