

# Are you hip... see page 4-5

## Weathervane

VOL. X NO.2 CANADA COLLEGE REDWOOD CITY, CALIFORNIA (94061) SEPTEMBER 16, 1977



### Earn units for fitness

by Gloria Bullock

Remember the name FITNESS INSTITUTE because you are going to be hearing a lot about it in the future.

The FITNESS INSTITUTE is the fruition of an idea born when Canada first opened its doors in 1968.

Its aim is to prescribe total fitness for the individual.

The equipment is now here to enable the First FITNESS INSTITUTE at Canada to get started. The first class had approximately 60 people in attendance. When the word gets around, it will certainly be a lot more in the future.

The course concerns itself with what is good health. Health includes "wholesome physical activity, proper nutrition, and proper rest." In addition to being tested, each

student is expected to enroll in a recommended "fitness" course, or to see to it that he or she does some sort of physical activity to meet the first requirement. The lectures discuss nutrition, exercise and why exercise is important.

If you complete the course and you are physically fit, you are awarded a Fitness T-shirt and a certificate certifying that you were fit on that day. You also receive two units of credit if you are physically fit. One unit if you are not.

The instructors of the course are highly qualified men. Lyman Ashley, Instructor in PE and head baseball coach has a heavy physiology background and previously taught biology. He was hired in 1968 to establish a FITNESS, Physiology lab. Sam Nicolopoulos, Instructor in PE and

Head Wrestling Coach, was a PE major with minors in Physiology and Biology and previously taught Anatomy.

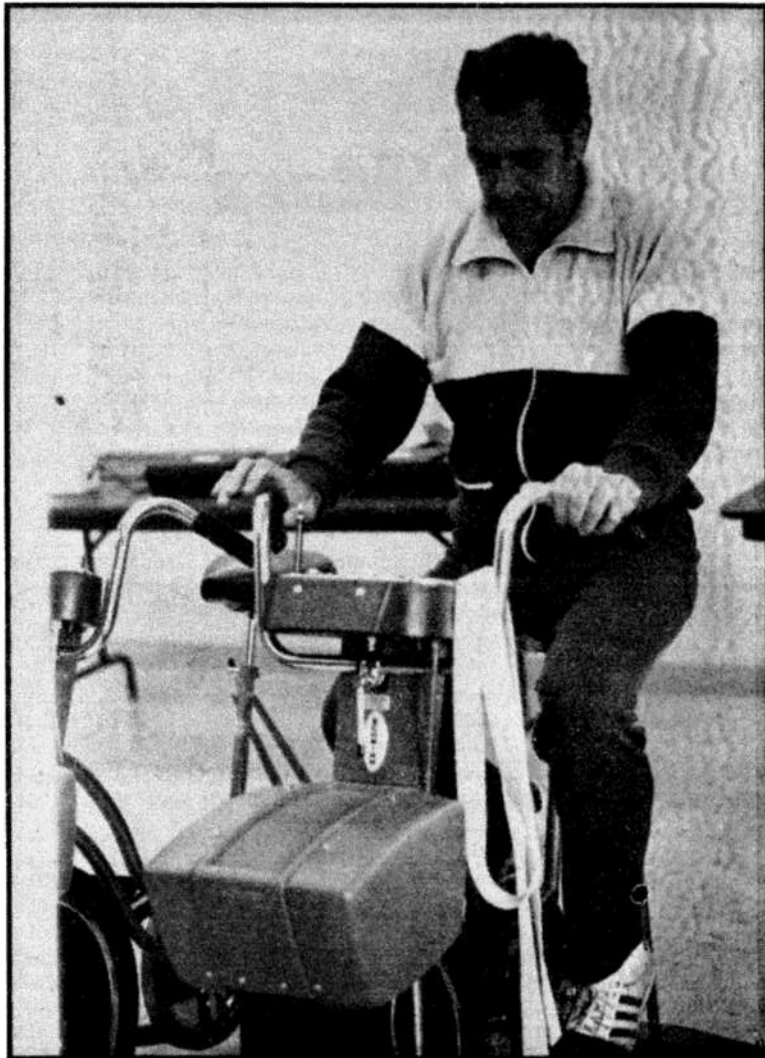
With their expertise, the new equipment, and the energetic desire and enthusiasm of the students, PHYSICAL FITNESS INSTITUTE is on the road to being an excellent program.

The equipment includes:

An exercise treadmill which can be elevated and-or put on an incline. The speed can be varied. You can start off at a slow pace and increase the speed. Meanwhile, your pulse rate is being measured both visually and on a graph, thus measuring your heart beat.

There are stationary bicycles and ergometers which can be set to increase or decrease pedal resistance. This can also be con-

Continued on Page 8



Sam Nicolopoulos, Canada's wrestling coach demonstrates Fitness Institute stationary cycle.

### Amy Kline sets goals for English students

Ed.'s Note: This article is the first in a series of profiles of Canada's new instructors.

by Stephen E. O'Mara

Ms. Amy Kline, Canada's newest English instructor, had joined Canada for her first semester. During a moment in her office, Ms. Kline said of Canada, "Incredibly friendly and really appreciated. . . you have a sense you are recognised." In her own way, she is qualified to make such a statement about Canada College.

A student of ten schools, Ms. Kline received her undergraduate work from Smith, in Massachusetts, and received her Masters from Mills. This has been partly responsible for what she hopes to impart to her students.

"I really do want students to write well, for good papers in any class. . . for my literature class I want them to read and understand the great degree that literature does effect them and to draw meanings from reading, through a work ethic and personal discipline, to help achieve and gain insights about themselves."

Ms. Kline says of herself, "I'm committed to writing." She writes non-fiction and poetry, as things effect her through her education and her teaching goals. Rather

than writing for money, she puts her writing into a notebook for use someday in a textbook. Even though television has, to some, spelled doom for writing, Ms. Kline believes that as long as there are those who derive pleasure from writing and reading, the literary arts will survive.

Ms. Kline has lived in the Bay Area for five years, another two years spent in Los Angeles and two

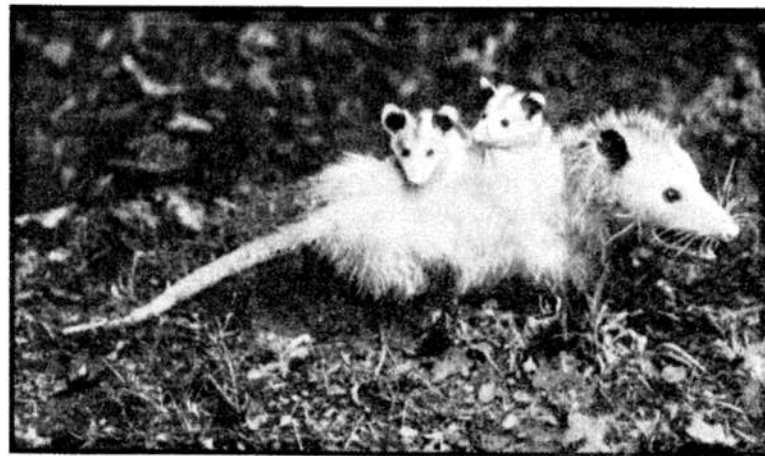
years in Quincy. After living in the country and teaching at Feather River Community College, she realized she wanted to return to the city and applied at Canada.

"I'm very impressed with the way the school is running a variety of programs. The school has a really good attitude toward helping the student and not to hinder." She found herself,

Continued on Page 8



Amy Kline prepares to aid students in honing their English skills.



Among first day students, was a relative of the above pictured opossums. It was obvious that he took a distinct dislike to college as he cowered in the bottom of a trash can "playing possum." An animal protection agency extricated the wary creature with the intent of returning the furry creature to his natural element.

# Voices...



## O'Mara

I spent most of last week talking to people, to try, for myself, to find out what they wanted to know. . . some were specific, others didn't care; but no one remained quiet.

