

The Long Valley Gazette

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Spinning the 'Transfer Wheel'

By Kimberly Bouma

With the increasing competitiveness for good jobs in a highly educated work force, why should students leave the very important decision of which college to transfer to up to chance?

Some students seem to spin the roulette wheel of college choices and hope that the marker doesn't land on a campus known for its severe weather and abundance of corduroy. Still others decide to continue on in their parents' footsteps by going to their alma mater. Still others decide merely by attending the college where their boyfriend or girlfriend have obtained admission.

Instead of whimsically offering the rest of your student career to some foreign campus, take some time to research your options. You may start with your friendly counselor. They can usually guide you in a certain direction in relation to whether the major is offered at a certain campus. However, do remember that each counselor at Cañada is responsible for approximately 3,500 students and with that workload it is easy to imagine falling behind the times in certain areas. Never stop at this point in the game.

The next step would be to drop on by Crown Books (where they wouldn't think of charging you full price!) or some obscure bookstore and buy a college handbook, such



as Barron's Index of College Majors or Profile of American Colleges. If you are short on dough, you may review these books in Cañada's Library at the Reference Desk. The important thing is that they list important information such as Tuition and Room and Board costs, how many students were accepted as opposed to how many applied, SAT or ACT scores accepted and much more. It gives students a complete overview of the college's environment, stu-

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The J.C. Option

So, Where Do You Go To College?

By Julie Collier

When there is a lull in the group social and that familiar question is directed towards you — "So, what college do you attend?" — do you

A. Quickly excuse yourself, forgetting you "have to take care of a sick friend" and run frantically through the nearest exit.

B. Begin to develop large amounts of perspiration all over your body and drop to the floor in an epileptic seizure?

C. Repeat the question back to the person and smile?

D. Admit that you attend a J.C. and happily await the next question: "Where do you plan to go after you graduate?"

The fact is, at one time or another, in the back of our minds, we have felt a certain pang of inadequacy that is related to attending a Jr. College, especially right out of

high school. The tradition, or the socially expected course of the "education flow" is straight to the University, or State College, for four years and then on to a career. This, of course, does not suit everyone and whatever the reasons, all must be considered.

Darlene, 23, came from University of New Mexico. She now lives in Redwood City where she works and attends Cañada, but her job takes precedence. "I'm beginning to feel the need for job security and a sense of permanence. Going to a J.C. was my way of achieving that. Cañada allows me to work and take courses that are work-related. I admit that I am a bit restrained about telling people who know me where I am attending school, but not to someone I don't know. I guess it's because of such high

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No Decision Yet Food Service Puzzle Remains

By Tom Spring

After four years at Cañada, ARA Service Inc. is giving up its position as Food Service Provider, and no decision has yet been made as to what's in store for fall semester.

Karen Steinmetz, who manages three local community college cafeterias including Cañada's, says that the president of ARA Services Inc. made the decision to bail out. "It's not financially beneficial," she said. The last day of service under ARA will be June 15.

Cañada has had several Food Service Providers in the past, including SAGA and Gladieu. They too left because of financial considerations, according to Cañada's Vice President, Jack Greenalch. Limited volume of sales, high costs due to higher than average salaries for employees, generous benefits, and a collective bargaining contract are the reasons that the providers are unable to turn a profit according to Greenalch.

President Robert Stiff has called for the development of a Food Services Advisory Committee to reach a decision about the cafeteria's future. The committee is comprised of faculty, administrators and classified staff. No students are included on the committee, although their input is welcome.

As of now, the type of service in store for hungry students is up in the air. If no food service providers agree to take on the job, and the college district doesn't allow Cañada to run the cafeteria itself, the most likely course of action will be to install a series of vending machines, according to Greenalch.

The ultimate decision is to be made by the Board of Trustees upon recommendation of the Chancellor Superintendent.

**INSIDE: Next play for
"mature audiences."
See story on page 2**

Editorial**A Simple 'Thanks' Says It All**

By Kellee Hartman

As I sit down to write an "Editorial" for the spring semester's final edition of the *Long Valley Gazette*, I feel a twinge of guilt. No, make that Pangs of DISGUST! Well, no....okay, okay, "twinge of guilt" describes it pretty well.

Rather than dwell upon the fact that several of this semester's issues could have been titled the "Kim and Mike Show," and rather than list the number of times Jack Swenson, the faculty production director, and Shannon Walker, our faithful typesetter, probably bit their nails to the quick because "Kellee (the editor) will turn in her copy first thing tomorrow," and instead of describing the sight of our Journalism instructor pacing up and pulling his hair out because we might not have enough copy to go to print - I will take a deep breath here and simply say "Thank you."

