

## Having a Good Time



GREAT FUN at the annual Student/Faculty Dinner held Friday, October 9, at the Redwood City Highlands Community Club.

## ASCC Dinner Draws Crowd, Wins Praise

By Joanne Haug

The third annual Student-Faculty Relations Dinner was held on Friday, October 9th, 1987 at the Highlands Community Center in Redwood City. It was a little different than last year's Cañada dinner. "It was a lot more inclusive this year; not only did the senate members (students) and club representatives attend, but also the buildings and grounds people and the administration," says Louis Cunningham, advisor to the senate. "The turnout was good." The purpose of the annual dinner is to give everyone a chance to get to know one another off campus in a pleasant atmosphere. Which it did. I would definitely say that the pot luck was a success. Vice President Jack Greenalch's long-time secretary Stella Carlton agrees. "The dinner was excellent. I think everybody thought so. It was well organized and the students were all very personable." The Community Center was jammed with people; it seemed like people were fighting for seats.

A month's worth of planning went into this dinner. "There weren't really any specified duties assigned, but we all chipped in where needed," says senate member and acting secretary/treasurer Michelle Johnson. She and Lois Cunningham were presented with roses. The thoughtful people behind this were ASCC Vice President Avis Walsh and Christina AhFong, Controller of Activities. All the ASCC members worked hard in the preparations.

I asked one of the buildings and grounds representatives, Bob Whitehead, his opinion. "The dinner was very good, although I was surprised so few students attended. That didn't really bother me because I had a good time." Alan Helms, the business operations supervisor, agrees. "It was a fine dinner, with the exception of the wine." Which by the way was non-alcoholic. The consensus around campus is that the Student-Faculty Relations dinner was a great success.

## Jeppson to Speak On Constitution

On October 28, Joe Jeppson, a history professor at Cañada, will be speaking at the forum on "The U.S. Constitution: The Next 200 Years."

When asked why he thinks the Constitution has lasted 200 years so far, Jeppson said, "The meaning of its words can mean something different as we go along. It's how we interpret it."

Jeppson believes that it will be around for another 200 years, but that our government will not have time to follow it step by step, so it will go through some major changes.

For more insights and information on this interesting subject, just show up at the Cantina (5-209) from 12:00 p.m. to 1:30, October 28.

## Teacher Bikes 1,200 Miles

By Dan Caracciolo

"Mentally, it was a natural high and I was really at peace with myself. Physically, it was like being purified and cleansed." This is what Silvano Vial, physical fitness teacher at Cañada, felt like after his 1200 mile bike excursion from Madrid, Spain to Rapallo, Italy.

A Cañada night student, Bob Blackburn, also went on the trip with Vial. The bike trip started out mainly for fitness reasons. The pair wanted to see how many miles they could do in a short period of time.

One aspect of the trip which really impressed Vial was the fact that they completed what they had set out to do. Their goal was to ride 1200 miles in 12 days. Riding 100 miles a day is like jogging 30 miles a day with 8-10 pounds of equipment on you. They were also riding in 85-100 degree

heat a day and going through about five liters of water per day. At an average of 100 miles a day, Vial claimed there was no nightlife whatsoever. The two men stayed at second rate hotels because they really didn't care where they stayed. According to Vial, "All we were concerned about was a shower and bed." On most nights, the person who showered first found the other already asleep on the bed.

The two cyclists saw many beautiful sights on the trip. Vial thought Costa Brava, Spain was the most beautiful place on the whole trip and was really impressed with Spain on the whole. Vial said, "Biking is, except for jogging which takes longer, the closest way to get to nature." They were able to see the culture and understand more about it when they stopped for lunch and talked to local people.

In France, for example, Vial was told by

a lady who was serving him lunch that there were cheeses for every day of the year. Also, Europeans take great care and concern in eating. No matter how fast Blackburn and Vial wanted to eat and start riding again, the waiters took their time. The waiters dictate how fast the meal will take. The two men noticed that not only was the pace of the meal slow, but also the way of life was much slower.

