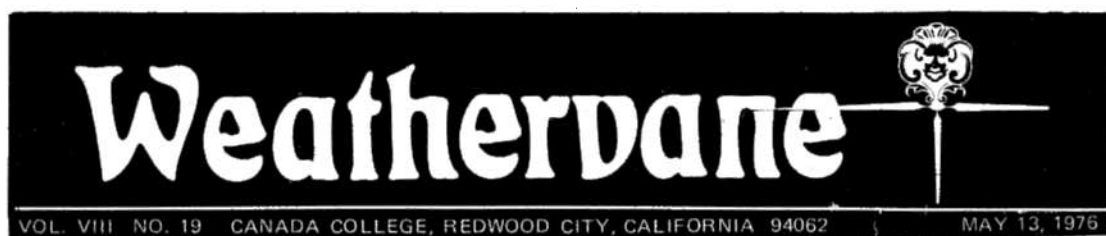




A WEATHERVANE birds-eye view shows last year's celebration of life, The Spring Festival.



Festival Continues Today

Does a tug-of-war, belly dancing, live music and poetry reading sound like fun? Try this year's Spring Festival today and tomorrow. Most of the Festival's 22 events are scheduled for the "frisbee" lawn in front of the Administration building.

Faculty advisor to the Festival, Kent Crockett says, "The Spring Festival was conceived in 1972 as a celebration of life, and as a coming together of all members of the college community. It has been a different kind of festival each year, with a consistent emphasis on poetry and music and, has been designed to build a feeling of community." Crockett went on to say that, "this year we are pleased to have two outstanding poets returning for the festival. Ron Federighi will read his poetry today at noon. Ron is a graduate of Canada, now completing his education at San Francisco State. He has read his poems at each of the four previous festivals. He is often referred to as the poet laureate of Canada College.

"Bobbie Louise Hawkins will read her poetry tomorrow at noon. A Texas born poet, whose husband Robert Creely also writes poetry, read her poetry at last year's Spring Festival too."

ASCC President Bob Johnson says, "we're looking forward to a successful Spring Festival. We just hope everyone will join in and have some fun."

This is a schedule to today's and tomorrow's Spring Festival events:

Thursday, May 13

10:00 Daybreak (Music)

10:30 Martial Arts Demon-

stration (David Kanahele & Mike Koller)

10:45 Tony Tichenor & Dick Somers (Country Rock)

11:15 Maypole Dance

11:30 Tony Tichenor & Dick Somers

12:00 Ron Federighi (Poetry)

12:50 Frisbee contest—Tug-a-war

1:00 Duck's Breath (Comedy)

2:00 Belly Dancing, Mah'te

2:15 Marc McCullum (Music)

Friday, May 14

10:00 Student & Faculty Poetry

10:50 Cigarette rolling contest

11:00 Aura (Music)

12:00 Bobbie Louise Hawkins (Poetry)

1:00 Christa Faus (Music)

2:00 Amateur Hour

2:30 Airborne (Music)

Simultaneous with these performances, there will be contests and games that will be announced throughout the day.

During all three days of the festival there will be a Women's Art Show in the foyer of the theater.

There will be movies (created by Canada Students) shown in Bld. 13 rm. 117, from 12:00 on.

There will be a Sheriff's helicopter in the lower parking lot (next to recycling center) from 11:00 to 2:00 on Thursday, May 13.

The bookstore will be selling rings at a discount all day Thursday. "Ring Day"

ASCC Election Due

Student body president Bob Johnson considers this month's election for student government a "personal thing"; the outgoing president has made it his mission to encourage broader participation in student government.

Johnson feels past elections were marked by a "lackadaisical attitude" on the part of the administration and student officials toward planning and publicity.

As this year's commissioner of elections, Johnson started May 7 to distribute the petitions potential candidates must fill out. By the end of the day, three students had returned the petitions with the required 25 signatures. Both Johnson and Pat O'Brien, Associate Dean of Students, felt this was a promising start.

Johnson hopes the Latino Club and the Veterans' Coalition, both at odds with student government over funding, will run candidates. "If they are sincere in their criticism of student government, they will send representatives that want to represent their views," said Johnson.

Roy Hansen, president of the Veterans' Coalition, didn't think any member of the group planned to run for office. The Latino Club has no declared candidate, although Luis Mendez, the club's vice-president, is considering running for representative-at-large.

There will be a meeting for all the candidates this Friday at 2:30 in the Student Activities Office.