Thank you to the entire *Gazette* staff, however small we may be, for doing your best at covering your stories and getting your copy in on time, even when you weren't, shall we say "enthusiastic" about the subject matter? Yes, I will finally admit that the "Earthquake" Question Man was a poorno, "lame" idea. So, we can't all be wonderfully creative and witty all the time, can we?

I would particularly like to express my deepest appreciation to Kim Bouma, the true Editor, for taking over my responsibilities so I could rehearse for *Creation of the World....* without worrying about the newspaper production. If Mike Urban hadn't covered the entire Cañada sports program it wouldn't have been covered at all. Thanks to both of you, we had a paper twice each month.

Lastly, thank you Bob Glessing for never saying any more than, "It's good to see you, stranger, how are rehearsals going? Break a leg!" You even spent a few bucks to see the show (we won't mention the rotten tomato throwing during the curtain call!). Actually, we both know that our mutual respect and admiration for Elizabeth Taylor is the foundation of our cosmic affinity!

I am now doing a balancing act on the fine line of overindulgence, so I will just conclude with a wish for good luck and an enjoyable and relaxing summer for those of you who have made it through this Editorial and are still awake.

Comment**Fighting the Good Fight**

By Kimberly Bouma

In recent months, the Community College Board of Trustees implemented a plan cutting Student Trustee compensation completely, then scaled down their original plan to pass an option which cut the compensation to a mere half of what it had been. This whole act illustrated the Board's intent to erode the power of the students in issues that directly influenced them. Through the hard work and dedication of this year's Student Trustee, Cañada Engineering major Roger Steele, Student Governments on all three campuses and

their loyal disciples were able to galvanize their efforts and make a plea to the omnipotent Board to reconsider the compensation issue. May 10, in the final chapter of this scenario, which decided how compensation would be dealt with for the next year, the Board Members voted to install a lump-sum payment of \$2,400 in addition to a \$200/month compensation, contingent upon the Student Trustee completing his term.

Although this was not the compensation the students were hoping for, they were able to keep the compensation equivalent to that of the publicly-elected Trustee. I would hate to think what would have happened if these politically-responsible students hadn't jumped to fight for the cause.

I feel that one of the main reasons that actions like these, where those in power attempt to take from those in less power, are successful is because so few young people vote. It is no surprise to anyone that the lowest turnout among voters is among 18-24 years olds. Generally speaking, they are a highly transient bunch who virtually have less than a five second attention span when it comes to anything political. Complaints of political issues being "too compli-

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**Final Show
A Thriller**

By Kellee Hartman

Maybe you were visiting your Great Aunt Myrtle in Wichita during the run of *My Fair Lady*, or had your wisdom teeth pulled and had to miss *Creation of the World....and Other Business*. Whatever the case, be sure to set aside a few hours on June 1, 2, 3, 8, 9, or 10 and get your body to Cañada's Flexible theatre to see *Veronica's Room*, the final show of the semester.

Director Mike Walsh describes Ira Levin's two-act play as a "mystery thriller whose plot takes many twists and turns before reaching its surprising and shocking conclusion." It should be noted that *Veronica's Room* is not exactly Walt Disney material; the subject matter and language are for mature audiences.

The small cast consists of the "Woman," the "Man," the "boy," and the "girl," and are played by Karen Reynolds ("fine....and you?"), Mike Maples, Guy Schmidt, and Mary Nejat respectively. Lori Palumbo, stage manager and all-around superwoman, says the technical aspect of this show is straight forward and realistic, unlike its content. Lori, Steve Cortopassi, and Stacy Horstman will work the tech for *Veronica's Room*.

Walsh, who has been teaching and directing at Cañada for 13 years, was raised in Washington, studied at Washington State and received his Masters degree in Theatre at the University of Colorado. This summer Mike will be directing two of Tennessee Williams' one-act plays titled *Talk to me Like the Rain....* and *This Property is Condemned*. These along with three more one-acts directed by Bob Curtis, will play at Cañada in July.

Anyone interested in auditioning for these shows or any future Cañada productions should contact the Humanities division in Bldg. 3. Students are also encouraged to enroll in Cañada's Technical Production class to gain hands-on experience in tech theatre. To reserve tickets for *Veronica's Room* contact the business office at 364 - 1212 ext. 271.

**Drama Group
Performs Thursday**

Cañada's resident drama group, The Tuesday Company, will break tradition by performing on a Thursday - June 1, at 11:10 a.m. in the Main Theatre. This performance will include an array of scenes from the contemporary American theatre. Admission is FREE. The performance concludes at noon.

**THE LONG VALLEY GAZETTE****NEWSPAPER STAFF**

Kellee Hartman - Editor

Mike Urban - Sports

Kimberly Bouma - Features

REPORTERS

Julie Collier

Tom Spring

Bob Calhoun

Doug Bennett

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cated" or "time-consuming" pervade the air around them, as well as the all too common excuse, "my one vote won't make a difference." With this mentality, it does not surprise me that a former Klu Klux Klan member was elected to the Louisiana legislature.