"What is your purpose for coming to Canada?" Somehow I thought I would get those strange answers I often give to such questions myself, but the overwhelming response was, to get an education. One fellow said he wanted to meet girls, and one girl wanted to meet guys. . . but no one one was here to party down. . . up. . . or out.

"What do you know about Canada?" The common response was. . . "I don't know. . . nothing I guess."

"Then what would you like to know?" Again: "I don't know." One model-dancer type wanted to know why there were no windows in the top of building 13. She thought maybe it was an army barracks.

As for myself, I never worried about the windows. . . too busy taking notes I suppose, but if I did, I would tend to wonder about the Olive grove and the hidden lake, which is very well hidden now.

However, no one wanted to know (or seemed to know) much about the administration. The students I talked with seem oblivious to the gap between building 8 and the frisbee lawn. Most seemed content with just being here, accepting that there WAS an administration, and that was that.

Picture a head mounted on a pair of legs. We students are the legs and the administration, the head. Not very elevating I should think.

When I questioned those I spoke with about student government, I noticed that about half of those I talked with felt, that indeed, there was a place for it, others didn't care. . . one or two were surprised to find out there was no such group.

Once, long ago and far away I ran for some class office. I was beaten rather badly and later thought it better left to those more capable (or desirous).

The capability of able people to maintain a clean record in school politics is needed. I can assure they will be watched very carefully. The trouble here results in uncertainty of who and how the money for class activities. . . music. . . special events. . . whatever, will be spent. This fear of money mismanagement results in almost non-existent funds.

What this boils down to is an appointment. The Administration will locate someone they feel is trustworthy, honest and probably a Punch and Judy type.

Several of those I talked with were interested in running for student offices, and still others would be willing to support them. Not one wanted puppets.

Another decision. . . another question. Supposing there was an election, would anyone support them? Run them ragged getting things done for us? Watch them so the money stays on campus? Those I spoke with said they would support a student government, but you are the answer. . . would they?

Back to the head and legs. . . there should be a body. We, the students should control that body. The body could tell the head the feet hurt, the body could correlate between the head, which can see the feet but can't reach them. But that same body can lop off the head and scuff the feet and then fill it's own stomach.

This paper is a voice and ears. We have eyes and concern. Believe this or not. . . we're here to serve you. . . to help you to be able to say something other than. . . "I don't know."

Granted, we have able counselors, interested instructors and, I believe a good administration. Our purpose then is to inform as best we can about the activities and interests of you, the students. . . as well as the frustrations.

Our editor was confronted by some of the administration: "Are you going to write good things about us this year?", to which she replied, "If you do good things." This applies to all of us.

If it is felt that there should be a student government, then we had best get out and elect one. . . puppets are ten for a dollar these days. If you would like to read things that interest you, then we, the Weathervane would like to know just what you want to know. . . or don't.

We can take your opinion and tell over 10,000 others. If you have reason to spend time trying to park your car, wait for SamTrans, or walk, to Canada, then I'll wager you have an opinion or interest shared by others.

The questions I asked often were answered with suggestions. The editors are familiar with these now, I've seen to that, but they asked me. . . "Would the students be willing. . . would they care enough to share?" My answer? "I don't know. . ."

## Student gov. discussion set

There will be a meeting of all students interested in Student Government at Canada for the college year 1977-78 next Tuesday, September 20, 1977 at 11:00 a.m. in the Associated Students Office (Building 5-207A). Discussion will center on forming a Student Government at Canada College.

## "Big Bang" Theory Explored

In the last decade astronomers have discovered a tremendous amount of new information about the origin of the universe. On September 27 at 11 a.m., Canada College astronomer Andrew Franknoi will discuss our modern views of creation in an illustrated lecture entitled "Was There a Big Bang?" Held in the Main Theater at the Redwood City college, the lecture is free and open to the public. A question period will follow. The entire discussion will be non-technical and will not require any science or math background. The program is part of the Program Specials lecture series at Canada College. Here is your chance to find out what the Big Bang was really about!

## Ph.D.'s Audience Spellbound

by Jan Jungnick

Are you psychic?

"Probably yes," says Jeffery Smith, Ph. D., Prof. Emeritus Humanities and Philosophy, and Parapsychologist Stanford University. This was an invitation to the psychic world, a lecture and slide presentation. There was a substantial turn-out of 125 people, taking place on Thursday, September 7.

Being psychic isn't as unusual as it may seem. Actually, it's as normal as the function of memory. "If you are psychic, you are tied in with a mysterious realm," according to Prof. Smith. That is to say, the 'realm' meaning the universe.

To develop your psychic potential, Prof. Smith endorses: cast off the negative; don't limit yourself to particular beliefs; open yourself to this 'realm' think of yourself as a center that receives and radiates, linking yourself with All That Is, known and unknown. "Put your highest, deepest, best part of you into it. You must allow it to happen - be quiet, meditate; reach out to All That Is to contribute to your own personal growth."

Whether you develop your powers to predict your next phone caller or to the finer capabilities of a Peter Hurkos who forecast the baseball season's winners in the spring is up to you.

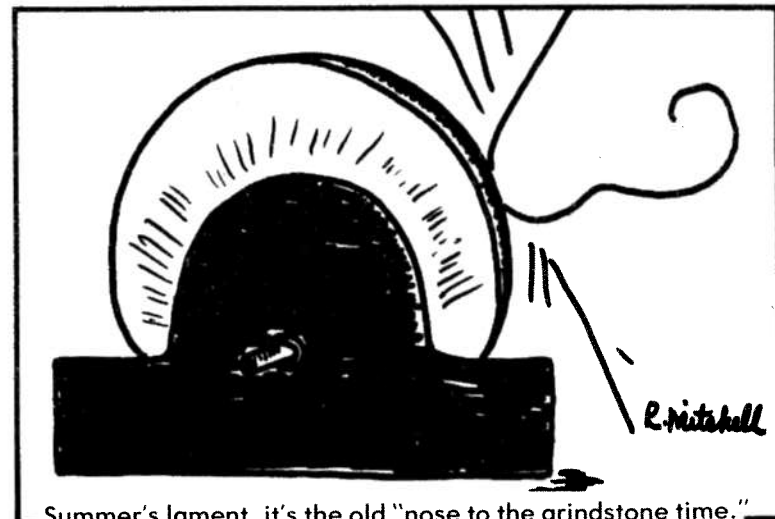
The lecture lasted an hour followed by a half hour discussion. The questions didn't stop for a minute. Prof. Smith proved himself unflappable throughout the question and answer period.

If this session is indicative of what's to come, it proves to be a promising series.

by Mary Lou Kirwan  
The Canada volunteer program offers students the chance to improve the quality of living in their local community while earning college credit. It also gives them opportunities to resolve community problems, develop new skills, personal growth and objectives.

There is a wide variety of areas of interest, such as; jobs in offices, hospitals, public information, probation, education, recreation, crisis intervention, travel, environmental programs,

and many other interesting fields. Not only can the student volunteer receive credit for field work, but can also receive a recommendation for a future resume. This program will coordinate your specific interests with an appropriate field service. The involvement time is usually flexible. For more information go to the volunteer program desk in the administration building under the spiral staircase, or call 364-1212 ext. 425.



Summer's lament, it's the old "nose to the grindstone time."

## Aid for career plans

by Jan Jungnick

Community Services offers career-oriented courses every semester, lasting 8 weeks, for 1 unit of credit. (Example: Guidance 3, Occupational Planning). These courses are free of charge and help the student to narrow down his or her options, set personal goals and discuss future jobs. The pamphlets, booklets and catalogues are available for use while in the Career Center, under the guidance of counselors. College catalogues are at hand for transfer purposes. If the student is looking for a more individual approach, see Mary Noyes (in the Career Center), where the student works on his own time, checking in with Mary periodically (with set appointments) for guidance. The fee for this personalized career planning is \$15. Reading material, filmstrips and various test are available to the student to determine his or her goals.