Complaints Filed Against LeBow Archives

by Sue Rhodehouse
and Ed Chittenden

Following the ongoing hassle over the proposed resignation of Diane LeBow, director of the Canada Women's Center, several people involved in the center's conflicts were questioned. This resignation was suggested in a recent WEATHERVANE editorial written by Sue Rhodehouse and Ed Chittenden.

Jane Doyle, former student coordinator of the women's center and Dana Wheeler, an ex-staff member were forced to leave the women's center by director Diane LeBow.

"I was fired by Diane LeBow for no apparent reason," stated Doyle.

"I left the Women's Center because of Diane LeBow," agreed Wheeler. "My reasoning for leaving were Diane's and my personal disagreements over the function of the Women's Center."

Upon returning from Christmas vacation, Doyle, along with another staff member, Cristania Hull, discovered a letter stating their termination from the Women's Center, written by Diane LeBow. "I was informed of a center staff meeting on December 27 while we were on vacation. Later LeBow told me the meeting had been cancelled. My termination notice was dated December 27," said Doyle.

However, despite what LeBow told Doyle there was indeed a staff meeting on the 27th. Wheeler attended that meeting.

"It was discussed that Jane Doyle and Cristania Hull were not doing things that Diane wanted in the Women's Center. She felt they were having too many man problems," stated Wheeler.

When asked to elaborate about the term "man problems"

Wheeler said, "It was just a term she used. I don't know what she means by that."

"Nobody knew at that meeting if they were going to be fired or not," commented Wheeler. "Diane alone made the decision and had Gloria Estabar, ex-

women's center secretary, type it up and put it into an envelope. Nothing was said. No we are sorries or anything, just a little green paper in an envelope."

Doyle and Hull were extremely active staff members in the center. Among their many credits were the organization of a women's television program, development of a resource file in the center, attempts to coordinate women's centers in the Bay Area and an unsuccessful attempt at organizing a music festival.

"I wanted to go to a conference on rape and discrimination at UC Santa Cruz because I was counseling women. She said I can't give you money because I have to send a woman and not you," commented Wheeler.

This wasn't the only experience Wheeler had with LeBow concerning male discrimination.

"One day I asked for a \$25 loan from the emergency loan fund and Diane said she couldn't give it to me because I was a man. She later had a change of heart and told me it was an unusual thing to happen but she would make an exception and let me have the loan," stated Wheeler.

"There has been talk around that I am trying to run out on the loan," said Wheeler. "I told the center that when I got back to work I would pay them back. There was no time limit set on the loan that I know of. It is pretty hard to run out on a loan when I am at school everyday."

According to Wheeler, men are welcome in the women's center but "they don't last long"

The center has been accused of other types of discrimination.

"This wasn't told to me but Cristania and I got the feeling that she didn't like us attracting younger women to the center," stated Doyle.

Wheeler pointed out the amount of energy, however, that LeBow puts into the women's programs. She's involved in the Women's Center, women's reentry programs, the women's club, and her regular English classes.

continued on page 4



Last January Dana Wheeler presented a statue he created depicting a woman's struggle in our society to the Women's Center via Diane LeBow. Currently Wheeler and LeBow share differences of opinion "over the function of the Women's Center."

Editorials

Censors Over React

What value is the constitutional guarantee of freedom of the press if the public has no access to that press? Do citizens give up their rights of free expression when they are attending a public institution? Is an appreciation of the college community's standards of decency and good taste greater than upholding a fundamental human right of freedom to express opinions?

Educational institutions in a free society have always been shelters for the intellectual questioning and examining of traditional values and morals. Are we to accept here a mere production plant of human beings who are trained to do a job and never question?

When the journalism board of the Weathervane chose to censor Victoria Hamilton's article "Masturbation as Therapy: a Woman's View" neither the editor nor student editorial board were consulted. The action was paternal.

The student journalism staff, feeling that the article was not libelous, slanderous, obscene, or capable of inciting to riot, believed that the action was in violation of the first amendment of the constitution. The students printed and distributed the ar-

ticle at their own expense, even though they inserted it into the college paper without the consent of the district. The action of the journalism board was based on the belief that local newspapers would not print an article on masturbation. The Redwood City Tribune, did however print an article "Women to develop potential" by Pat Sharp and Bill Shilstone, published May 3, 1974. The article is described by Mr. Shilstone as "more explicit" than the one to be published by the "Weathervane."