Blackburn, being relatively new to the sport, had no incidents occur to him. Vial, being the experienced one, of course got two flat tires. While asking for directions, Blackburn hit the back tire of Vial's bike by accident, and Vial's front tire collapsed. Going to the only bike shop in town, the scorekeeper could not fix the tire and told Vial he had to go to the next town, 15 miles away, and get it fixed. Hitchhiking his way there, Vial fixed it and rode it back to the

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## Course Builds Reasoning Skills

By Cinnamon Kimbel

Critical Thinking (Phil. 103) fulfills requirements for both an A.A. degree and transfer to a four-year university. However, as in most classes, it does occur to students to wonder what requirement this fulfills in the "real world."

Frank Young, instructor of philosophy at Cañada, says that the state adopted this course because it builds basic logic skills, a clear understanding of the structure of argument, and a grasp of the principles and methods of correct reasoning.

Introduction to Philosophy (Phil. 100) is a historical study of philosophy throughout the centuries. Young's opinion of this course is that it is "not simply a body of wisdom to be memorized," but that it helps the student to understand the ways that great philosophers resolved their dilemmas over the years, and in turn, it is possible to apply some things from their teachings to everyday life.

The classical definition of philosophy is

derived from the Greek "philo" and "sophia," meaning "love of wisdom." Philosophy as practiced by the layman is less theoretical, less inclined toward wisdom for the sake of wisdom, and more toward real life applications. Young's philosophy

is aimed at helping students to define their own personal philosophies. His classes attempt to force students to examine and evaluate their ideas and values, to develop a more independent intelligence, and to be less vulnerable to outside influence.

## Lab Offers Reading, Study Help

By Terry Chin

Cañada's reading lab offers students a chance to refine vital academic skills. From note-taking techniques to proper textbook reading, the lab provides students with an opportunity to study more efficiently.

Jane Weidman, reading lab coordinator, believes that flexibility is essential when it comes to reading. "Many people lack flexibility," says Weidman. "When someone comes in, they often read only one way. You can't read a textbook the same way

you do a murder mystery. There are techniques involved."

Weidman and her colleagues offer three reading classes, all of which stress increased reading speed. Though the lab stresses speed, Weidman defends its effectiveness. "Most of us were raised with the notion that slow and steady wins the race," she explained. "That isn't always the case in reading. Our minds think at a rate of about 450 words per minute, while we read approximately 150 words per minute.

Somewhere in between the two, your mind begins to wander." To help students break their speed barriers, the reading lab is equipped with computers and speed-reading machines.

Though space is limited in the three reading lab classes, Weidman encourages students to seek help. "Students can still come see us for help," she explained. "We can give them help with their notetaking or studying techniques." The reading lab is located in Bldg. 3-104.

# The Long Valley Gazette

4200 Farm Hill Blvd., RWC 94061 (415) 364-1212

## EDITOR

George Raymond

## FACULTY

Bob Glessing  
Jack Swenson

## PHOTOGRAPHY EDITOR

Monica Davey

## STAFF

Dan Caracciolo  
JoAnne Corley  
Cinnamon Kimbel  
Michele Duren  
Matt McChristy  
Marcos Azcarate  
Terry Chin  
Francisco Lopez  
Tim Goode

## THE BEHOLDER'S EYE

### If It Were a Woman's World . . .

By Joanne Haug

Last year I was up at Lake Berryessa to see Eddie Money play in concert on three houseboats roped together. There were seven of us women in my friend Michele's boat. We all were good looking, young and carefree as we danced around on the boat in our bikinis. There were hundreds of boats all squished together in a confined area. Some joker decided to rope (rodeo style) one of us. Only problem was, the guy roped Gina (a rookie police officer who knows Karate) and proceeded to pull her into the water. She was so angry that she got up on his boat and started using her Karate and beat him up. We all laughed as he swam away with his tail between his legs (so to speak). A man might argue that "she asked for it" because she was turning on the males in the crowd with her provocative swimming attire. Being up at the Lake last weekend made me re-think this incident. Let's just suppose for a minute that there was a nuclear power plant explosion. The fallout from the explosion caused a chemical reaction with women's hormones throughout the world. As a result, women's physical strength was three times that of a man. I wonder how things would change.