Programs 70 is offering seven lectures devoted to career planning. They include: Oct. 18, Today's Careers - "Let's Go"; Nov. 10, Create Your Own Job: Creative Thinking Comes First; Nov. 15, Today's Careers: The Competitive Restaurant Industry; Dec. 6, Today's Careers: Retail and Wholesale Horticulture; Dec. 13, Today's Careers: Catering as a Part-time Business; Jan. 10, Today's Careers: A Personal Experience in Advertising and Sales.

Dr. Paul Stegner from the Career Center is helping undeclared major students identify a field of interest by participating in individual testing. See Dr. Stegner for further information.

The Career Center is soon to become a Computer Terminal. A \$1,000 computer, developed in Oregon with the Diablo Valley College (Demonstration College), will be located in the Career Center, to be used in conjunction with a program to help students identify career interests and goals.

## Weathervane

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# Advances...

## Newspaper course Introduced thru RWC Trib.

by Gloria Bullock

Crime. Is it of any interest to you? Why question me, you ask. Because it effects us all. Each of us can be a victim. And, usually are, if we are only victims of white collar crime. And, it is possible that some one of us may at some time be accused of a crime, guilty or not. What are our rights, in either case? What is being done to be sure that justice is just? Are the laws fair? How can we find out? If not, what can be done about it?

CRIME AND JUSTICE IN AMERICA is the subject of a 15-week newspaper course, which is composed of concise articles, less than a newspaper page in length, written by foremost authorities. The course is to be run in the REDWOOD CITY TRIBUNE on Thursdays, beginning September 27, in conjunction with Canada College. Its intent is to inform the public, as well as to offer two units of college credit.

"You have to involve the community, and have an informed community. Without public pressure, nothing gets changed," says Rudy Sanfilippo, Coordinator for the Administration of Justice Program here at Canada and on-campus instructor for this course. Sanfilippo has quite a background of on the job experience in his field, including being Director of Corrections for the State of Colorado.

The whole student body should be interested in this course. It takes little time. And, should be a part of our general knowledge. If you find yourself really getting into it or feel that you have a deep interest in the subject, books are available at the bookstore with additional in-depth articles, which are supplementary to the course. The title of the text is CRIME AND JUSTICE. It costs is \$6.40. The study guide costs \$3.10. Both are available at the bookstore under course number ADMJ 48.

There are to be five sessions on campus.

There will be an orientation on Thursday, September 22 at 6 p.m. Two review sessions will be scheduled. It is advisable, and of interest, to attend these sessions. Two exam sessions will also be scheduled. These are mandatory in order to get credit.

Locally, Peralta and Foothill have had this type of course and they have met with great success. Dr. Samuel A. Ferguson, Dean of Instruction, commends Rudy Sanfilippo for the high quality of instruction, for picking up, continuing, and maintaining the progress in the Administration of Justice Program. He anticipates even greater strides this year.

Canada offers 22 courses under the Administration of Justice Program with 13 courses this semester in both day and evening classes. The Program works with Cooperative education in placing people in jobs so that you can earn while you learn. That is how Rudy Sanfilippo initially got into Criminal Justice, as a student needing to make money while going to school as a Journalism major. He got so involved, well you know the rest. The opportunities are there.

Students in the Court Reporter classes, Administration of Justice courses, those with interest in pre law, concerned citizens, someone needing a job in a field where jobs are available, whichever your interest; here is an opportunity that you should certainly take advantage of.

## Ophthalmic Dispensing Expands under H.E.W. grant

by Michael W. O'Connor

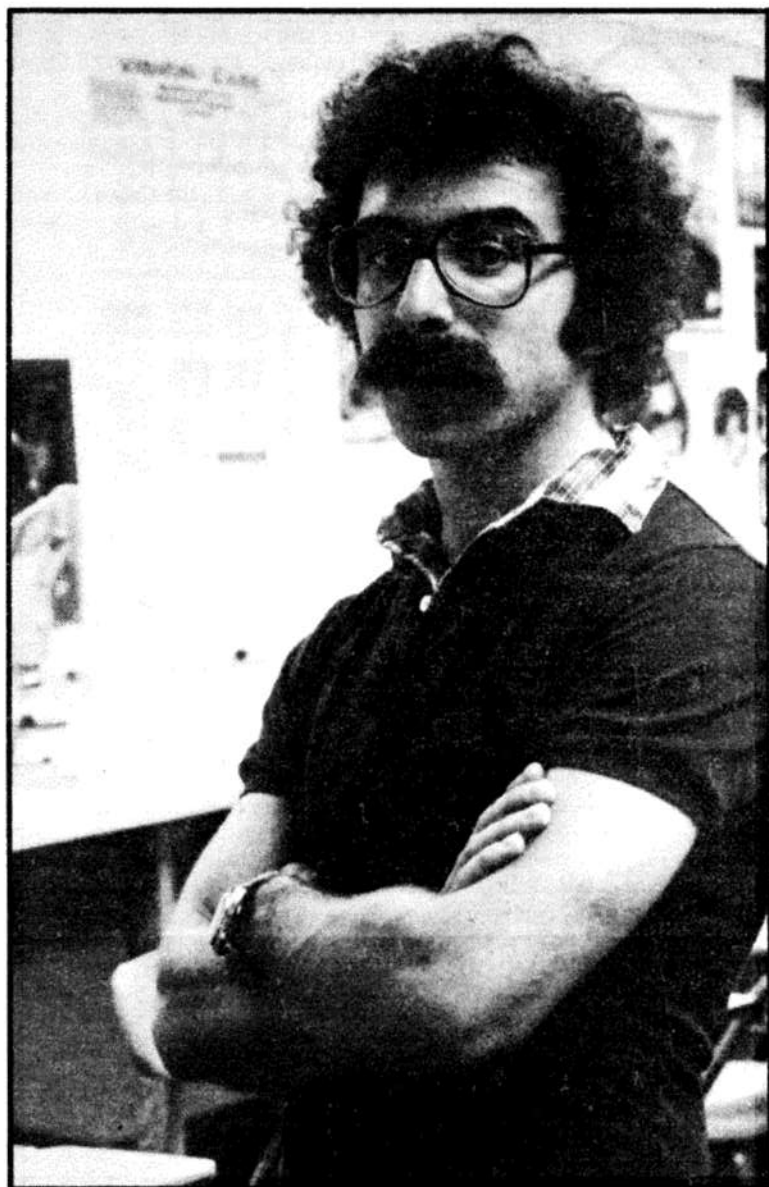
"We are pharmacists for eyeballs," explained Mark Shupnick, head of the Ophthalmic Dispensing study course at Canada College.

Ophthalmic dispensing, started at Canada last September under a \$90 thousand a year grant from the Health, Education, and Welfare Department and is a two year course concerned with the mechanical-theoretical aspects of spectacle and contact manufacturing, understanding its properties, and the application of dispensing the product to the consumer. The second year is a practical workshop in which the students apply their skills dispensing in the field itself.

Irwin Vogel, an instructor from New York City College and recipient of the first Bachelors degree awarded to the Ophthalmic Dispensing field will be conducting the lab for the course with Shupnick.

The Ophthalmic Dispensing department has developed a job placement board with a noted reputation for finding jobs in fields related to dispensing. Requirements for dispensing are completing the two year course, and for obtaining a license in the state of California, a requirement of no less than five years of actual work in the field, and certification by three practicing Ophthalmologists. All this information must be filed in Sacramento.

Information on the course and course registration is available at the Science and Engineering office in Bldg. 18. An orientation course is now in progress, MWF, at 11:10-12:30, Bldg. 18-319.



Mark Shupnick heads Ophthalmic Dispensing studies at Canada.