In contrast the largest voting percentage is held by the 65 or older group, who have already put their children through college and are mainly concerned with living their life out in complete harmony, which is entirely reasonable. However, since most no longer hold a vested interest in the school districts, they will no more vote for an increase in taxes to fund schools any more than 18-24 year olds will memorize the IRS Tax Code.

It is up to the younger generation to take charge of their lives and effectively vote for people and issues that will favorably affect their lives. If these youth continue to vote by passive compliance, allowing measures to pass without voting "yes" or "no," they will be responsible for the outcome. Do not wake up one day and complain about the fact that you are unable to buy a house where you want to live.



Don't aid the destruction of our coast by offshore oil drilling. Don't despair that the school system is not functioning the way it should. Step out of the political vacuum and take charge. No one else will do it for you. Elect people who will help, not hinder you. Take advantage of your local representative's time to relate items of importance to you or merely to clear up some confusing lingo in a political brochure.

When students insist that their one vote is so insignificant, I envision one million students and workers lining Tiananmen Square in Beijing, China, leading a passionate fight for a cause they feel will enhance their life, democracy. Is this the same democracy that Americans take for granted?



'Finals' – It's an Ugly Word

By Kimberly Bouma

Few words in the English language can instill more fear, trepidation, and anxiety in students' minds than the ugly word, **FINAL**S. Maybe this is because it seems so terminal and suggests a fate from which students cannot turn back. Maybe it is simply the only thing standing between students and summer. In any case, students have many different ways of handling this traumatic experience.

For many it is a high stress time, from which there is no escape. For example, Colleen, 19, a Nursing major, finds that no matter how hard she studies and how well she knows the subject, when she sits down to take a test she inevitably draws a blank. "I realize that I have some sort of phobia about taking tests. I study as hard as I can, but then I get in there and freeze." When asked how she copes with this problem she states, "I just stop and sit there for a minute. Then I remind myself that I know the work and if I take the test as if I were at home, then I will be fine. I just do one question at a time and don't look to the end so that I won't freak out at the volume." She advises, "take one day at a time" and "keep things in perspective" when preparing for finals. As for after the test, she says, "I feel that I have done the best I could. I don't worry about the test because I can't go back and change it anyway."

In contrast, Tom, 20, who is transferring to Humboldt State's Anthropology Dept. next fall, has the theory that if you worry about a final, you probably won't do that well anyway." He admits that he has always been lucky in the fact that he hasn't ever had to study much to do well. "I feel that there is nothing to fear about finals. Some people get so worked up about them. You just do your best. I used to get down about grades, but I think that there are much more worthwhile things to worry about than how well you did on a final. It just isn't that important." As confident as

Tom is, he is quick to add that, "Despite how well I usually do, I know that I have to study to get ahead."

Dr. Walter Owyang, Psychology Professor at Cañada, says, "A little bit of stress is okay" and this actually helps us to function. However, too much stress can result in serious repercussions, such as inhibiting your clarity of thought and thus hindering your performance. To relieve stress, Dr. Owyang suggests muscle relaxation and breathing techniques. These techniques can help you dissolve tension in your body and clear your mind for effective thought processing.

However, Dr. Owyang makes the point very clear that there is no substitute for good preparation. He states that "cramming" for tests is a very bad habit that students should make an effort to get out of. Instead, he suggests "distributive practice rather than mass practice." In other words, "spread it around." He cites that a good way for students to prepare for exams is by learning the **SQRRR** method – Survey, Question, Read, Recite, and Review. By categorizing subjects in your mind this way, you will have stored the information in long term memory, ready for recall at the trigger of a key word. He also says that it is helpful for students to hear themselves speak study questions out loud, in order for it to become imprinted in long term memory.

Finally, Dr. Owyang warns about the common mistakes made by students on the night before the test. He claims as extremely taboo, a lack of sleep as the number one contributor to an unsatisfactory final grade, with drinking too much coffee and taking too many stimulants running a close second. Then, quite emphatically, he offered, "I wish there wasn't so much pressure put on the outcome of final grades." God, so do I.

Bleacher Features With Big Urb

By Mike Urban

There seems to be something very special going on in the athletic program these days. Everyone is smiling, everyone has a good word. Things are about as pleasant as they could be.

Why?

Try this on for size: "W-I-N-N-I-N-G."

Yes, Cañada is winning. Often.

It seems the basketball team set the tone for the year by sweeping through all four of their pre-season tournaments, they maintained a very high state ranking throughout the season and in addition to reaching the state tournament for the third time in Coach Klein's three years, they had a player named as the league MPV (Scott McDonald) for the second year in a row.

The golf team once again was a dominant force under the guidance of Jerry Drever. The defending California state champions captured the NorCal crown again before falling just short in the finals. To string two seasons like that together is clearly a result of quality coaching, as well as student-athlete dedication.