Good looking men should not have the freedom to dress the way they want in public. They should dress conservatively in loose fitting pants, shirts and jackets. Drab colors should be sported as not to attract attention to themselves. When exercising in public places men should also select their clothes wisely.

Attractive men should not drive nice sports cars with sunroofs, T-tops, or convertibles. This only causes attention to the public and from the time he steps in, he's on display to the public. We will do with you what we please. Slow down in front of you, rev our engines while pulling up to you, and driving right along side of you saying whatever comes to mind.

Men, being the weaker sex, should do the chores such as cooking, dishes, vacuuming, scrubbing floors, laundry, ironing—the boring repetitive chores. Women should do different heavy chores such as carrying out the garbage, mowing the lawn (once a week), and things like rotating the tires on the car every five months.

A man should take physical abuse as well as mental abuse. When a woman is dissatisfied with her job and goes out drinking after work, she should be permitted to approach any man at the bar and touch his body (because she is physically stronger and there's nothing he can do about it). If I saw a good looking blonde man and I wondered if it was dyed, I would approach him, tug on his hair and ask "Is it stock?" Men should expect this type of harassment if they are in a public place unattended. Some women have violent streaks in them after they have been drinking. These women have the right to come home and take it out (physically and emotionally) on their husbands. They won't complain when they get a black eye from their wives. For she is stronger than he and is now the dominant one in the relationship. The woman has to take out her tensions somehow. What better way than to pound on her husband? If this kind of behavior is what the woman wants, she will have her way. Husband beating for some is a turn on. For the man's job is to keep the woman satisfied, to give pleasure, and not complain over a little slapping around.

When men are active in sports, they should not be able to wear provocative clothing that clings to the butt, short shorts, tight shirts, or anything showing too much skin. It's just not fair for us women to have to see a good looking man out jogging around the block in his nylon shorts which half of the left bun is hanging out of. It's impossible to restrain ourselves when these sights turn us on. This man should expect women to make lewd comments and gestures. The man who swims at the local health club with the little trunks and the big bulge. He should be careful, one day one of those lonely ladies might follow him home and rape him. I once had a neighbor (male) who was friendly to a woman at the grocery store. She followed him home and forced her way in with a knife, after he had answered the door. He was asking for it by being good looking and friendly. When out dancing there are those men who wear tight pants and shirts opened to the navel. Unless they want to be approached and/or propositioned by a woman, they shouldn't be allowed to wear these types of clothing.

Do you suppose after five years or so of this type of treatment, that men would plead with women to change the rules? After all, wasn't it Christ who said the meek shall inherit the world?

### New Styles Inspired by '50s, '60s

By Dan Caracciolo

Flat tops, loafers, blue jeans, skateboards and Bermuda shorts. These things are all "in." Strange that these things were all "in" in the '50s and '60s.

Why do styles seem to repeat themselves over a number of years? Is it because the people who wore these styles in the '50s and '60s are in established businesses and are bringing back the look? Or is it because of some recent movies, such as *La Bamba* and *Blue Velvet*? Could it be some television shows like *Crime Story* and *Mike Hammer*? Whatever the reason, the 1950s and 1960s are setting some of the styles in the 1980s.

Let's start with the hair. One of the most popular "band wagon" things to do is get a flat top. According to a source who is over 40, what the people are getting are not flat tops. Flat tops were flat on top with long hair on the sides greased back. Another style today is the gel look. Well, it's not too new. Grease, such as Pompey, Brylcream and Dixie Peach, was the gel of the past. The only difference, according to the same source, was that the hair was longer back then. For women, having their hair long and curled at the ends is still around today. Buffont hair designs and Caesars were two styles which did not withstand the test of time.

Moving to the shirt department, there are many similarities. The "white shoe boys" would wear Ivy League shirts with buttons on the collars and one in the back of the neck. Also worn both yesterday and today are cardigan and cashmere sweaters and Pendletons.

(In the '50s some cut them off at the sleeves.) In the '60s, people, generally students, wore buttoned shirts opened with either chest or t-shirt showing. In the '50s, wearing a suit meant slacks, a tie and a sports coat. In the '60s and '70s, men went to work wearing three-piece suits. Today the style seems to be shifting back to wearing no vest and wearing a thin tie.