Gerald Messner, English Division Chairman, was concerned because of the advocacy nature of the article. He notes that the article in the Redwood City Tribune was direct reporting of a speech given in a seminar on women held at CSM. Is Messner suggesting the "Weathervane" not publish any advocacy dealing with contemporary issues? The college newspaper has published articles in which President Wenrich and Bob Johnson have continuously taken advocacy positions on student involvement. Apparently, advocacy is permissible only if the writers views concur with his own. The article was not substantially different

from others appearing in the Special Women's Issue. Several of the "invited articles" took advocacy positions.

President Wenrich contends that the newspaper is part of a journalism class for which students receive credit and therefore is under the control of the college administration.

Ken Kennedy, political science teacher, debates that position. "The college newspaper production cannot be considered an ordinary class. Does an ordinary class sell advertising?" he wonders. Kennedy sights the case of Tinker v. Des Moines School District: "In our system, students may not be regarded as closed-circuit recipients of only that which the State wishes to communicate. They may not be confined to the expression of those sentiments that are officially approved. In the absence of a specific showing of constitutionally valid reasons to regulate their speech, students are entitled to freedom of expression of their views."

President Wenrich further contends that he, having been appointed by the Board of Trustees, has the editorial rights of a publisher. Acting in good faith to protect the college's reputation and with the advice and consultation of journalism advisor Robert Glessing, he exercised the rights of a publisher, NOT to publish.

Kenney refers back to the Tinker v. Des Moines case which states:

"In order for the State in the person of school officials to justify prohibition of a particular expression of opinion, it must be able to show that its action was caused by something more than a mere desire to avoid the discomfort and unpleasantness that always accompany an unpopular viewpoint."

The concern no one is officially talking about is that the College Board of Trustees would be so offended by the publication of a controversial article that they would cut off funding of the college newspaper. We invite their comments on this issue and on the action taken by both the journalism board, the students and on the constitutional questions posed.

The question recurs, "What good is freedom of the press if the public has no access to that press?"

Justice Brennan, speaking for the court in the case *Keijishian v Board of Regents* said: "The vigilant protection of constitutional freedom is no where more vital than in the community of American schools."

President Wenrich has agreed to discuss the issue with Mr. Kennedy and his constitutional law class on Thursday, May 13 at 12:45 in Building 17, room 107. Interested students are welcome to audit the class.

Letters to the Editor

Dear Editor: After reading the article in the Weathervane of April 8, "The Joys of Motherhood", I felt I just had to write a difference of opinion.

I certainly hope that the writer has some sort of credentials, or done some some extensive research, to feel qualified to make such stereotyped judgements upon motherhood. I get so tired of hearing children put down as though they were an easy target to blame everyone's problems on.

Women are only assaulted in all fronts with propaganda if they want to listen to it. If people want to listen to propaganda they will. If anything, society is negative about children and their value is decreasing, along with the values of everything else.

I have a three year old, and have not had to suffer any of

these tragic, stupid experiences that were related. My child is someone that I regard as my friend and he is just staying with me until he is ready to go on into the world. I feel sorry that this attitude of suffering and sacrifice is related because I feel that it is very stereotyped. Thinking that the upbringing of children is only diapers and soap operish is a sad realization about how unaware people are. People seem to be receiving the same propaganda against children as for.

In closing I have to say if women don't want children because they feel they would be a burden, more power to them. The fewer unwanted children the better and then everyone, even children can become liberated from being in situations they don't want to be in.

Diana Gerhensmeter

Dear Editor:

As a returning woman student, I had not really homed in on the Woman's Center. However, I object to the tone of the Editorial in the Weathervane in regard to the Director and the program. As I understand, this was a first survey. Since when did we become a Roman populace and turn thumbs down on a program without a fair hearing? How many lions do you keep in that office?

The inclusion of the article "Masturbation as Therapy" is as you say a personal decision by the staff who paid for its printing but you did use the student body media via The Weathervane for its distribution.

By the way, anyone who has the fervor to write the editorial column should have the intestinal fortitude to sign it.

Carolyn Seaman



Presidents Corner

Bill Wenrich,
President Canada College

Too often College staff members and students get preoccupied with petty hassles and small-time issues, forgetting about the quality of the educational effort we are undertaking. Quality education, after all, is what we are all here for. In one sense, I am more fortunate that other members of the College community, in that I have more opportunities to see first-hand the multitude of superior educational programs at Canada. Let me illustrate with some recent examples.