The tennis team has been outstanding, too. Every time I check the papers, it seems Paul Welles' netters are destroying another Coast opponent. Last I heard, they were battling in the Coast Conference Play offs.

This leaves us with my favorite subject, for obvious reasons, the baseball team. I believe we are the last of Cañada's Big Four to complete our season, and it has been the most fun I have ever had playing sports. To win a championship after nine long months of hard work is the greatest feeling of accomplishment one could imagine.

I feel sorry for people who, for one reason or another, never had the chance to feel what an athlete feels as a champion. It may sound like I'm tooting my own horn here, but just try to imagine what I write. This is how it feels:

A man you have been yelled at by, consoled by, and taught by; a man that is and has been, your idol and role model for the past two years; and man you look upon as a father-figure as well as a friend, despite being outweighed by at least 70 pounds, picks you off the ground and screams that he loves you.

You look around you and see 20 other guys with the same delirious look on their faces, somehow conveying the message that nothing else in the world means diddly-squat right now.

Neighbors who usually don't come out other than to watch loud cat fights throw over with newspaper clippings with your name in them...as if you didn't buy 800

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Garcia Coach of the Year

That Championship Season

By Mike Urban

The rewards of a championship season have officially begun to flow for the Cañada baseball team. Merely confirming what has been pretty much of a given for the past few weeks, the Coast Conference announced the 1989 All-Conference Team, and the Colts dominated as expected.

Topping the list was Colt right hander Bobby Palacio from Riordan High, who was unanimously voted by the league's coaches 1989 Pitcher of the Year. With the exception of a rare shaky outing in the final (and meaningless) game of league play, "Bob-O" was nothing short of amazing. When he was on the mound, the Colts won. Bottom line.

Also unanimous choices to the First-Team were the Colt bombers, second baseman Kevin Jordan of Lowell and catcher/DH Bob Volk of Serra. These two led the team in home runs and RBIs respectively, and both hit well above .400. Volk also led the league in doubles.

Yet another unanimous pick was awarded to first baseman Tony Gomes, also of Serra. Not only did "Gomer" hit over .400 from the clean-up spot in the order, he was far and away the best defensive first baseman around. In one game, he banded out

five hits, tying the school record.

Joining these men on the first team is center fielder and lead-off hitter, Domingo Mota, whose speed and strength represent a threat with presence alone. Domingo is a two-time selection to the first-team. His younger brother, Gary, was selected to the second-team in right field, batting .375 in an injury-plagued season. What the league should have done, however, is give the first-team right field selection to both Gary and



his "back-up," Bob Gibbs. Gibbs stepped in for the injured Gary whenever called upon and put up quality production, collecting a .370 average in about half of the games.

And in perhaps the most significant announcement, Cañada's Mike Garcia was unanimously chosen as the Coach of the Year for his masterful molding of the 9-11 ball club from last year into the champions of the winningest conference in California. In only his fourth year in the JC ranks, Garcia has already solidified a reputation as one of the best there is. His commitment to his players and the school is unending.

'Good Year' for Net Team

By Julie Collier

Effort and depth, the Cañada tennis team's key advantages in the Nor-Cal Tournament, helped place them third in the Coast championship last week held in Saratoga.

The Colts attained 12 wins with only 4 losses. "This has been the best team in terms of getting along (with each other)," coach Welles explains, "There was a real team effort displayed. They're a bit better than last year. Everyone played and contributed to our reaching the State Championship."

Mike Jurgensen, top singles player for the Colts, ranked #55 in California and was accompanied by Greg McLean in doubles for the Coast competition. They tied for #29 in California with teammates Dan Ganoza and Pat Bates, doubles.

Despite the fact that Cañada will be losing Jurgensen to U.C.L.A. next season, Coach Welles is confident in the rest of the players who may return. "It's been a good year," he said, "and we're looking forward to next year."

Tora Tagami, from Japan, will be one player to watch next season, along with Todd Waibel, who has shown improvement on the court, Andy Laden, this year's "most Improved Player," and Alex Franco.

With the taste of victory from compet-

ing in the State Championship, Cañada's tennis team deserves much attention and much support for next year's matches.

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Colts Reach NorCal Finals

Cañada Loses Twice To Defending Champs

By Mike Urban

The clock has finally stuck midnight, and the Colts' Cinderella season is over.

Going into Sunday's action, Cañada was a mere nine innings away from a spot in the California Junior College Baseball final four, with a shot at the state championship and the coveted rings as a reward. However, after not nine but 18 innings of frustration, the Colts headed home from the NorCal finals with thoughts of what could have been.