The pants are basically the same as they were in the past. Although there were no 501 shrink-to-fit Levis, there were blue jeans. Also worn were pegged pants which, if worn today, are considered tight pants. To go along with the Ivy League shirts were Ivy League pants which buckled in the back instead of the front. These pants did not break the threshold into the '80s.

Many shoes, such as saddles, bucks and Clark desert boots are not quite as popular today as in the past. The ones that made it were the Converse gym shoes known as Keds and loafers.

Entertainment seems to have changed over the course of time. One Cañada student stated, "When Run DMC (a popular rapping group) won the best Rhythm and Blues group at the Music Awards, we are definitely changing." However, some songs are still being listened to today from the '50s and '60s. Proof of that is when the song "La Bamba" hit number one on the pop charts. Some performers are re-recording songs of the past. John Cougar Melloncamp did "Under the Boardwalk," originally done by the Drifters. One student at Cañada said she had to cover her ears when she heard it because "it was horrible." Rock-a-billy is still going strong in today's culture. The Stray Cats, a rock-a-billy group, hit it big and became famous with the sound. Some guitarists starting out today look back to people like Jimi Hendrix and model themselves after him and others like him.

Movies about the '50s are probably the biggest promotion for music. *Stand By Me* and *La Bamba* are two examples of this. Also getting into the act are commercials on t.v. Burger King does a little jingle with their chicken littles, Buick does a Buddy Holly theme, and another car company did a take-off from a Chuck Berry song. Hopefully, advertisers are not running out of ideas.

Each portion of the country had different styles of attire. What people wore in Los Angeles, claimed the lady, is not the same as what was worn in San Francisco. This article deals with styles in Northern California and the examples are general.

### Heavens! Another Horoscope

By George Raymond

**CAPRICORN** (Dec. 22-Jan. 20) Mars has aligned with Venus and Pluto is not taking it very well. Stay away from any gaseous substances. Oxygen, nitrogen and carbonic acid gas, especially. Don't breathe. Stay away from cheese spreads. Trust no one.

**AQUARIUS** (Jan. 20-Feb. 18) Today the sheep lies with the lion, making the sheep just a little nervous. Beware of Greeks bearing gifts or parts of the anatomy usually covered. Those celebrating a birthday should put it off a day or two, until Mars revolves twice or until the weather gets better.

**PISCES** (Feb. 19-March 20) Don't allow personal or professional disappointments to prevent you from sharing tender moments with household appliances. Chew 22 times before swallowing and disregard business advice from cross guards.

**ARIES** (March 21-April 19) Resist temptation to gamble business resources on risky investments, especially ones conceived and managed by the "wee folk" who live under your bed.

**TAURUS** (April 20-May 20) Greet your husband or spouse at the door wearing nothing but a smile and a deep-sea diving outfit. Tell them you didn't have time to clean the house as you were scouring the hollow remains of the great ship Titanic.

**GEMINI** (May 21-June 20) Beware of devoting too much time to career interests and resurrecting something that is a thing of the past, like perhaps, a dead relative. Though the spirits may be restless, it is only because of too much punch from the night before. Go to your local church and visit with your pastor; ask for a small money loan.

**CANCER** (June 21-July 22) Having been born under the sign of the malignant tumor, it would probably be a good idea not to get too much sun, or use any "sweet and low."

**LEO** (July 23-Aug. 22) Think twice before starting a relationship with anyone who refers to themselves as the "anti-Christ." Consider well before signing any long term contracts, especially with people named Vito.

**VIRGO** (Aug. 23-Sept. 22) If the Gods should order you to kill in their name, do so! Take advice from your household pets! Take no survivors.

**LIBRA** (Sept. 23-Oct. 22) Relax. Go to dinner. Take in a movie at the local cinema. Get to bed early.

**SCORPIO** (Oct. 23-Nov. 2) Do not get out of bed! The consequence is death! If you already have, it's too late.

**SAGITTARIUS** (Nov. 22-Dec. 21) Drink plenty o' liquids. Get lots of rest. Don't use the word "bitchin'" in mixed company. Take the advice of your church leader, especially if it concerns your habit of sticking the "host" on your forehead during the Eucharist.



