

If you would like further information please visit:

Governor's Office of Emergency Services
<http://www.oes.ca.gov>

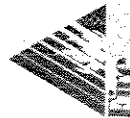
California Service Corps
<http://www.csc.ca.gov>

American Red Cross
<http://www.redcross.org>

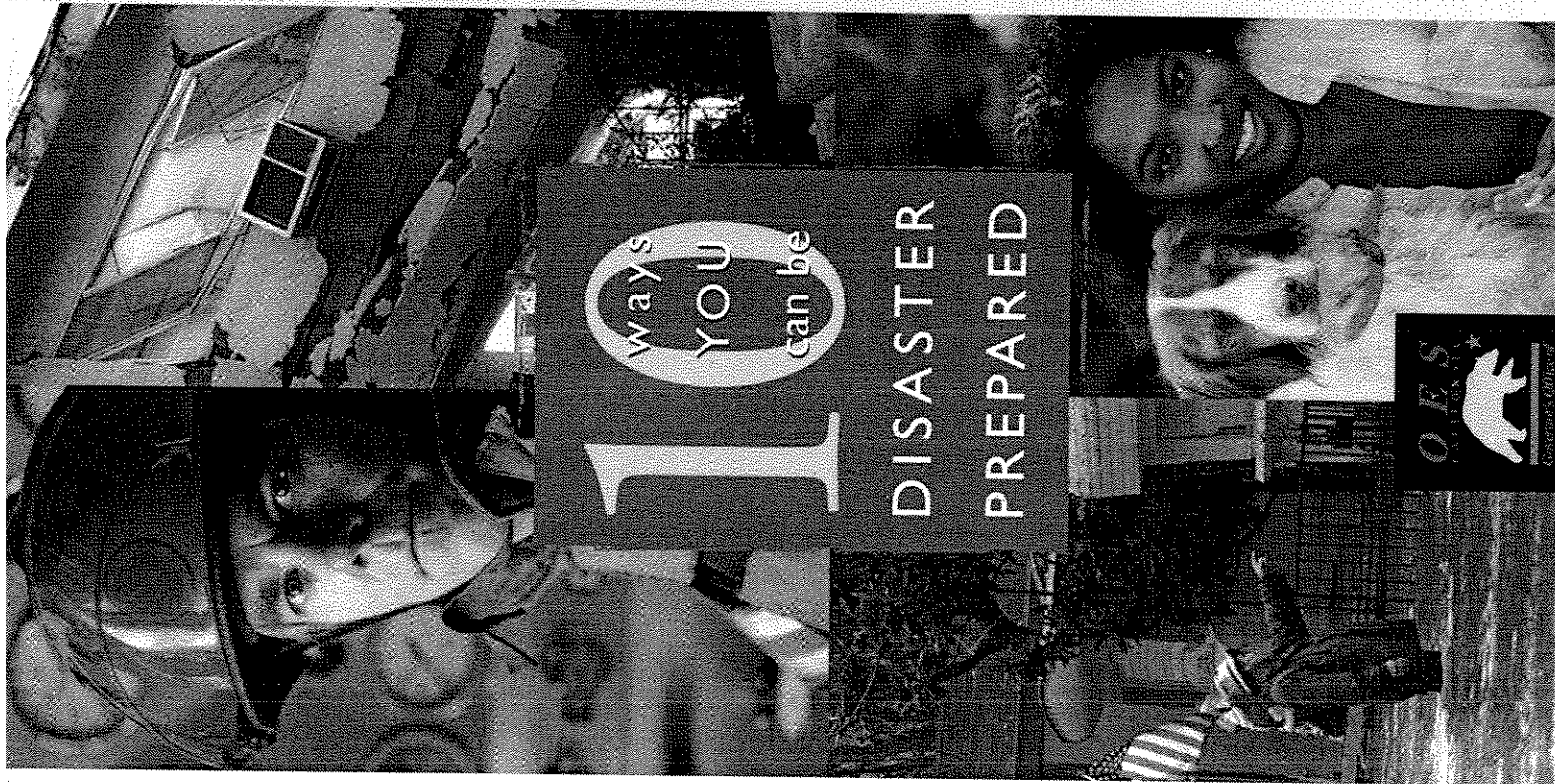
Fire Safe Council
<http://www.firesafecouncil.org>



CALIFORNIA SERVICE CORPS



CALIFORNIA STATE ALLIANCE



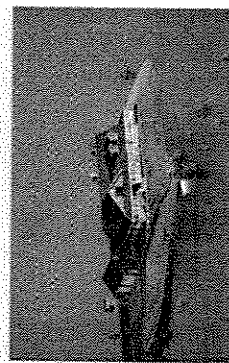
California First Lt.
Maria Shriver

California! When disaster strikes, will you be ready?