For most of the weekend, it seemed as though the Colts would steam roll everyone and everything in their path. They opened up on Friday morning against Butte College of Chico and posted a shaky 9-5 victory behind the pitching of Bob Palacio. Despite an uncharacteristic five infield errors, Palacio kept the Roadrunners off-balance enough to raise his overall record to 13-2.

Aiding Palacio's efforts were two outstanding defensive plays by first baseman Tony Gomes, both preventing runs from scoring and killing potential rallies. One was a spectacular dive on the foul line turning a possible double into a routine out, and the other was a leaping grab of a screaming line drive that seemed destined for the right field corner and certain extra bases.

Offensively, the Colts got all they needed for the win with a seven run explosion in the second inning. Catcher Bob Volk got things going with a leadoff, 420 foot bomb over the fence in dead center-field, and designated hitter Mike Moreland capped it off with a clutch two-out, two run single with the bases loaded.



In Saturday's game, the Colts once again struck early, picking up three runs in the bottom of the first, one each in the second and third, and three more in the fourth. Volk was the main man again as he picked up four more RBI's in the contest, shattering the school record of 45. Volk now has 51.

The big story of this game was not the offense, however. It was the pitching of Paul Fanucchi, who pitched the first complete game of his life. Used primarily as a late inning reliever this season, Fanucchi was thrust into a starting role to help out the depleted Colt pitching staff. The Burlingame High graduate responded with an absolute gem, allowing four harmless singles while striking out 10 as the Colts posted a 10-0 victory. The win gave the Colts a golden opportunity to reach the state final four, as they would have to be beaten twice on Sunday by the same team to be eliminated.

Unfortunately for the Colts, that team

was Sacramento City College, the defending state champs. Not only are they a sound and solid club, but they had the luxury of playing in their own park with the entire city behind them.

Despite playing with their backs against the wall, just one game from the off-season, Sac City put together back-to-back victories to send the Colts packing. The Panthers received outstanding pitching from both of their starters and the powerful Colt offense could muster only 4 runs in the 18 innings of play, while the Panthers racked up 25.

After losing the first game 12-3, the Colts went with Palacio to hurl the championship game. Pitching on one day's rest, Palacio just didn't quite have it, surrendering three runs in the top of the first, and the Panthers never looked back, rolling to a 13-1 romp.

Despite the abrupt ending to what has been an incredibly successful year, the Colts maintained their emotional consistency after the losses. Coach Mike Garcia, Coast Conference Coach of the Year, stressed that his players focus on the "big picture," not just the final two games. Garcia also noted how proud he was of the way his troops "represented Cañada College."

The Colts finished up with a school record 29 wins against 13 losses, with numerous other records set along the way. They ended the season with an unbelievable 56 double plays, doubling the previous record of 28.

"All in all, it was a great season from a great group of guys," said Volk, "and there's nothing to be ashamed of at all. We gave it all we had."

Top Golfer Going Back To Sweden

By Kellee Hartman

The Cañada golf team will be saying good bye to second man, Thomas Ljung in June, when he returns to his home in Sweden.

Nine months ago at 20 years old, Thomas left his home in Stockholm to study and play golf in the U.S. He has an uncle who lives in Foster City, but Thomas stayed with him for only a week while he searched the want ads for a family looking for a boarder. Luckily, he found one that has been quite good to him and the situation has worked out very well.

Thomas is a business major with his sights set on a golf scholarship and an engineering degree from either Stanford or U.O.P. He has, in the last nine months,

maintained a 3.5 average while working part time at the Stanford driving range and playing an average score of about 75.

Having been a hockey player in Sweden, Ljung has only been golfing five years. He does hope to play professionally one day, but is quick to emphasize that his education and future as an engineer take first priority, since the odds of reaching an epitome of success as a pro are slim at best for anyone.

Thomas feels his game has improved significantly during these months in the U.S. and is happy with the progress he has made under the guidance of coach Jerry Drever. Many people do not consider golfers to be "real" athletes, however, as Ljung says "36 holes on a hot day can be really

tough. You have got to stay healthy because most of us don't have caddies!"

When asked what methods he uses to sharpen his game, he says it is a good idea to work out at the gym and to run, something he hates to do and has only done three or four times in nine months.

Thomas looks forward to returning to Stockholm, where his parents, older brother, and girlfriend still live. He has developed quite an affinity for America, and San Francisco in particular. He would like to spend a month just vacationing and seeing everything he wasn't able to while he has been in college. He was only able to make one snow skiing trip and a trip to Los

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Toads & Spiders

Who Names Sports Teams?

By Shannon Walker

Sports are a big part of American life. Do you know anyone who does not follow at least one kind of sport? However, there is one thing that I have always wanted to know about American sports teams — where in the world do they get their names?

Most teams are named after macho predatory animals such as Lions, Tigers,



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copies already yourself.

Relatives you thought were dead call and wish you good luck in the play-offs.