College Fashions in 1999?

## The Cafeteria: A Place to Eat And Much More

By Monica Davey

The cafeteria. According to *Webster's Dictionary*, a cafeteria is a restaurant in which the customers serve themselves or are served at a counter and take the food to tables to eat. This of course applies to our cafeteria, but there is also much more going on there. It is the center of much activity where students and faculty can gather to eat, study, relax and converse. It's a place where a roommate can be found, a job secured, or a car purchased. It is also the location of the student government office and peer counselor. The cafeteria at times is as noisy as a child's schoolground, and at other times as silent as a church. But one thing is for sure, as *Webster's* stated, it is a place to eat.

Ira Durant is the manager here. He works with a crew of eight who take turns behind the grill and cash register. It opens at 7:30 every weekday morning and closes at 9:00, Monday thru Thursday and 2:00 on Friday. A variety of hot and cold main dishes are served along with at least two different specials each day. "We offer a Chinese entree every day along with either a Mexican, Italian or American entree. I would like to think of us as serving healthy, appetizing portions," continued Durant. I don't think there's any question as to the portion control, but is it good and can students afford it?

I surveyed many students and faculty who have eaten in the cafeteria and who share as many different views on this subject. "I like the burritos and bagels. The salad bar is good but it should be larger and they should try to use fresh vegetables," was one student's reply, but was shared by many.

Another comment that I heard a lot was that the food was too "greasy," therefore, "unnutritious." Some suggested more "fresh fruit." There was also some complaint from night students about there "not being enough people working" to help carry the load during the break usually between 8:00-9:00. Overall though, there was a positive response to my questions about the prices.

While researching this article, I talked to four other community colleges in the area. CSM, Foothill, Skyline and DeAnza, and all but one responded enthusiastically to my questions and were more than helpful. These other colleges offered almost the same menus, and their prices and hours were similar to Cañada's.

The biggest difference I noticed was at Foothill. I talked to the manager there, Barbara Sherman, who was extremely excited about their menu and program. "We work hard here to give everybody a variety of food and to offer fresh produce. We are close to the students and work with them to establish a nutritionally sound menu."

Skyline's manager Scott Dernberger says, "We have tried to listen to our students by decreasing all our food and beverage prices to accommodate a student's budget. We are concerned with doing a good job and being comparable to other food services."

CSM's manager Dan Speath notes, "We try to provide what a student wants. We listen to any suggestions, ideas or problems and make changes. After all, we are here to serve the students and faculty."

Then there is our own Ira Durant. "We have made progressive changes and have tried to create an inviting decor and environment."

Overall, I would have to say that most patrons of the college cafeteria are happy with our home away from home kitchen. Those who aren't should feel secure in asking to talk with the manager and giving some positive feedback with regards to the menu or environment. So enjoy, and down the hatch!

### WRITING WANTED

A newspaper deals in facts. However, as a journal of the events at Cañada, we must also consider the intellectual events. If anyone would like to submit written art—humor, poetry, short stories, essays or opinion—please call editor George Raymond at 592-3782.

## Meet Cañada's 'Eyes and Ears'

By Michele Duren

Busy . . . Terri Creswell is very busy. She is Cañada's College Communication Coordinator. In simpler terms, she is the eyes and ears of Cañada.

"Basically, it is my job to make sure the word gets out to the community about all the great things we are doing up here."

Creswell started out at Cañada as a tourism student. She became interested in Mr. Gray's P.E. courses, but was soon recruited to the public relations office as a student aid.

Creswell didn't come to Cañada empty handed; she had a masters degree in journalism to back her up.

She attended high school in Louisiana. She received her AA from Stephens Col-

lege and her BA from Louisiana State University. She worked in a journalism office and in television simultaneously while she earned her masters.

Creswell says she knew that she wanted to get into the journalism field as early as fifth grade. I wrote "A Halloween poem and when it was published and I saw my first by-line, it was all over. I loved seeing my name in print."

When asked if she plans to stay at Cañada, Creswell says, "As long as there is a Cañada, I'll be here. I love my job."

Creswell has Cañada in her blood. She said, "I would have gone full time sooner, but I had responsibilities and my son wasn't driving."