Last Saturday night, the final performance of "The Crucible" by our Drama Department, under the direction of Mel Ellett, was given to a third consecutive standing-room-only audience. The superb acting and excellent costuming, setting, and lighting under Dr. Ellett's masterful direction illustrated the quality drama program we have. It was unfortunate that some people had to be turned away due to the lack of space. In addition to the first-class drama, I saw a real touch of humanity when Dr. Ellett and his wife gave up their seats Saturday night so two more people did not have to be turned away.

If you have never taken a dance class at Canada and you missed the performance of Celebration '76, you cannot fully appreciate what enthusiasm and quality Cheryl McNamara generates. A true professional, she instills both the desire for perfection and the love of the

subject in her students. The standing round of applause she received at the closing performance of Celebration '76 was only indicative of the quality of our dance program at Canada.

Alec Cline, the head of our Food Technology Program, and his students are forever receiving state and national awards. Next fall, Mr. Cline will be going to Munich as the coach of the American culinary team competing against the best chefs in the world. Last Wednesday, as part of the Cinco de Mayo celebration, the Food Technology Program put on a superlative Mexican luncheon, with the best-tasting crab enchiladas I have ever had. Because the quality of the program is so consistently high, our graduates have no trouble getting jobs. If you have not seen or tasted the kinds of food our people learn to produce, you should be sure to come back to the College this Saturday, May 15, for the Culinary Fair and Exhibit. It will be well worth your time.

The examples go on and on, but equally important as the concrete program results are the subjective feelings of students who have taken courses at Canada. Time and again, I am approached by people of all ages and from all walks of life who want to tell me about the terrific class or great experience they have had at Canada. That is one of the most rewarding aspects of being President, one which I wish I could share with others.

A.S.C.C. Corner

Bob Johnson,
President Associated Students

HELLO FELLOW STUDENTS

This is it. Today is the deadline for submitting your petitions to run for a student body position. It is imperative one and all understand that petitions will be accepted up until 8:00 a.m. Friday morning (5/14/76). The primary reason for this is an attempt to provide night school students access to student government. It also allows each of you the last minute opportunity to decide whether or not a direct commitment to your fellow students will be within the limits of your academic responsibilities, not to mention the vast array of responsibilities which extend beyond those the school necessitates. I might state it yet another way: If you are a student who has at some time asked a question pertaining to students needs or wants, then this implies you may have some feelings and/or opinions which could influence those who make the decisions that affect us all. Therefore, if you are a student with a C average or better, you are carrying at least eight units;

and you would like to expand your learning experience, you can still do so. All one need do is pick up a petition. The decide which elective office you'd be most compatible with and acquire and signatures of at least 25 students. O.K., now that this is all clear remember this: if you act now you can still get it in on time.

Tomorrow afternoon at 2:30 in the student activities all the candidates will be asked to meet to discuss any questions they may have concerning election procedures. Secondly, each candidate will have the opportunity to meet his/her opponents(s), because it's nice to know who you're running against. Thirdly, the candidates will have their picture taken along with an opportunity to write a statement about themselves to be included in the next issue of the Weathervane. Finally, I hope to discuss the finer details of campaign week; which will include presenting the candidates to all interested students during next Thursday's college hour.

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Federighi Wraps People In Poetry

by Shirley Ward

Ron Federighi, a poet and former Canada student, will give a reading of his poetry today for spring festival. His readings have enchanted audiences here for years. His poetry reflects, in a beautiful way, the earth, nature and essential experiences and emotions of man.

Federighi began writing poetry at 13 and has been writing ever since. "I can't see ever stopping," he smiled, as he discussed his feelings about his talent.

He read a lot as a child, but not much poetry. Today that's almost all he reads. Yates, Roethke and Blake have had a great influence on him and he talks intimately about them and other poets.

"I never really had anyone teach me to write" Ron commented. "Schools are full of people who have jobs. I learned a bit from a teacher now and then, but never in a class."

He is now completing his undergraduate degree at San Francisco State. He wants to get his graduate degree in Library Science so that he can earn enough money to keep writing poetry.

"It seems like America is a place where poetry and politics don't mix," lamented Ron.

He doesn't tell everyone he is a poet. "Even some of my friends don't know I'm a poet," he admitted. Ron feels people have stereotyped poets as effeminate, kind of crazy and not to be taken seriously. "Even I have some preconceived notions about poets," confesses the six foot gentle-giant. "Most of the ones I meet now are egotistical."