The everyday monotony of practice is now sheer pleasure, and arguments are few. Compliments are abundant and everyone hangs out for awhile when its over, enjoying their dwindling time together.

School, for some reason, ain't so bad any more.

And best of all, you get to pack your suitcase on a Wednesday night, knowing for the next four days you will be miles away, playing in the biggest show JC baseball has to offer. Full stands, plenty of scouts, and a relaxing but intense experience that no one can take away for the rest of your life.

Cañada is a special place for an athlete, all right. Because for this year, at least, each and every one of us is a champion of some sort. Right down to the grounds crew and trainers; yes, even you, Chris Spalding. Word.

LJUNG from page 5

Angeles (complete with a Universal Studios tour and a Disneyland excursion!), and to fly over the Grand Canyon. As a foreign student paying \$95 per unit (compared to our \$5!) his stay in the U.S. was not inexpensive. The hardest transition he had to make, though, was having to do all his own laundry! Having been raised with strong ethics and taught to "do your best, be yourself, and tell the truth," Thomas would like to ultimately end up in Sweden where the pressure is not quite as intense as it is in the U.S.

Ideally, what would Thomas Ljung like to see himself doing in fifteen years? Be light years into his pro golf career, well established as an engineer, and married with 8...uhmmm, make that 2 children.

Good luck, Thomas.

and Hawks; some are named for famous people like the 49ers, the Buffalo Bills, the Buccaneers, the Cowboys, and the Patriots. But who came up with the names such as the Owls, the Hoyas, the Cardinal, the Athletics, the Padres (they aren't a religious team, are they?) the Cornhuskers, and my all-time favorite, the Horned Toads?

When I watch football (which is what the Horned Toad team plays) I always try to determine if the team plays like its name. Do the Dolphins play intelligently? Do the Lions play ferociously? I have yet to determine what it is a horned toad does that is reminiscent of football action. Is the team warty? Slimy? Green? Horny? Would somebody explain this to me? Just imagine the insults their opponents must come up with.

Why don't they really name teams for the way they play? This past season we would have had the Tampa Bay Lost



Causes, the Pittsburgh Pitifuls, the Los Angeles Charles Mansons, the Dallas Duds, and the San Francisco Superbowlers, to name but a few.

I also don't understand why some people believe that calling a team "The Indians" is derogatory to Native Americans. Does this mean that we are also insulting real cowboys, patriots, Celts, the famous Buffalo Bill, and the original Fortyniners? What about the insult to horned toads as well? If we were going to be fair about this, we must consider everyone.

In order for you to decide for yourself whether I am right, here is a list of some of the more unusual sports team names: The Richmond Spiders, UC Irvine Anteaters, Akron Zips, Drexel Dragons, Oregon Ducks, Boston U. Terriers, Idaho Vandals, Stetson Hatters, North Dakota State Bison, Wake Forest Demon Deacons, Syracuse Orangemen, Oklahoma Sooners, Temple Owls, Arkansas Razorbacks (type of pig), Maryland Terrapins (type of turtle), Providence Friars, St. Louis Billikens (?), and the ever popular Santa Cruz Banana Slugs.



Creswell Takes Two Top Awards

Cañada College's Public Information Office recently won two top awards at the statewide public relations conference of the California Association of Community Colleges held in Newport Beach.

Terri Creswell, Cañada College Communications coordinator, received a second place award for a television spot she wrote last summer for the fall recruitment drive which was run on local cable television. The entry came out ahead of community college entries from Napa Valley to the Los Angeles area.

The professional judges remarked that the Cañada TV spot was "a straight-ahead, remarkably effective spot with directness and honesty." They commended Creswell's use of wording in describing some of Cañada's plus benefits as "convenient, comprehensive, and cost-effective."

Cañada was also awarded a third place award for its University Studies Brochure which was produced last fall by a committee including Creswell, Joan Del Gaudio, Lori Hergert, Joe Tovissi, and graphic artist Jeanne Schreiber.

The Cañada 1988 Fall Schedule also received good marks from the pros as having "good layout, typestyles, and photos." They particularly liked the Cañada cover, schedule planning, and counselor question sheets. They summed up Cañada's schedule as "very inviting and easy to use."

The awards were presented to Creswell at a PRO Awards Banquet attended by Public Information Officers, Staff Members, and Administrators from throughout the State. The conference lasted three days and featured a Keynote Address by David Mertes, State Chancellor of the California Community Colleges.



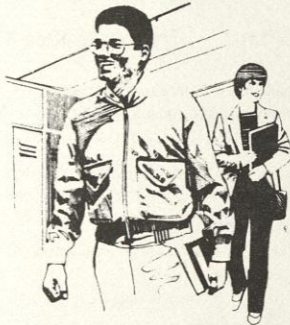
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JUNIOR COLLEGE from page 1

expectations you get from your friends. I know I'm doing this school thing in a round-about-way, but it hasn't been easy for me." Darlene plans to graduate from Cañada and attend a university as a part-time student. "There's not a feeling of urgency to get my B.S. like there was when I started U.N.M. I'm confident in that the company will allow me to move up the ladder at my own pace."