Creswell is very close to her family. Her son Creston is a senior at Sequoia. She

speaks highly and often of her husband Don. He is a consultant in Strategic Decisions Group, a Bay Area consulting firm.

Creswell has this to say about Cañada's financial restraints: "We all have to chip in and do a little more. Nobody can do anything about it, so we have to work with it. We are controlled by the state."

Creswell says that our biggest strength is our consistency. "We have a line of consistency with our administration. We have had the same president and most of the same administration."

The 20 year anniversary of Cañada has her bubbling with enthusiasm. "We are moving full steam ahead! There are a lot of activities being planned to tie in with the Spring Fair."

When she does have some free time, Creswell is a photography buff. She studied photography at the New York Art Students League. Her most recent accomplishment in the field is her award in the Golden Gate Bridge 50 Year Photo Contest. In 1985 she was one of the winners in the Cannon National Contest.

Creswell has also been involved in AYSO for seven years. She has had cover stories for AYSO's national publication *Soccer Now*. She was an accredited journalist for the Soccer Olympics held at Stanford University.

When she found out that the 49ers were practicing on our soccer field (Sept. 23), Creswell grabbed her camera and went to watch. A Channel 11 newsman asked Creswell if she worked at Cañada, and if she would step on camera. Unfortunately, when she and her family went to watch the news, they found that she had been replaced by Joe Montana. They obviously didn't know who they were dealing with. Creswell later admitted "I understand. I would have done the same thing."

She says that she never gets tired of her job because she loves it so much. "Cañada is a very special place. It has a personal way of educating people.

"More than anything, I urge people to finish their education. It means so much later on," says Creswell. "Education is a wonderful field to work in because you never stop learning."



**TERRI CRESWELL**, new Cañada College Communications Coordinator, heads up the Public Information Office.

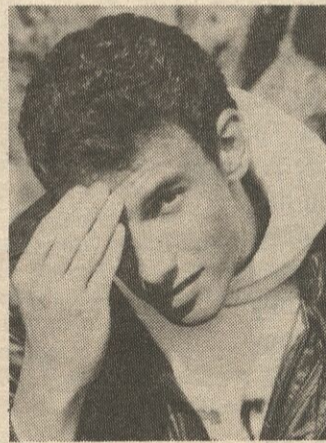
## Question Man

By Matt McChristy

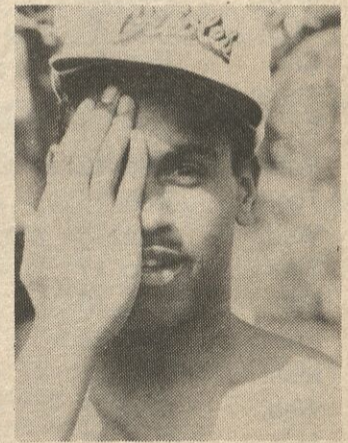
"How close have you come to touching the hand of death, and what did he smell like?"



**Nt Yang:** "Every time I enter the freeway I brush with Death. He smells of smog and toxic fumes."



**John Martin:** "Once I fell from a bridge into an icy river. I knew Death was near, I could smell him. He smelled vaguely of deodorant. A musky smell."



**Reggie Mixon:** "I got shot one time at a party in Oakland. He stank. He didn't stink, he stank!"



**Dave Belkin:** "I was hit by a car once. My tibia was fractured. He was around, though, and there was an acrid stench about him."



**Barbara Zimmerman:** "I've never had any close to death experiences, but I did have a frightening dream. In the dream Death was very close. I never saw his face, but there was a bizarre odor. I can't place it, but I know it didn't smell like any foreign cheese spread."



**Jenny Young:** "I once had a knife pulled on me, but I turned and ran. Like the wind, I did run. I heard the familiar footsteps of the Earl King approaching. He called to me . . ."

# No Exodus of Athletes to JCs, Cañada

By Tim Goode

When the National Collegiate Athletic Association (NCAA) passed Proposition 48 two years ago, it was called everything from revolutionary to culturally biased.

All of a sudden colleges and universities across the country no longer had total control over which athletes they could recruit and play.