Photos by Phyllis Olson

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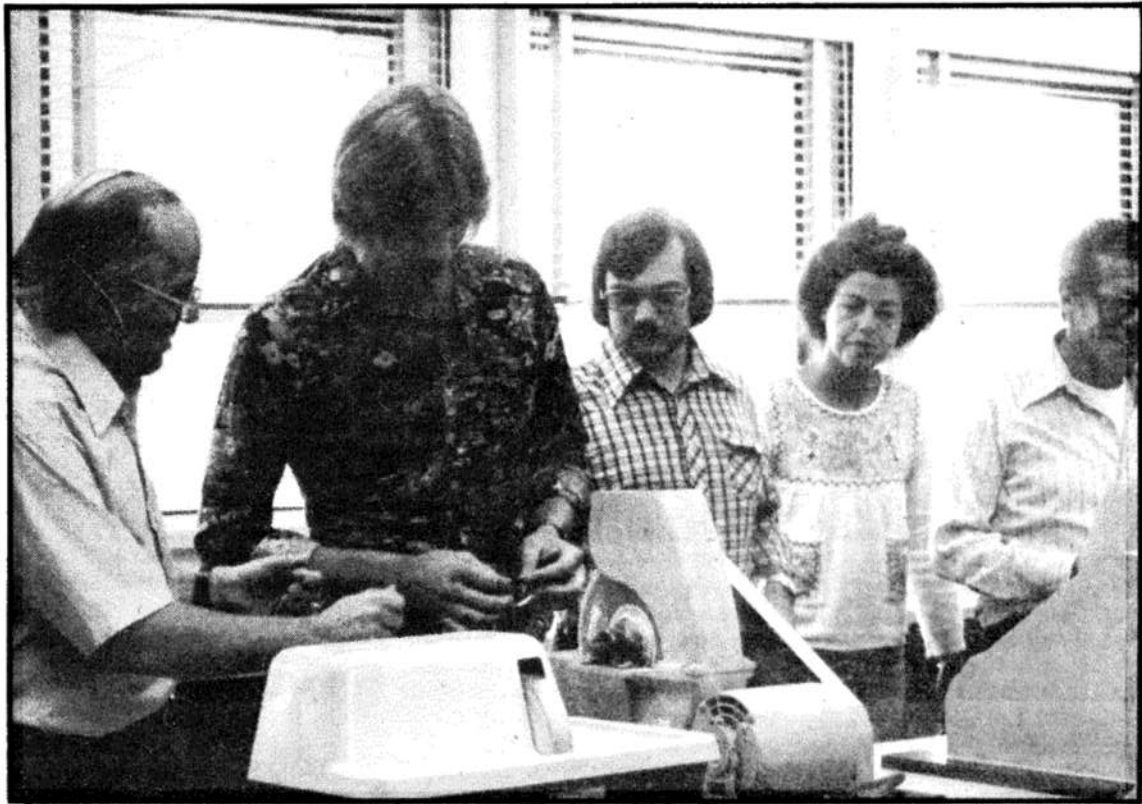
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Irwin Vogel (l.) guides students in technical aspects of ophthalmology.

# That's Enter

## & Musical notes

by Kevin Teixeira

September is not over yet and there are still a number of shows left to be seen and heard. But, Ronstadt is sold out and "The Wiz" is heading in that same direction.

There are still tickets around for the two "YES" shows on the 21st and 22nd at the Oakland Coliseum. Keyboardist Rick Wakeman is back with the group after a long absence devoted to solo work.

The great Count Basie and his orchestra will be in the City, one night only, this Saturday night at the Great American Music Hall. Special guest will be Joe Williams, tickets are \$9 with shows at 8 & 11.

RUSH will headline at Winterland Sept. 24, with U.F.O. as second bill. Opening the show will be the winner of the KASN's battle of the bands, HUSH. Tickets are \$5 in advance and \$6 the night of the show.

Jazz guitarist GEORGE BENSON will be here at the Circle Star Sept. 23-25. His opening act is Minnie Riperton, Fri. & Sat. shows are at 7:30 and 11:00, tickets available by phone (368-3841).

A new band will be at the GAMH (Great American Music Hall) STOMU YAMASHTA'S GO. I've never heard of them before but the talent line up makes it worth the gamble if your into taking a chance: Michael Shrave (Of Santana), Paul Jackson (of Hancock's Headhunters), Klaus Schultz (of Tangerine Dream), Linda Lewis, and others. Tickets are \$5 dollars, shows: Sunday & Monday Sept. 25 & 26 at 9 & 11:30 p.m.

Punk Rock returns to S.F. Tues & Wed. Sept. 20 & 21 at the Old Waldorf. BLONDIE headlines this show plus San Francisco's own "The NUNS". Tickets are 5 dollars adv. and \$5.75 at the door. Shows at 8:30 and 11:30.

Back by popular demand ERTA KITT will be performing at the Mocambo (Polk & Sutter) September 20 thru Oct. 2.

From now thru Sept. 24 the great Sir Michael Redgrave will be performing in "Shakespeares People" at ACT. This is a one man show mostly aimed at presenting the power and genius of Shakespeare condensed into an evenings entertainment. Sir Redgrave's experience with the material is huge having been involved in almost the whole of Shakespeare's canon. Tickets on sale at all agencies, ACT box office: 673-6440.

The end of September is crammed with good entertainment in almost every spectrum of music. In their first nightclub experience "Journey" will be at the Old Waldorf (4444 Battery St.) For those of you who saw them with ELP in August you can stop worrying they fired their new vocalist right after the gig. Almost as soon as he was out the door he was replaced by Steve Perry, who the group originally contacted as a vocal coach. Dates are Fr. & Sat. Sept. 30 and Oct. 1, shows 8:30 & 11:30, tickets are \$7.50.

In San Carlos at the Circle Star the Same Weekend will be "WAR", no guest or opening act, just an evening with WAR. Shows will be Sept. 30-Oct. 2. Two shows Friday and Saturday night and one on Sunday at 8:30.

At the GAME will be the NORTON BUFFALO STAMPEDE Sept. 30-Oct. 1. His first album, "Lovin in the Valley of the Moon", shows him to be more then a great Harp player for Steve Miller. The evening will be well spent if you drop in there. Shows at 8:30 & 11:30 tickets are \$5.

In October there is a very special concert coming fro those who love Acoustic guitars. Bread & Roses will be throwing a concert weekend! Oct. 7-8-9 at the Greek theater in Berkeley. Just a few of the artists are: Joan Baez, Country Joe McDonald, The Persuassions, Mimi Farina (Baez's sister), Pete Seeger, Arlo Guthrie, and more than I can type. Tickets are \$5 in advance and \$6 at the door, you can get them thru Bass.

Tickets for Crosby, Stills & Nash go on sale Sunday for a show on the 22 of October at the Oakland Coliseum. The Greatful Dead are in rehearsal right now watching their album go gold (has to be a first time for everyone). Moby Grape is back together minus Mose the bass player, and are doing a show at the Old Waldorf. Mose has a band going down in Santa Cruz called Duck, sitting in on lead guitar is Neil Young-back again as just part of a band. Country Joe McDonald is back together and has a new album out. There is talk about SteelyDan coming, but talk is cheap. See ya next week.

## Solar Plexus jives With Eclectic Jazz

The Eclectic Jazz of Solar Plexus, a bay area jazz group, was presented during the Program Special 70, Sept. 13 on campus. The responsive audience of 30 was treated to the musical impressions of Denny Berthiaume, piano, Russ Tinch, percussion, and Mickey McPhillips on bass.

With a repertoire that ranged from the more traditional Brubeck to the innovations of Herbie Hancock, their own jazz forms are

a composite of eastern scales, African and Latin rhythms and their own material is written by Rick Masters. The group members maintain outside jobs to free them to explore their own musical interests.