He is a craftsman in the process of perfecting his art. "You have to have a certain humility and quietness about yourself before you can write good poetry and I want to give good poems to people."

Cañada Mag Seeks Writers

Interstellar Etchings, a new literary magazine on campus, is looking for students who are willing to contribute poems, short stories, essays, satire and cartoons. According to one of four editors, Keith Holmes, "We are looking for fresh and original material that shows where you're at."

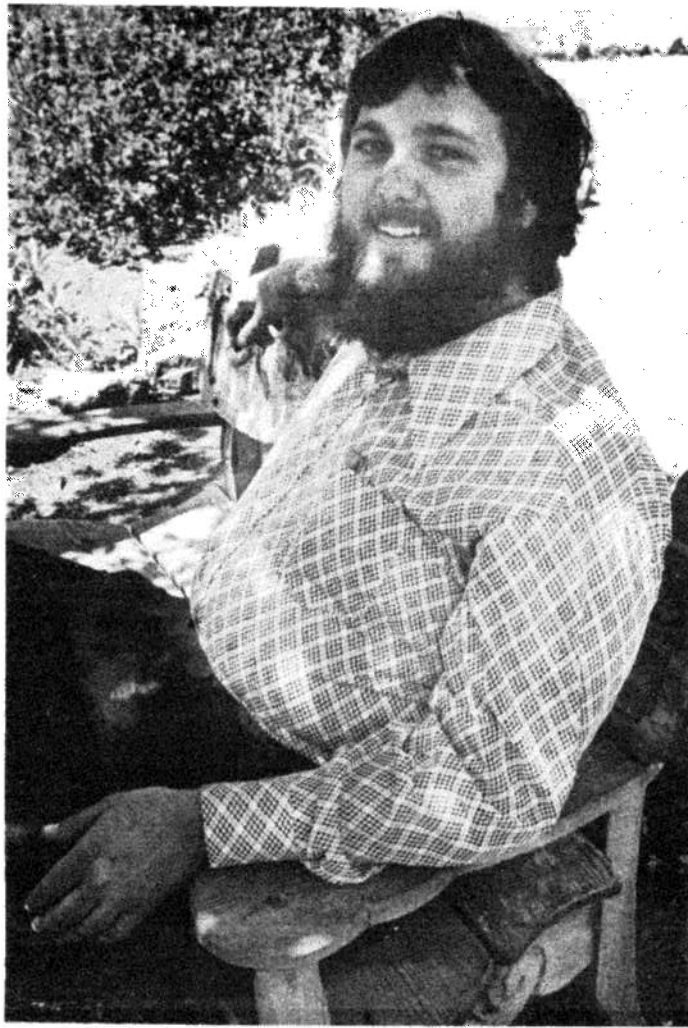
Material for the first issue must be in by May 21st for publication on June 1st. Material can be dropped off in the mail box labeled Interstellar Etchings, room 204, Building 3.

Only printed or typed manuscripts will be considered. Keith Holmes along with three other editors, will determine the final selections. They are Alyse Ceirante, Greg Kurick and Becky Albeit.

Any contributor wishing not to have his writing credited should indicate "anonymous" on his manuscript.

Most of his poems start with an idea but the idea is usually gone when the poem is finished. "The best poems are discovered while you're writing them," he smiled.

Ron has had several poems published in magazines. He is hoping to have a book of 52 poems accepted by the "Yale Series of Younger Poets."



Poet, Ron Federighi enjoys his favorite subject, nature, while anticipating his upcoming recitation of his poetry at The Spring Festival today.

Students Aide Migrant Families

Canada college students will once again have the opportunity to volunteer as counselors and teacher-aides in migrant worker camps in the North Plains, Oregon area.

"We want students who feel a commitment," says Ben Kilpack, coordinator of the program. "Not those who are just looking for adventure."

The program's primary focus is the children. Volunteers are used as teachers aids, day care helpers, bus drivers and swim instructors. Most students try working in the fields a day or two but find it physically too exhausting. There is a special need this year for auto mechanics who could teach the migrants to repair their cars. Students also have close contact with the entire migrant family, sharing meals and socializing with the community.

Students and migrants live in 9 by 12 plywood shacks, sleep on wooden bunks, and share one drinking fountain and bath facilities with eighteen or more people. "There is all the privacy

of a goldfish bowl," comments Kilpack.