Prop. 48 states that in order for incoming freshmen to be eligible to play, they must have passed high school with a minimum of a 2.0 grade point average and scored 700 on the Scholastic Aptitude Test (SAT) out of a possible 1,600, or score 15 out of a possible 36 on the American College Test (ACT).

Athletes not meeting the requirements would be unable to play their freshman

years and then have four years to play four years. Freshmen who qualify under Prop. 48 are permitted five years to play four years.

The proposition not only was expected to have a major impact on the large Division I schools, but on the junior colleges as well.

The thinking was that athletes unable to qualify for four-year universities under Prop. 48 would be unwilling to sit out their first year and play at a junior college while improving academic standing.

The athlete then, after completing his JC work, would be eligible to attend any other college, not just the one that originally signed him to a letter of intent.

But the exodus of young athletes from

large institutions to junior colleges has not happened—at least not yet and at least not at Cañada.

Many athletes are choosing to lose their year of eligibility and stay at the college of their choice.

"A school like City College of San Francisco or West Valley that has a national reputation (or well-known coach) might attract Prop. 48 players," said Cañada basketball coach Al Klein. "But there are none here."

"I could see it happening in a few years down the road," baseball coach Mike Garcia said. "But I don't think many players will leave four-year schools because of it."

Both Cañada coaches are relatively new to junior college level. Klein is in his sec-

ond year and Garcia will be starting his third season in the spring. Neither has been at Cañada long enough to gain a widespread reputation among four-year coaches, although each program is coming off successful years.

Despite the controversy over the proposition, Klein sees it as part of a nationwide push back toward education. And a move with definite merits.

"I think there has to be minimum standards. We should use the same standards for athletes as we do for non-athletes," Klein said. "I'd like to make very sure we're playing with student-athletes, and that's what we're trying to do here now. School is the most important thing. It's a battle, but it's understood."

# Golf, Tennis Squads Prepping for Season

By Francisco A. Lopez

The Cañada golf team is getting ready to start. Their season starts in February, but they are practicing right now to get a head start on the season. The golf team has a class for anyone that is interested in coming out for golf called "Expert Golf Training." It's a two-unit course that is required if you want to play golf for Cañada.

Head Coach Jerry Drever has coached here since golf opened in 1974. The golf team practices Tuesdays at Menlo Country Club and Thursdays at Crystal Springs. On Monday they watch videotapes of players and their swings. Last year Cañada College won the Northern California Championship. Of that winning team four of the six players have returned.

Two of those talented players include Joe Cabrera (#1 player in the conference last year) and Joe Kirkpatrick (#2 player in the conference last year). Kirkpatrick won the San Mateo County Golf Championship. Coach Drever says, "There is nothing more objective in golf than the score." The



Cañada Colt Golf Team plays home golf matches at Menlo Country Club. The golf program is a year long and Coach Drever likes that. He says, "There is no competition, and it's good practice."

The Cañada College men's tennis team is preparing for the season, which starts the middle of February. To join the tennis team you need to take Expert Tennis, a class that gives you two units. Coach Paul Welles, who teaches the course as well as coaching the team, says, "The reason for the course is I can see how you hit and move in the game."

The tennis team is practicing in this course. Cañada has some good foreign talent: from South Africa, Sean Gillmer, and Mats Westermark and Lars Nagel, both from Sweden. In American talent there is Tim Stucki, #2 player last year, and Jun Kadota, who played for Cañada three years ago and is a much-improved player from Japan.

Last year Cañada was ranked #18 in the state. That's why this year they are trying to work back to championship form. Coach Paul Welles used to coach at Skyline, then came to Cañada. He also teaches biology at Skyline, so he says, "I like the combination of both classes."

About the conference title, Coach Wells says, "We'll have a good shot at it." The two toughest opponents are De Anza and Foothill. It's going to be a good season. It would be a double fault to miss it.