Solar Plexus has produced their first album through Evidence Music International. This was the second in a series of Program Specials 70, held Tuesdays at 11 p.m. weekly.

Are you hip...

## To Boogie or not to boogie

by Phyllis Olson

Have you always wanted to go to a rock concert but felt you weren't hip enough? Did Pink Floyd come to town and you didn't go because 1) you weren't Johnny-on-the-spot at the ticketron outlet nearest you? 2) you didn't have the right "threads" to wear, 3) you were out of dope, 4) you didn't have any decent transportation, or 5) you didn't have anybody to go with? Well, if you have answered more than one of the following questions with a yes then you were probably right in your decision. Going to a rock show requires the utmost class, sophistication, and cool, one would imagine could be inherent in an individual. Going to a rock concert is an art.

First, you must buy your tickets. No doubt the show you choose to attend will be the biggest show ever to be held in your area, so my advice to you is to pack up your sleeping bag and camp out in front of the ticketron outlet nearest you. (You must go to the outlet nearest you because it is what all the disc jockeys tell you to do and of course one of the first commandments to concert goers is "Thou shalt honor thy DJ above thy mother or father.") You have no idea what prestige you bestow upon yourself when you tell people you camped out at Ticketron. If you don't want to camp out, you can still tell people you did, everybody else does. It's cool.

Assuming you have your ticket, it is now time to think of the exciting clothes you are going to wear. Remember, all of your peers are going to be there and you must try to impress each and every one of them. So, go find your oldest, grungiest, dirtiest blue jeans (Levi's, no less) and then tear up the rest of your wardrobe to make a bunch of neat patches to sew all over the backside of your pants. If you don't have any old blue jeans, go buy some new ones and wash and bleach them until they look old. Then sew a bunch of neat patches all over them. Or if it is weeks before the show, you can always get some embroidery thread and sew mushrooms or marijuana leaves all over them. It's up to you.

Now that your pants are ready, it is time to find a suitable shirt. If you are a guy (or "dude" as you should prefer to be called) it doesn't make much difference as you'll probably take it off and tie it around your waist later in the evening. Ladies, you may as well throw out your brassieres because if you have any intention of being hip, you must be "liberated". Find something brief and tight if you can. Most girls wear a baggy shirt over their slinky tight one so their mothers will let them out of the house in the first place. If you've got it, be prepared to flaunt it.

Accessories you might care to choose from to accompany your "together" outfit might be; Frye boots, six inch clog heeled shoes with tons of glitter pasted on them, roach clip pendants, roach clip earrings, pillbox rings, feathers, scarves like Bob Dylan wears, or maybe glasses like Elton John wears. Sometimes, face paint is appropriate. If you are doing your hair up for the occasion, you might try this

suggestion; wash your hair and while it is still wet. Don't take it leave for the show. When you do, well organized series of crinkles; unnatural but like you took a lot. That's commendable.

You'd better figure out which on during the course of the show. A mostly because it is banned from stadium, whatever the case m everybody has pot. Cocaine is p you, so your best bet is to snort up show and then get drunk during tl middle, you ought to be obnoxious friends and annoy everyone else Isn't it?

Are you ready to work on y instructions and you are sure to be Keep your nose as high in the air to no one other than your friends fight or be obnoxious, then it's Always walk in groups with your your friends loud enough for othe to all the shows in the area and th one. 5) Make sure you have some your person so everyone will see indulging in drugs. 6) A Nationa rolled up in your back pocket (ti you are sophisticated, well read

We're moving right along now are you going with to the show and Make sure your friends look alm same way, hands thrust in pocket circumstances should you let yo show. Everyone recognizes thos Concert fans never forget a face. I show is to hitchhike. There's so chhiking. You never know if or wh but when the ride drops you off b the theatre, you sayin a loud, cle ride!" Everybody picks up on tl wait and see.

It's graduation time, rock an show to push and shove and mingl one another. You will no doubt be the end of the evening if you hav instructions. You will be pleasec other attendants who have taken in preparing for this great event favor, if you get a chance to stop you are; dance a little to the m



Tance Johnson, (pictured) and her dancers, the San Francisco Dancers Forum, appear tonite at Canada's Main Theater at 8:15 p.m.

## Moliere's "N

by Stephen E. O'Mara  
The Miser

In the Main Theater on Canada's campus, Moliere's comedy, The Miser, will be produced by the Drama department during the weekends of October 20, 21, 22, and 27, 28, 29. Reservations are required and may be made through the Humanities Department, Bldg. 3, Rm. 205, or by calling extension 337. Tickets are priced at \$1 for students and \$1.50 for non-students.

This production of The Miser is from the 1739 English translation, and was first produced in the United States in 1940, by the Catholic University of America. For this Canada performance, Mike Walsh will do the set design, costumes by Sally Shatford and

## Drama Dept. seek

The Canada drama department's production of The Miser, is seeking a seamstress and costume people for the up coming production. One or two units of

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inking about how groovy  
c.

iser'' slated

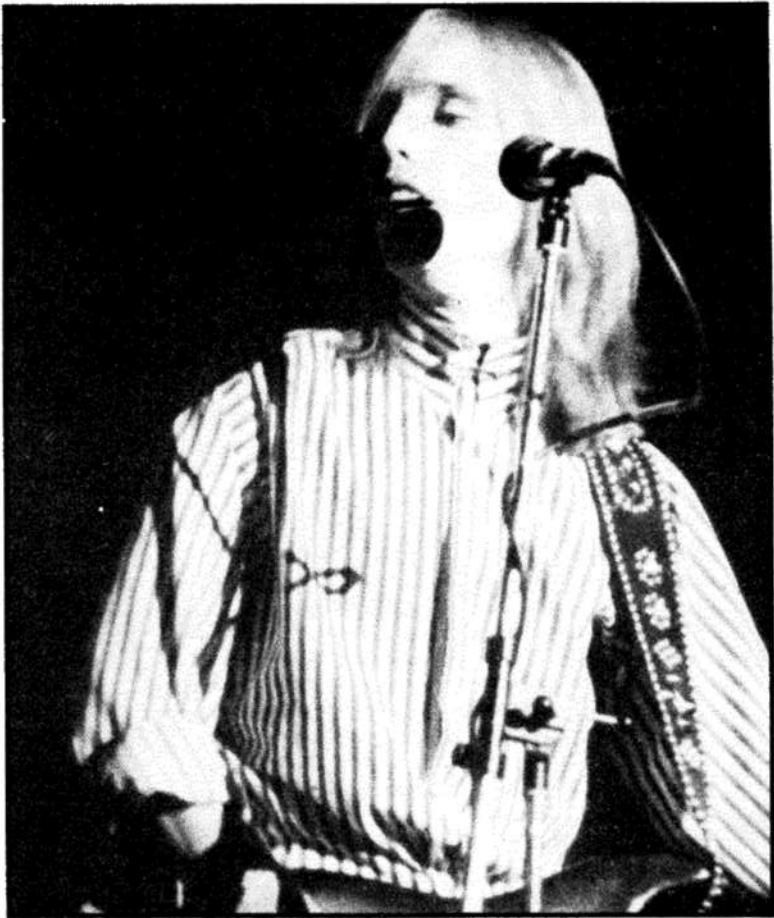
chnical by Allen Gross.

Martin Lepisto, director, said  
out his selection of this play, "I  
te the show and we haven't done  
oliere here. . . we're a college, not  
box office." Lepisto is familiar  
ith the works of Moliere, himself  
iving been cast in Le Misan-  
ropic, in Berkeley some years  
so.

A three act comedy of love,  
varicious wealth and constant  
nfusion, the cast of principles  
e Bruce Krempetz as the miser  
arpagon, the daughter, Elise, by  
ichele Casau, and the brother  
eante by Rick Hascal. The  
mplications are caused by  
alere, the love of Elise, played by  
ichael De Kom and Marian, the  
ve of Cleante, by Laura  
senstock.

i seamstresses

edit is available. Contact Sally  
afford, building 3, room 225,  
ween 1:00 p.m. and 5:00 p.m., or  
1 extension 324.