Do you know what to do? Do you have a plan? Fire, police and emergency services may be delayed in response. You need to learn what to do, have and be prepared to take care of you, your family and your community. In California, whether it's wildfires, earthquakes or winter storms — it doesn't matter if a disaster will strike, because the Golden State faces its share of disasters and it is certainly not immune to a terrorist attack.

You need to be ready. When you are ready, California is too! Thanks for your part.

Maria Shriver



you become separated. To be fully informed:

- Know what your area's emergency alerting radio station is. Make sure to have a portable radio with extra batteries so your family has access to important information about emergency response efforts in your community.
- Keep a touch-tone phone that does not require plugging into an electric outlet. Include the proper cord that can plug the phone into a home phone jack. After a disaster, cell phones and wireless phones may not be working. If you are able, use your touch-tone phone to call your out-of-town family contact. Try to be brief and to the point when contacting family members or your out-of-state contact. Phone lines are valuable communications channels for emergency response teams.
- If you are in your car, find a safe place to pull over and stay in your car. Turn on the car radio to gain important information about where to go and what to do.

How to take care of your family pets. Store food

and water for them in your disaster supply kit, keep their tags up-to-date, and call your local OES office to gain information on how and where you can temporarily shelter your pets during and after a disaster.



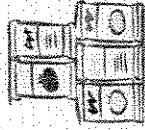
PRACTICE YOUR DISASTER PLAN

After you have sat down with your family and written your plan — practice it. Start by having family members meet at a designated spot outside your home — like you would after a fire or after the shaking stops. Know how to respond in the event of any disaster — whether to stay put indoors, or whether to evacuate your neighborhood by car. If your family needs to evacuate, know the proper evacuation procedures and routes as determined by your local OES office.

BUILD DISASTER SUPPLY KIT FOR YOUR HOME AND CAR

If you are stranded in your car or have to be self-sufficient at home until help arrives, you need to have a disaster kit with you. Your home disaster supply kit should have at least the following items and be kept in containers that can be easily moved or moved such as backpacks, plastic

totes or wheeled trash cans. Carry a smaller kit in your car.



- Have at least a 3-day supply of non-perishable and canned food, and water for all family members. Replace water every six months. Don't forget to restock food items.
- First Aid Kit.
- Battery-powered flashlight and portable radio with extra batteries. Replace batteries on a regular basis.
- Change of clothing and footwear, and one blanket or sleeping bag for each family member.
- Extra set of car keys, and a credit card and cash.
- Extra medications.
- Sanitation supplies (such as soap, cleaning supplies, shampoo, toilet tissue, etc.)
- An extra set of prescription glasses.
- Keep important family documents in a waterproof container.

PREPARE YOUR CHILDREN

Talk to your kids about what the risks are and what your family will do if disaster strikes. Practice your family disaster plan every six months. Empower your children to help write the family plan, build the disaster supply, and lead the drills. The more informed and involved children are in disaster planning, the more prepared they will be.

DON'T FORGET THOSE WITH SPECIAL NEEDS

Infants, seniors and those with special needs must not be forgotten. Make sure that supplies for your infant are in your kit and that you have items such as medications, oxygen tank or other medical supplies that seniors or persons with disabilities may need. Be sure that you have enough special needs supplies for at least 3 days. Be sure that the assisted living facility where a family member resides has a disaster plan and that you know what it is.

LEARN CPR AND FIRST AID

Contact your local chapter of the American Red Cross

training could save the life of a loved one or neighbor following a disaster.

8 ELIMINATE HAZARDS IN YOUR HOME AND THE WORKPLACE

You must secure the contents of your home to reduce hazards, especially during shaking from a quake or an explosion. Strap down large electrical secure cabinet doors, anchor tall furniture, overhead objects such as ceiling fans and pipes. If you live in a high fire danger area, also take necessary steps to protect your home against fire. Find out how you can make your home fire safe by contacting your local fire department or the Department of Forestry and Fire Protection.

9 UNDERSTAND POST 9/11 RISKS

In the event of chemical or toxic exposure and explosives — do not panic.

- If you hear an explosion, take cover under a table or desk, away from falling items. Think quickly as possible.
- If there is a fire, stay low, cover your nose with a wet cloth, and seek a safe escape route from heat or flames.
- If you are trapped in debris, cover your eyes with a handkerchief or clothing to avoid bright light. Whistle to alert rescuers or tap on a pipe. Don't shout and conserve your energy.
- If you think you have been exposed to a chemical or biological substance, contact a physician or clinic, as soon as possible.

10 GET INVOLVED. VOLUNTEER. BEAR RESPONSIBILITY.

Donate blood, join a local Community Emergency Response Team (CERT) by contacting the American Red Cross, educate your neighbor, volunteer by joining your local American Red Cross Council and other volunteer organization. Whatever you do to take part, get involved.