## '87-'88 Basketball Schedule

DAY	DATE	OPPONENT	PLACE	TIME
Wed.	Nov. 18	U.C. Berkeley Club Team	Redwood City	7:30 p.m.
Mon.	Nov. 30	San Jose City	San Jose	7:30 p.m.
Fri.	Dec. 4	Cañada Classic	Redwood City	T.B.A.
Sat.	Dec. 5	Cañada Classic	Redwood City	T.B.A.
Thurs.	Dec. 10	San Jose City Tourney	San Jose	T.B.A.
Fri.	Dec. 11	San Jose City Tourney	San Jose	T.B.A.
Sat.	Dec. 12	San Jose City Tourney	San Jose	T.B.A.
Tues.	Dec. 15	Modesto Tourney	Modesto	T.B.A.
Wed.	Dec. 16	Modesto Tourney	Modesto	T.B.A.
Thurs.	Dec. 17	Modesto Tourney	Modesto	T.B.A.
Fri.	Dec. 18	Modesto Tourney	Modesto	T.B.A.
Sat.	Dec. 19	Modesto Tourney	Modesto	T.B.A.
Mon.	Dec. 21	•Ohlone College	Fremont	7:30 p.m.
Wed.	Dec. 23	•Gavilan College	Redwood City	7:30 p.m.
Sun.	Dec. 27	Chabot Tourney	Hayward	T.B.A.
Mon.	Dec. 28	Chabot Tourney	Hayward	T.B.A.
Tue.	Dec. 29	Chabot Tourney	Hayward	T.B.A.
Wed.	Jan. 6	•Monterey Peninsula	Monterey	7:30 p.m.
Fri.	Jan. 8	•Cabrillo College	Redwood City	7:30 p.m.
Wed.	Jan. 13	•Skyline College	San Bruno	7:30 p.m.
Fri.	Jan. 15	•Los Medanos College	Redwood City	7:30 p.m.
Wed.	Jan. 20	•Hartnell College	Salinas	7:30 p.m.
Fri.	Jan. 22	•DeAnza College	Cupertino	7:30 p.m.
Wed.	Jan. 27	•Foothill College	Redwood City	7:30 p.m.
Fri.	Jan. 29	•Ohlone College	Redwood City	7:30 p.m.
Mon.	Feb. 1	•Gavilan College	Gilroy	7:30 p.m.
Wed.	Feb. 3	•Monterey Peninsula	Redwood City	7:30 p.m.
Sat.	Feb. 6	•Cabrillo College	Aptos	7:30 p.m.
Wed.	Feb. 10	•Skyline College	Redwood City	7:30 p.m.
Fri.	Feb. 12	•Los Medanos College	Antioch	7:30 p.m.
Wed.	Feb. 17	•Hartnell College	Redwood City	7:30 p.m.
Fri.	Feb. 19	•De Anza College	Redwood City	7:30 p.m.
Mon.	Feb. 22	•Foothill College	Los Altos Hills	7:30 p.m.

•Coast Conference

## Lab Helps Make Work Easier

By Marcos Azcarate

The basic skills lab has been working for over a year, since Sept., '86. There are 29 Apple computers available to help students in their improvement of pre-algebra and English.

Jackie Clark, computer center supervisor, said, "All the programs used are stored and the computers share those programs. Math classes are taught in the basic skills lab. It keeps track of everything that students put in. Students from the English program take advantage of the FREDWRITER, a word processor that stands for Free Educational Writer," Clark said.

The basic skills lab is full of students that keep their concentration on the keyboard and on the screen in an atmosphere of silence and interest. When I asked them their opinion about the basic skills lab, they answered as follows:

Bill Gibson: "This is not my first time here, but all I find is advantages. The basic skills lab makes your work easier."

Denise Durden, first year at Cañada College: "The basic skills lab helps you to go over subjects in an easier way. It gives you more confidence and refreshes your ideas."

Vladimir Rodriguez, math student: "It helps you to take more advanced courses later on; besides, it helps you start into the computer world."

### BIKE TRIP from page 1

patient partner, and off they went to finish their trek.

After reaching their goal, the two took a train to Rome and stayed there for two days. Blackburn went home, but Vial met up with his family and stayed about six more weeks. In those six weeks, he biked another 1000-1200 miles.

One change Vial would make in the future is to have a van ride with him for incidents such as when his rim collapsed. Would he do it again? No doubt about it. Vial is already planning a trip from Berlin to Italy.