Tom Petty stole the show at Winterland with a double encore.

Petty triumphs,  
Be Bop lukewarm

Kevin Teixeira  
Last Saturday night Win-  
terland was host to "Be Bop  
Delux" and Tom Petty and the  
Heartbreakers". Be Bop was the  
headliner but Tom Petty stole the  
show with a double encore.

The opening act was a local  
hard rock band, "Yesterday and  
Today". Their music is hard and  
loud like "KISS", minus the flash-  
power and makeup. At best they  
were okay, but the sound was too  
loud and the vocals were garbled.  
The only song I could understand  
was "Alcohol", a footstomping  
Rock & Roll song. Unfortunately  
they suffered from technical  
difficulties, but managed to do well  
enough to pull an encore out of the  
crowd.

"Tom Petty and the Heart-  
breakers" were the masters of the  
evening. They were very tight with  
clear vocals and music that con-  
centrated on quality instead of  
volume. Tom Petty is the lead  
singer and plays rhythm guitar for  
the group. Average height with fine  
blond hair that falls down to his  
shoulders he has a thin face with  
drawn cheeks and thin lips. Almost  
albino he could best be described  
as sickly looking. There is a Mick  
Jagger feeling to his style, facial  
expressions and moving around  
the stage he is a preformer not just  
a singer.

Back-up just doesn't describe  
the "Heartbreakers". The lead  
guitarest hardly smiled and never  
looked out at the crowd, either up  
in the air or down on the stage but  
damn, can he play. He has a very  
clean style and quick hands. The  
whole band has an early Stones  
feeling to them. Their hit song  
"Breakdown" is a good example.

Opening with lead guitar doing  
clear clean licks and a strong bass  
& drum beat. Petty takes over with  
vocals while still playing shythms.  
Towards the end of the song Petty  
gets a spaced out look on his face  
and raises his hand to his head then  
sinks slowly to the floor.

For a second bill act they took  
the crowd, who wouldn't let them  
go until they gave two encores.  
Even Be Bop Delux gave them  
credit for a great act at the close of  
their set. You may have trouble  
finding their album as it isn't too  
heavily stocked at record stores,  
and it keeps selling out.

Be Bop Delux came on next but  
just never rivaled, or even gave  
competion to Tom Petty. Good  
music and a lot of energy but they  
were playing too loose. Bill Nelson  
is lead singer and guitar, has a  
good voice but never really got it  
together with the rest of the band.  
They opened the show with "Life in  
the Airage", behind them they  
projected movies up on the back  
drop. The movies were clips from  
an old german sci-fi film  
"Metropolis" where beneath a  
beautiful future-city is a hell where  
machines are king and men do  
their bidding in a zombie state of  
mind.

Charlie Tumahai plays Bass,  
Simon Fox plays percussion and  
Andrew Clark plays keyboards.  
They ran thru their hits like the  
"Modern Music Suite", Sister  
Seagull", and "Blazing Apostle".  
Their finale was "Last Train to  
Heaven". This was the first gig of  
their national tour, they'll be back  
again this winter as San Francisco  
is also the last gig of the tour. It  
will be interesting to see if they  
improve between then and now.

Calendar

The following events will be at Canada College, unless otherwise noted.

Friday, September 16 - Open House

A "WELCOME-BACK-TO-SCHOOL" open house will be held in the Women's Center, bldg. 16, room 5, from 10 a.m. - 1 p.m. This event is one of the many scheduled as "Brown Bag Specials" this fall. Call Canada, 364-1212, ext. 460.

Friday, September 16 - Lecture

LASER LIGHT SHOW AND A SKY-OBSERVING SESSION WILL TOP OFF THE LECTURE TO BE GIVEN BY Allan Meyer, the video operator working on the Kuiper Flying Observatory which discovered the rings around the planet Uranus earlier this year. This meeting of the San Mateo Astronomical Society will be held in the multi-purpose room of the bookstore building at Canada at 8 p.m. The event is free and open to the public.

Friday, September 16 - Dance

SAN FRANCISCO DANCERS FORUM CONCERT, Tance Johnson Dancers and guest artists in a modern ballet performance, 8:15 p.m., Main Theater. Tickets: \$3.50, general; \$2, student.

Saturday, September 17 - New Course

MIDNIGHT TO 3 A.M. is aimed at "Night People" and those working shifts that keep them from attending regular college classes. The tuition-free, semester-long course "Movies and Discussion of Social Problems" will be held Friday nights (actually Saturday mornings) and conducted by Bennett Kilpack. Kilpack is a Canada social science faculty member and a licensed marriage, family and child counselor. Enrollment and class is in the bookstore multi-purpose room. Call Canada 364-1212, ext. 339 for further information.

September 20 - November 22 - Lecture

FOCUS: ALCOHOLISM, THE FAMILY AND COUNSELING, Muriel Kronowitz, a ten-part series meeting Tuesdays, 4-6 p.m., Veteran's Hospital, 795 Willow Rd., Menlo Park. Registration information: 364-1212, ext. 236.

Tuesday, September 20 - Lecture

BENEFITS FROM SPACE. Consumer products, technology's legacy to the public—medical advances, communication and weather satellites, earth resources. Slides, discussion and demonstration by Herbert Holley, Program Manager, Technology Utilization, NASA. 11-12 p.m., Bldg. 13, rm. 116. Free.

September 21-24 - Special Event

SENIOR GYMKHANA, competitive events for seniors include archery, golf, tennis, bicycling, swimming, pingpong, bowling and badminton, also arts and crafts activities, various South San Mateo County locations. Co-sponsored by Canada College and Little House. No entry fees. Enrollment information: 326-2025.

September 21-October 26 - Lecture

TOTAL LIVING FOR LIVELY SENIORS, Sidney J. Custodio, a six session series meeting Wednesdays, 10 a.m.-12 p.m., St. Anthony's Parish, 3500 Middlefield Rd., Menlo Park. Call 364-1212, ext. 236 for information.

Wednesday, September 21 - Guest Speaker

SLIGHT OF HAND AND SLIGHT OF MIND is the title of Dr. Arthur Hastings speech. Hastings is a former Professor of Speech at Stanford; Editor of the report of Psychic Research done at SRI; Consultant Director of Communication, Inc.' Staff of the Institute of Noetics Science. Hastings is one of the several Guest speakers to be presented byParapsychology (Psychology 13) Instructor, Ruth B. Spangenberg. Interested persons should go to Bldg. 17, rm. 107 at 1 p.m.

Thursday, September 22 - Lecture

BILL COLLECTING AND DEBTORS'RIGHTS. Discussion of new bankruptcy laws, student loans; how to protect yourself against collection agencies, wage attachments and repossession. Ralph Warner, attorney and co-author of Bill Payers' Rights. 11-1 p.m., Bldg. 13, rm. 116. Free.

Ed.'s Note: Please send notification of Canada's events to be included on the weekly calendar to: Weathervane, c-o Canada College, 4200 Farmhill Blvd., Redwood City, Ca., 94061 or drop by the office, bldg. 17, rm. 112. Copy must be received one week prior to publication.

# Something Special...

## You scream, I scream...

by Kevin Teixeira

Ice cream is an American tradition from before the revolution. Once hand-cranked on the back porch, most people now buy it as a brick in the supermarket or at a local chain-operated store. But in the Bay Area an outlet has opened that makes its ice cream in the old-fashioned style, "Old Uncle Gaylord's Ice Cream Parlor".

People have been cooling themselves off with ice cream as far back as the day of the Romans. Slaves would be sent into the mountains to bring back fresh fallen snow that was then topped with fruit or juices and guzzled down. Charles I of England, paid off his French Chef to keep the formula of ice cream secret so the lower classes wouldn't tarnish the majesty of the dessert.