Another student who had given up his brief career as a tennis player, upon which he embarked right after high school, reported both emotional and intellectual changes. He felt that he changed radically during the first year attending Cañada. "I learned to be young and silly, to laugh, to relax with people, to drink, to try new things. I feel a lot more at ease with people, I've had to tolerate things that I wouldn't have had to tolerate if I had continued to play tennis. Just different points of view, different life styles, people who aren't concerned only with exercise and their bodies, but with other things. Also, my courses have expanded my mind. All of my courses stimulate me, and I work really hard be-



cause I want to master the concepts introduced in the classes. I feel that my mind has expanded amazingly since I came here to Cañada. I chose a J.C. because I wasn't certain if I would enjoy going to college—I'm comfortable with my decision and so are my parents."

Another freshman describes her estrangement from close high-school friends since her attendance at Cañada. "When I saw Susan (her closest high-school friend) this month, I couldn't believe the change in her. She started in on how I wasn't very academically oriented or independent. We talked a bit, but I felt brushed-off by her. I don't understand. My friends here at school are serious about getting a degree and are concerned about their career and life. Why is that so different to her? We're not here to get our B.A. degree, we're here to get our A.A. What's wrong with that? My idea of coming here was to get an idea of what college is all about and to feel ready for a 4-year college after graduation."

Kathy, 19, pointed out that she feels pressure from her mother and father to go to a university, but that by being at Cañada it has strengthened her outlook about people. "One of the nicest things about

being here this year was that I met and became friends with a great variety of people that I probably would not have considered as potential friends in high school. I think that these new friendships really reflect a change in the way I view other people, but, most important, they reflect a change in how I look at myself. It seems that in each friendship a different part of myself has emerged and grown as a result of the friendship. This may be due to the fact there is such a variety of people at this college. I'm discovering different parts of my personality that I really like. These new facets of myself are not the ones that my family and old friends have encouraged in me. I don't mind that I'm at a Jr. College."

One student claims, "It's hard enough to have to live up to standards that are set for you by your parents. Why worry about where you go to college? I'm the only one of my brothers and sisters to go to college, and they have dreams about my future. Sometimes I wonder what would happen if I decided to drop everything and goof off, and then I think that I would be such a disappointment to them."

Mark admits, "Yeah, I'm hesitant as hell to tell someone I go to Cañada, but at least I'm not going to C.S.M.—it's like a different form of high school over there. There are too many "cliques." I decided to go to a J.C. because this is the route most of my best friends are taking."

Kim followed her friends to Cañada, also. She reasons, "I need guidance in my future. I'm still not definite about what my major should be, but my counselor here has really helped me explore my major possibilities. Some teachers here are pretty inspirational to me and I like that. I can talk to them outside of class and not feel intimidated like I might in a large university. I need to feel confident before I am accepted into a 4-year. Kim doesn't readily

acknowledge her attending a J.C. in social situations, "But that's just because I don't want the guy to think I'm dumb." (She laughs.) "I guess that's pretty stereotyped, huh? But it's true; some guys I meet won't make an effort to get to know me unless where I go to college comes up later in the conversation. I'm not a reject just because I go to a J.C., it's just people look more highly upon university students."

Among the crowds of young students on campus, the number of older students attending is beginning to increase. Ed and his wife have two children who live on their own. "We've gone the college route long past already, so why go back to school? We decided to take courses the Community College offers. We enjoy expanding our interests and, now that we have the time, are taking classes in subjects we both find appealing."

John, a retired meteorologist, and at 63, a professed avid golfer states that, "The Junior College has been recognized as a truly unique institution for California. Since my attendance at Cañada, I personally hold and voice high respect for the junior colleges. I have some idea from experience and the background of general respect of the place, that the junior colleges hold and could hold strongly in the development of public higher education."

It may be idealistic, but the educational Institutions' goal, as a whole, must be to develop the talents of all to their fullest. Attaining that goal requires that we expect and assist all students to work to the limits of their capabilities. Junior Colleges were developed for a reason—they give students another option, a different path towards academic achievement. The search for higher education must be supported and encouraged by parents, teachers and the community. The need to rebuild acceptance of Jr. colleges is apparent.