At the end of the day workers walk around camp, eager to socialize. Even though the day is long, students look forward to that time of sharing. "They gain an appreciation of cultural differences and an awareness of the Chicano extended family concern," says Kilpack.

This will be the sixth summer the North Plains program, serving 19,000 migrant workers, has been operating. Students who are interested should contact Bennett Kilpack in Building 13, room 216. A five hour training meeting will be held at the College of Notre Dame on May 15, from 10 a.m. to 4 p.m. The program will run from June 12 through August 6 and offers six units of credit.

"We find the students who go up there return more self-actualized. It gives them a depth of understanding of rural America. And they come back knowing if they want to work with people," concluded Kilpack.

Women Psychics Cited

by Doug Thompson

Journalist Wanda Sparr presented a lecture on women psychics on April 29 which was well-attended in room 119, building 13. The discussion of noted women included mentions of women's rights, the women's movement and psychic experiences of various women as well as reincarnation.

The most astonishing psychic discussed by far was one Rosemarie Brown. She claimed to receive classical music dictated to her by dead composers. She was poor with little education and certainly no classical music training herself. She claimed Franz Liszt dictated 200 new compositions through her. She also received new compositions by Chopin. She has been studied by Life Magazine and the BBC.

Another intriguing woman discussed was Ann Armstrong. She had severe migraine headaches and under the influence of a hypnotist, became hysterical. Under the hypnotic influence of one Dr. Hickman she found herself reliving an earlier incarnation in which she was a protege of Julius Caesar who was tortured to death.

A look at the field of psychic healing must include Catherine Kuhlman. Some people have apparently been helped. When touched by her some of the patients flop over on the floor which she calls going down under the power.

Olga Worrall is a faith healer who absolutely refuses to take money. Slides of fingerprints taken before and after reveal unexplainable differences before and after treatment.

A leading feminist of her time was Victoria Woodhall who espoused suffrage for women and free love having a number of lovers herself.

Helene DeBloski, raised in Russia's upper class, ran away from an arranged marriage at 17 to join the circus as a horseback rider. Helene touted the idea of reincarnation before it became well-known in the West.

A noted British woman who was mentioned was Eileen Garret. She became wealthy from publishing and was affiliated with the British College of Psychic Research. When she

came to the United States she encountered a farmer who complained of moving objects in his house. The farmer's wife and mother of his two sons had recently died, and the farmer begged Eileen Garret to communicate with the spirit of the mother. The mother's spirit expressed displeasure with the two sons being cut out of the will. The polargeist problem was solved by moving the two sons out of the house and giving them their inheritances.

Another psychic, Edith Twigg, had a vision when her husband was at sea. She psychically foresaw the D-Day invasion and realized that her husband was going to be injured but not killed. Later he returned from the invasion with a bandaged head.

Mira Richards was a leading feminist who wrote, drew, and had political interests which put her way ahead of her times. She accompanied her diplomat husband to India where she recognized an Indian psychic named Aurobindo from a childhood vision. Mira Richards then stayed at the Ashram Holy Center where she died at the age of 95.

The woman who presented the lecture, Wanda Sparr, became interested in psychic phenomena after having an out-of-body experience when she almost drowned in a swimming pool. She saw herself above the pool looking down at the others swimming. Since then she has done extensive investigative reporting of psychic phenomena, after-death experiences, and out-of-body experiences.

Guide To Future

Questions about your future? The women's program presents a brown bag lunch and group counseling session on May 14 from 12 noon to 1:30 p.m. in Building 13, room 210. WREP Counselors will assist all women's program students and friends with courses, majors, and graduation requirements.



These migrant children are eagerly waiting for this year's influx of dedicated Canada students who will serve as their teacher's aides, day care helpers, bus drivers or swim instructors.

Colt Netters Capture Title

For the second time in the last three years the Canada Tennis team captured the Northern California Dual team championship.

The first step in the Colts quest for the title was a semi-final match against the Golden Gate conference champions, Foothill Owls. Even though Canada had already defeated Foothill twice during the regular season, the Owls were rated a very big threat as they were a much improved team from the first time these two archrivals met.