In 1846, the churn-type ice cream freezer was invented by Nancy Johnson, a New England housewife (no relation to modern day ice cream mogul, Howard). In 1848, William Young patented it with the addition of a crank for turning the churn and called it "Johnson Patented Ice Cream Machine", so Nancy lives on in a way. In 1851, Jacob Russell, a Quaker and a fierce abolitionist, started converting the extra cream from his Baltimore dairy into ice cream and an industry was born.

For the next 60 years, Americans ate ice cream often and in large quantities. Then, in 1927, science stepped in and gave them the air-injected freezer. Up until this time, ice cream had been a relatively heavy textured substance with about 10-15 per cent air that seeped in during churning. Now it was possible to inject as much as 60 per cent air into the mix, held in by stabilizers and chemicals. The ice cream industry quickly learned, as the baking industry would a few years later, how to sell air.

The process was quicker, cheaper and it was possible to produce large-scale volumes of the stuff. The ice cream industry quickly jumped into the modern American era of "Big Business". With mass merchandizing, high pressure lobbyists, mass advertising, multi-million dollar profits and self-protective manufacturers associations.

Today, the ice cream bought by the brick at Safeway or by the cone at Baskin-Robbins bears little resemblance to the frozen delight at the turn of the century. Ice cream should have a texture and a subtle flavor and not be a smooth, glutinous mass with a sickening-sweet after-taste. It's supposed to melt, and fairly rapidly. The flavors originally were subtle and the colors light or off-white, not the bright, eye-catching colors or the chemical flavors that jackhammer your tongue.

In 1972, Gaylord opened his first store on Irving Street in San Francisco. Nothing earth-shaking

in itself, considering that there were three other ice cream shops within a four-block walk. The graying ice cream man behind the counter would announce, "This is the real thing!" With a smile, he'd roll on, "We make it with eggs and cream, twice as much cream as you'll find in that garbage down the street."

Gaylord's became a regular event in the Sunset District, with people able to drop in as late as midnight, seven days a week. As he scooped, Gaylord talked and talked, "Just wait a few minutes before you eat it. Let it warm up a bit. We use fresh eggs and refrigeration to hold it together, so we have to serve it a bit colder. It doesn't have any chemicals in it like other ice creams to smooth it out."

What takes 80 cents worth of eggs can be accomplished with five cents worth of gelatin or a penny's worth of chemical smoother. Ice cream companies use chemicals to give their ice cream "eye appeal" or "mouth appeal" or to create bigger profits. The Food and Drug Administration (FDA) does not require the ingredients to be listed on the carton!

Under the cover of "trade secrecy", the giant dairy companies that produce the mixes for mass produced ice creams won't tell the processors who can't tell the consumers what goes into their ice cream. The Department of Agriculture and FDA sit on their collective butts and don't do anything about it as the public is lied to and misled and possibly even poisoned.

The next time you pick up a brick of chocolate ice cream remember it may be amphenylacetate, N-butylphenyl, ventraldehyde, ethylacetate, or propylene. That banana flavor could be amyl acetate, the pineapple...ethyl acetate, or cherry...aldehyde C17. You're not even safe with vanilla, because it may be piperonal, a commercial louse killer!

Diethyl Glucol works wonders in your car's radiator as an ingredient of many anti-freeze solutions and it replaces eggs in commercial and mix ice creams. Sugars have increased to over 20 per cent of the total mass volume. What do rubber cement and black walnut have in common? Butraldehyde. Amazing, but when this chemical is but in a mix it taste tastes like nuts.

This is the state of the art as pertaining to the great commercial ice cream companies and why Gaylord's has expanded in just five short years to over seven stores. His basic recipe is called a M.E.S.S., because it contains Milk (and cream), Eggs, Salt, and Sweetner. For his sweeteners he uses real cane sugar, dark brown cane sugar or honey, depending on the recipe. When Gaylord began looking around for recipes, all he





could find was one for vanilla sent to him by a relative. All the other recipes, and italian ices too, he has created in the back room at the Irving street store.

Step into an Old Uncle Gaylord's Old Fashioned Ice Cream Parlor next time you want

some ice cream. You can find one at 636 Emerson in Palo Alto two blocks south of University. Notice the other people, how they are savoring their cones, rolling their tongues over it, taking their time. You've been transferred back in time to an old ice cream parlor;

small wooden tables surrounded by small wood chairs, plants in the corner, art on the wall, an absence of plastics and bright colored promotions. You're here to enjoy yourself. Put on some music or ask the help about the ice cream. But most of all eat some.

samTrans on the Alameda:

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Every weekday, the SamTrans 4A Alameda begins southbound service from Hillsdale Shopping Center at 6:50 a.m. Northbound trips from Stanford Shopping Center start at 7:20 a.m. During morning rush hours, and after school, buses run every half hour up to 5:50 p.m.

For shopping, school, or work, the 4A Alameda offers the convenience and economy you've been looking for. Pick up a timetable on SamTrans buses, or at SamTrans sales outlets.

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# Sports . . .

## Volleyballers bow To Skyline team



Eva Casey (center) plots future strategy with Pam Shaffer (l.) and Donna Dolezal (r.).

The Canada college's women's volleyball team started their 1977 season, taking a thorough thrashing from Skyline college in three straight games 15-1, 15-5, 15-9. Outplayed in every aspect of the game, Canada was no match for the precision timing and hitting of the Skyline women.

Only once in the first two games did Canada put together more than one point in a row. The inability of the Canada team to serve with authority or accuracy, was the most glaring weakness through out the match. After seven service faults in a row, the Colts finally got its only point of the first game, but by then Skyline was already ahead 11-1. In the second game Skyline jumped out in front 6-0, again due to Canada's sloppy serves. After a mild surge by

Canada, Skyline moved away with excellent execution of fundamental volleyball.

In the third game Canada showed some signs of life when they put on their best offensive output of the match. Two well placed serves, and three solid kills brought them to within two points at 11-9. Unfortunately it wasn't enough to make up for those two poorly played first games.

The women showed enthusiasm, and good spirit up until the last point. The ability is there, just more communication with each other and as a total unit, and the quality of play will improve. The team traveled to college of Marin on Thurs., and will play host to West Valley college next Wed. at 4 p.m.

## Soccer's Sil Vial returns

Silvano Vial, Canada's soccer coach spent the first part of a split sabbatical in Italy, studying different aspects of the game he has coached since the college's opening in 1968. Vial, one of the most successful coaches in the country, split his sabbatical year at the request of Canada's president Wenrich to enable him to coach the team this year.