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CANADA COLLEGE

FINAL EXAM SCHEDULE

FOR DAY CLASSES ONLY

Day of Regular Class Meeting

SPRING 1989

Time Class Meets

8 o'clock	Daily; MTWTh; MTWF; MTThF; MWThF; MWTh; MWF; MW; MF; WF; M; W; F
8 o'clock	TWThF; TTh; T; Th
9 o'clock	Daily; MTWTh; MTWF; MTThF; MWThF; MWTh; MWF; MW; MF; WF; M; W; F
9 o'clock	TWThF; TTh; T; Th
10 o'clock	Daily; MTWTh; MTWF; MTThF; MWThF; MWTh; MWF; MW; MF; WF; M; W; F
10 o'clock	TWThF; TTh; T; Th
11 o'clock	Daily; MTWTh; MTWF; MTThF; MWThF; MWTh; MWF; MW; MF; WF; M; W; F
11 o'clock	TWThF; TTh; T; Th
12 o'clock	Daily; MTWTh; MTWF; MTThF; MWThF; MWTh; MWF; MW; MF; WF; M; W; F
12 o'clock	TWThF; TTh; T; Th
1 o'clock	Daily; MTWTh; MTWF; MTThF; MWThF; MWTh; MWF; MW; MF; WF; M; W; F
1 o'clock	TWThF; TTh; T; Th
2 o'clock	Daily; MTWTh; MTWF; MTThF; MWThF; MWTh; MWF; MW; MF; WF; M; W; F
2 o'clock	TWThF; TTh; T; Th
3 o'clock	Daily; MTWTh; MTWF; MTThF; MWThF; MWTh; MWF; MW; MF; WF; M; W; F

All Others (*except Saturday)

Time and Day of Final Exam

8:10-10:40 a.m.	Friday, June 9
8:10-10:40 a.m.	Thursday, June 8
8:10-10:40 a.m.	Monday, June 12
11:10-1:40 p.m.	Monday, June 12
8:10-10:40 a.m.	Tuesday, June 13
2:10-4:40 p.m.	Monday, June 12
8:10-10:40 a.m.	Wednesday, June 14
11:10-1:40 p.m.	Thursday, June 8
2:10-4:40 p.m.	Tuesday, June 13
2:10-4:40 p.m.	Wednesday, June 14
2:10-4:40 p.m.	Friday, June 9
11:10-1:40 p.m.	Wednesday, June 14
8:10-10:40 a.m.	Thursday, June 15
2:10-4:40 p.m.	Thursday, June 8
11:10-1:40 p.m.	Friday, June 9
12:10-2:40 p.m.	Thursday, June 15

NOTES

*Evening & Saturday Classes - Instructors should check the Evening & Saturday Class Calendar and students should check with their individual instructors. When a course consists of recitation, lecture, and laboratory, the final examination is scheduled according to the lecture. When a course meets one hour one day and two hours a second day, or for one and one-half hours two days a week, the final examination is scheduled according to the hour that is common to both days (e.g. T 10 and Th 9-11 or TTh 9-11 or TTh 9:30-11, the examination would be scheduled as listed for TTh 10).

Examinations will start promptly at the hours indicated. Examinations are held in the same room in which the class regularly meets.

If there is an unavoidable conflict in your final examination schedule, see your instructor in one of the classes and arrange to take the examination with another group.

TRANSFER from page 1

dent life, organizations, programs of study, and can be a great plus in narrowing down your selections.

To further round-off your list, I would suggest talking to a teacher who is involved in the program of your interest. The faculty of this campus are for the most part active in their fields of study and can be a valuable asset when a student needs to know which campus will benefit him the most.

For example, after cornering the thought-provoking and flamboyant Anthropology Professor, Eldon Earnhardt, he had this to say about students desiring to continue their education in Archeology or Anthropology. "I would, first of all, stress students to take as many courses in Humanities, Earth Sciences, Life Sciences, History, and Political Science, as well as learning a foreign language, before leaving this campus. Students should become literate in various fields before specializing." After completing a wide variety of subjects in all fields, he believes that the finest schools in California in the Anthropology and Archeology sector were U.C. Berkeley, Stanford, San Francisco State, and San

Jose State University. He added that a major in Anthropology is a good one for most students because it is so broad and encompasses so many different fields of study.

In the Political Science arena, I casually met with prolific Poly Sci Professor, Ted Reller, and asked him what advice he



had for students interested in that field. He was hesitant to pin down one school because so many factors come into play when one chooses a college. He said that he would have to know the specifics of the individual case (ie. cost factor, desired environment, teacher to student ratio, etc.). But his choice in the general sense was U.C. Davis or Sacramento State because of their close proximity to the State Capitol. He stated that they tended to have a larger curriculum in the area of Political Science and the student would not have to go far to see the American Democratic system in full swing. He also stated other choices as U.C. Santa Cruz, U.C. Berkeley, Stanford, U.C.L.A., and San Francisco State as other likely candidates for a good education in Political Science. He also aptly stated, "Studying can't be as pleasant when you are constantly worrying about paying the education bill."

Take advantage of all the resources available at the Junior College level, including the counselors, library, and faculty, to make a responsible and intelligent choice in one of the decisions which will have a profound impact on your life.