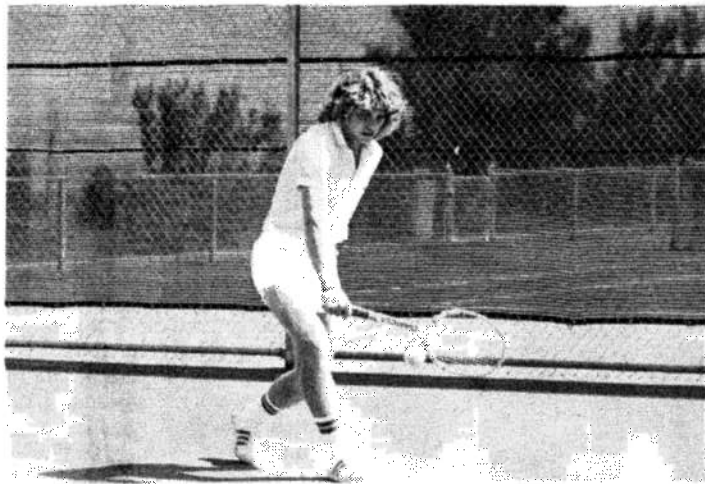
The match proceeded as expected as all the individual matches were tense, close battles. After the first five singles matches had been completed, Foothill had a 3-2 advantage and appeared to be in command. This left the last singles match in progress (No. 2 singles) as the pivotal one of the match. Fortunately for the Colts they won it on the clutch performance of Matt Iverson.

Down 5-6 in the final set Iverson rallied to win in a tie-breaker (5-0) and tie the team score at 3 all. According to Coach Rich Anderson "this gave the whole team a tremendous lift going into the decisive doubles."

However the heroics didn't end there as in the key No. 3 doubles match the Colts' Pat Tool sprained an ankle, but managed to shake it off and comeback to play great tennis and lift he and his doubles partner Tom Nagel to win the clinching match, final team score Canada 6-Foothill 3.

The following day against American River (Sacramento) it wasn't quite so tough for Canada as the Colts won five out of the six singles to wrap up the match and the Northern California Title.

Also last week the Colts par-



The Colts' Matt Iverson captured the big win against Foothill.

ticipated in the Northern California Tournament. This is a tournament held to determine individual representatives from Northern California to participate in the prestigious State tournament.

Showing it's great depth, Canada had four out of the eight singles players to qualify from Northern California and two of it's doubles teams. Highlights of this tournament were Colts Stoney Anketell and Tom Nagel. Anketell pulled off a big win when he beat Foothills No. 1 player

Doug Swallow. Nagel also had an excellent win as he beat Jim Harper from West Valley. Swallow and Harper had been expected to be two of the top contenders for the state singles title.

Today in San Diego The Colts face San Diego J.C. for State Dual team championship. According to Anderson, "We must be looked upon as the underdogs as San Diego has an awesome team plus the fact that the match is on their home courts."

Film of Ghandi's India Here Today

"Waves of Revolution" by Anand Patwardhan a movie concerned with the Ghandian Movement in India's Bihar state will be showing room 103 bldg. 13 on Thursday, May 20 during the college hour. Following the

movie, Anand Patwardhan will be speaking on the status of India since marshall law has been declared by Indira Ghandi and its effects on the makers of the film, many of whom are currently in jail.

ECKANKAR Promotes Mind Trips

Religion has always played a role in the development of mankind. Religious orders vacillate in popularity, and man, in order to find a new religious experience must sometimes go back in time and re-discover the old to find something new.

Presently many of the very old Eastern religions have risen to great popularity. Buddhism, Hinduism, Transcendental Meditation all enjoy a surge of new growth in this country. Into the widening breach of western religious culture march the believers in ECKANKAR, the ancient science of soul travel.

There is no easy way to try and explain the fundamentals of any religion. ECKANKAR is almost impossible to explain. According to it's followers ECKANKAR is an experience to be felt by the individual. ECKANKAR leaflets state: "ECKANKAR is the most ancient religious teaching known to man. It is not yoga, philosophy, metaphysical system or an occult science. It does not use drugs, hypnosis or other artificial means of consciousness expansion. It is simply the natural

way to God Realization via soul travel.

"Soul Travel is the art of shifting one's attention away from the material worlds into the worlds of true beings beyond energy, matter, time and space. Through the spiritual exercises of ECK and the inner guidance of the living ECK Master, one proves, through his own experiences, existence beyond the physical body, and begins his journey back to SUGMAD, the source from whence he came. This breaks the cycle of karma and reincarnation and finally leads him into the God Realized state," continues the leaflet.