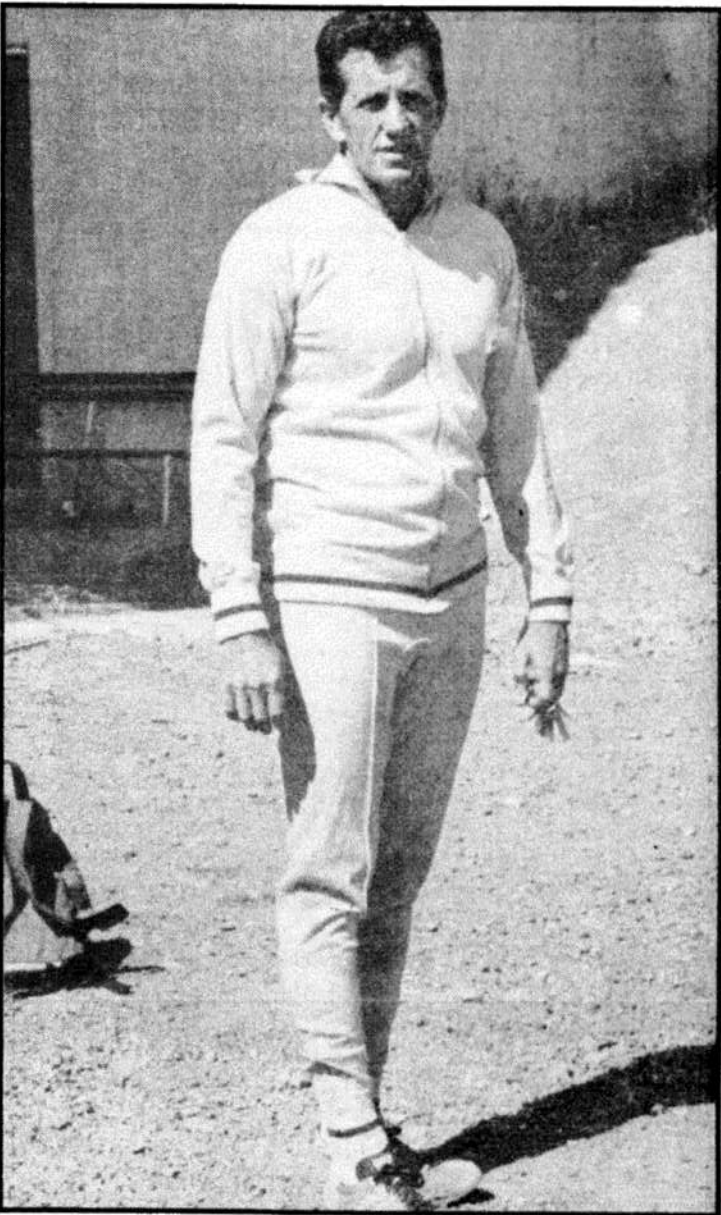
Vial left last February with his wife and three children. The town of Varese Ligure, his wife's hometown, served as their temporary home. Vial visited many of his relatives during his stay there.

Of course, Vial's main interest was to study Italy's strategy of the game, along with their training techniques, both mental and physical. He noted that the physical standards in the U.S. are more advanced than in Italy, but tactically we are behind them. Vial stated the reason for this is because the U.S. puts less emphasis on the sport. According to Vial "drastic changes in the way Americans treat the sport is needed to catch up." Coach Vial noted that soccer training starts at an early age in Italy and by the time a boy is 14 he is almost professionalized. There are 60 pro teams in Italy which play 11 months of the year.

Vial spent time with the coaches and teams from Sampdoria, Genova, Torino, and Inter-Milan. His last month in Italy was spent at the Corvechano school for soccer coaches which is part of the National Football Federation of Italy. Vial describes the school as "an intense learning experience which will be an aid to coaching Canada's players."

After being perennial champions of the Camino Norte Conference, Canada has changed leagues this year by joining the more competitive Golden Gate Conference. Coach Vial calls the switch "a welcome change." He stated that "playing stronger traditional rivals such as Foothill College will lead to more pride in the soccer program at Canada."

When asked about the strength



Silvano Vial, Canada's soccer coach, split sabbatical to return from Italy for season.

of this year's club coach Vial said "at this point all I can say is that we will be competitive." Judging by Sil Vial's past record as

Canada's soccer coach and the new techniques he learned in Italy, we can expect another successful year from Canada's soccer team.



## USF Defeats Colts

Canada's soccer team dropped its first two contests to the University of San Francisco and Stanford. On Sept. 9, on the USF campus the Colts lost 6-0 to the defending NCAA champions. Despite the loss, playing a team of the Dons calibre can only help coach Sil Vial's Colts.

On Sept. 13, Canada's booters hosted the Stanford Cardinals in a controlled scrimmage that saw Stanford score two second half goals to tip the Colts 2 - 0.

Canada's next game is on Monday Sept. 19, against Ohlone College in Fremont.



Canada's Ignacio Del Rio moves in on the play.

Sylvia Solorzano

### SPORTS SCHEDULE

**Cross Country.** Sept. 17, Sat., 10 a.m., University of Nevada Invitational, Reno.

**Soccer.** Sept. 19, Mon., 3 p.m., Ohlone, Fremont; Sept. 20, Tues., 3 p.m., Marin, Redwood City; Sept. 23, Fri., 7:30 p.m., Diablo Valley College, Pleasant Hill.

**Women's Volleyball.** Sept. 21, Wed., 4 p.m., West Valley College, Redwood City; Sept. 23, Fri., 7:30 p.m., San Jose City College, San Jose.

### LIBRARY HOURS

The Library will be open for reading, researching and studying as follows:  
**MONDAY THRU THURSDAY 8 a.m. - 9 p.m.**  
**FRIDAY 8 a.m. - 4:30 p.m.**  
**SATURDAY 9 a.m. - 2 p.m.**

# Epilogue...

## Fitness Institute

Continued from Page 1

nected to measure your pulse rate.

Your blood pressure is taken.

Skin Fold calipers measure fat at various spots on your body.

Tensometers measure the strength of different areas of your body. There are standard meters and orthopedic meters which measure the most minimal levels of strength.

These tests are of a practical nature and are not meant for research. They are meant to be valuable for the individual students.

Richard Anderson, Director of Physical Education, is looking forward to offering FITNESS INSTITUTE in the evening next semester and to introducing advanced classes at some time in the future.

According to Anderson, Dr. J. William Wenrich, President of Canada College, has actively participated in the program and made the prudent decision to go ahead with it.

The PE Department is striving to make physical fitness both a college concern and a help to the entire community.

## Amy Kline

Continued on Page 1

"Really glad . . . pleased.", about how her interview was conducted and the questions asked of her, but important, as well, is the size of Canada. "I would hate to see Canada grow into a monster of 26,000."

Ms. Kline's free time is spent in a variety of physical and pleasurable activities. "A Lot of physical things. . . bike riding and swimming." She loves films, enjoys watching and talking about them. The last film she saw was, *Black And White In Color*. Reading woman's literature, modern, 19th century authors, Victorian and historical literature are also favorites.

Her talent lies in other areas as well. "I sew a lot of my own clothing and refinish old furniture. I like to work hand crafts, crochet and knitting." Ms. Kline has been a dancer, modern and folk dancing more recently, and teaches Yoga.

Goals? "I can't give you a good answer. . . I wasn't career oriented until the last three or four years." She spent the years before as a probation officer, social worker and doing income tax forms. She indicated she really enjoys mathematics, deriving great fun from processing the tax forms, and Ms. Kline has had other "put together jobs" as she calls them. The rest of her time has been spent traveling through Europe, Canada, the United States and Mexico. She hopes to visit the Far East before too long.

**CANADA COLLEGE**  
Weekday switchboard hours  
are 8 a.m. to 4:30 p.m. Call  
364-0262 or 364-0263 after 6  
p.m.

## The Questioner???

by Phyllis Olson

**QUESTIONER: WHO WOULD YOU MOST LIKE TO RUN INTO UNEXPECTEDLY?**

**JESSICA MANTOANI,**  
Pre-law: "Maybe Robert Plant. No, wait. I'd like to see the whole band, Led Zeppelin, that is. They're the best band around today. Who wouldn't want to meet them?"



**DAVID MCLEAN,**  
Biology: "You know what I'd like to run into? A Cadillac filled with beautiful blondes and brunettes. They all would be wearing mini-skirts, and we all would go out and party. Yeah!"



**AUDRA THOMAS,**  
Education: "The President of the United States. I'd like to ask him what he thinks of blacks in the higher brackets of government and law."

**SILEN NHOK,** Sociology:  
"Any bigwig politician. I'm interested in becoming a politician. I'd like to help the Cambodian community. Also I'm interested in international politics; maybe he could give me some advice."



**ERIN SULLIVAN,** X-ray  
technology: "Ryan O'Neil. Why! Because he looks like my boyfriend."

**GARY DEGLIANTONI,**  
Business Administration:  
"I'd like to run into Jaclyn Smith. She is just herself, she seems more real than phony, unlike her ex-partner."