The essence of ECKANKAR seems to be the expansion of one's inner consciousness. In the expanded consciousness there are several plains, each plain accompanied with a sound and a light of its own. Paul Twitchell's book "The Tiger's Fang" takes the reader to and through the expanded plains of one's mind, each plain more astounding than the one before.

ECKANKAR followers Sandra Stable and Tony Stone recently

held an information lecture on ECKANKAR at Canada. Ms. Stabler describes ECKANKAR as "an individual path, not dependent on dogma, or attending church." She states that ECKANKAR has "given me an incredibly better sense of humor, things are not as crucial. I can laugh a lot more."

Stone, an ECKANKAR teacher, who has experienced visions as a normal occurrence, emphasizes the individuality of travels of the soul. Individual experiences are not usually discussed as not to influence others. "Each individual travels a different path to his own religious experience."

ECKANKAR claims 30 thousand members worldwide. Money to support the movement is derived from the sale of books and contributions. Membership and lessons in the art of soul travel is \$65 a year.

An ECKANKAR seminar will be held at Stanford's Dinkelspiel Auditorium on Sunday, May 30. For further information write: ECKANKAR, Box 3100, Menlo Park, CA, 94025.

Crafty Chefs Compete

The Canada Connoisseur's club will present the 7th annual Culinary Arts Show on Saturday, May 15, in the cafeteria between 9 a.m. and 4 p.m. Tickets will be available at the door for \$1.00.

The exhibit will include 210 exhibits covering the realm of Culinary Arts. To decorate the tables will be ice carvings, pulled and blown sugar sculptures and tallow carvings which are made with rendered animal fat and bee's was. The food will consist of hors d'oeuvres, pates, canopes, salmon, red snapper, trout, lobster, crab, lamb, beef, turkeys, chicken, capon, and cornish game hens. Table set-

tings will include a full course meal for four people with each course displayed on the table. Desserts will include panoramic Easter eggs, novelty cakes (birthday, wedding, etc.), aspect molds with jello, french pastry and fancy breads and rolls.

The exhibitors consist of students from Canada, West Valley and San Francisco City colleges as well as Menlo Atherton, Sequoia, Capichino, Placer, Marysville and Yuba City high schools.

According to John Campanile, assistant director of the exhibit, it takes anywhere from two weeks to two months for each exhibitor to prepare his or her exhibit. The cost ranges from \$20 to \$100 which comes directly out of the student's own pocket.

When asked what will happen to most of the food, Campanile replied, "most of the food will be thrown away because after being out for two days it spoils." Campanile further explained "that the hard work and large expense is well worth because of the experience in Culinary Arts and Garde Manger."

The judging of the exhibits will be made on Friday, May 14 so the results will be available to the public on Saturday. The judging is determined by creativity, originality, but most of all, overall appearance.

The exhibit is sponsored by the Canada Connoisseur's club, the Food Service Executives Association and Mr. Alec Cline, department head of food technology and voted 'Chef of the Year' by the National Chefs Association. The proceeds will go to the Connoisseur's Club to fund their biannual scholarships to outstanding food technology students and to fund and purchase awards for next year's exhibit.

Graduation Exercises Here

Canada students who will have completed the requirements for an Associate of Arts degree at the end of this semester, are eligible to participate in the annual commencement exercises. These proceedings allow the graduates to stand before their families, friends, and teachers to receive the honors that are justly theirs.

While attendance is not mandatory, it is hoped that all graduates who can participate, will do so. Those unable to participate can pick up their diplomas in the registrars office after July 1.

The commencement exercises will be held in the main theater at 7:30 p.m. on Tuesday, June 15th. Assemblyman Dixon Arnett will be the guest speaker. He has not yet announced the topic of his speech.

Graduating students will receive a letter in the mail which outlines the procedures, and a ticket request form. The bookstore has announcements and class rings for sale as well as caps and gowns for rent.

Complaints Filed

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"She would work well if she did one or the other. She should either teach or run the women's program. But when you take on both of those and manage your own personal life you can't do a good job," observed Wheeler.

According to Sally Peak, former President of the Women's Center there are plans for reorganization in the leadership of the Center. Maxine Koop, secretary in the Student Activities office has been mentioned as possible candidate.

When questioned about the possibilities of her candidacy Koop replied, "It is far too early to comment on this issue."

LeBow, in her letter to the editor in the May 6 WEATHERVANE, stated, "Responsible journalism requires that the reporters writing an article contact, interview or question an individual they are attacking."

When LeBow was contacted by reporters she refused to be interviewed or questioned.