

The Long Valley

Gazette

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Paralegals' Prospects On the Rise

By Donna Simon

What's the fastest growing occupation in the US today? Paralegal workers, a Labor Department study concludes, and you can become one at Cañada College. The study projected a one hundred percent increase in the number of paralegal personnel between 1984 and 1994.

What do paralegals do? According to instructor Laurie Zimet, "Paralegals work under the direct supervision of an attorney, in virtually every aspect of the legal profession. They interview witnesses, prepare legal documents, depositions, and reports, arrange exhibits, and do research."

Paralegals are not legal secretaries. "If you have an attorney who wants them to type, it's a waste of money," says Zimet. "Paralegals should add to the profitability of the firm, by freeing up attorneys to provide advice and appear in court."

Cañada's Paralegal Program offers 26 units of coursework for persons interested in becoming paralegal workers. Upon completion of the program, students receive a Paralegal Certificate. All classes are offered in the evenings and on Saturdays, as most of the program's students work during the day.

The Paralegal Program's curriculum is divided into two distinct sections. Students begin with core courses, eight units of basic coursework, which includes Introduction to the Legal System, and Legal Research and Bibliography. Next they choose 18 units of elective work, including such classes as Torts and Contracts, and Advanced Trial Preparation.

"Paralegal is a popular program," says Jim Hartnett, who teaches Torts and Contracts. Hartnett attended Cañada in 1968, when it opened. "I was a member of the first graduating class, in 1970," he adds. Hartnett heads the Paralegal Advisory Committee, and admits, "I have had fun in every class I've taught here. The students make many positive contributions. They ask questions and respond well to my questions."

Zimet, who teaches the fundamental Intro to the Legal System, also had only positive comments about her students. "They're enthusiastic, appreciative and dedicated. They like the program and they're excited about it."

It's a mutual admiration society for Zimet and her pupils. As we spoke, no fewer than four students approached her, with problems both scholastic and personal. She was courteous and gracious with all. One student even begged Zimet to come and teach a class she was taking from another instructor.

All of the instructors in the Paralegal Program are attorneys. Some, like Hartnett, are partners in local firms. Others, like Zimet, prefer to concentrate more on teaching and writing. She will soon be published in California Lawyer, the official magazine of the California State Bar Association. Her article concerns the individual's right to privacy.

Both instructors would like to see changes in the Paralegal Program. "Cañada is attempting to develop a corps of instructors," says Hartnett. "It takes time, though. We're attempting to meet the students' needs — the program has improved, and continues to improve."

Adds Zimet, "We would like to see the program expanded to day classes. I don't even have an office, or office hours. We would also like to do some job placement. Our people are good."



'L'I' ABNER' CAST MEMBERS Jim Stoney as General Bullmoose and Shauna Harrington as Appassionata Von Climax.

—Photos by Barbara Fruhwirth

In the Main Theatre

Spring Musical Opens March 19

L'I' ABNER and all the Dogpatch gang are set to romp through a delightfully rambunctious spring musical scheduled to open March 19 at Cañada College in Redwood City.

The curtain goes up at 8 p.m. in the Cañada Main Theatre when a cast of 47 unforgettably unique characters take the stage and recreate Al Capp's popular award winning Broadway musical. All the toe-tappin' songs of Johnny Mercer and Gene de Paul will be performed by a top Cañada cast.

The show runs March 19, 20, 21 and 26, 27, 28 with an 8 p.m. curtain nightly.

Directed by Bob Curtis, the musical is presented by the Cañada College Drama Department. Robert Conrad is musical conductor and Cheryl McNamara is choreographer.

Tickets are \$6 for students and seniors and \$7 general. They may be purchased at the door or reserved by calling ext. 271.

Auditions for "The Playboy of the Western World," the Cañada College Drama Department's second production of the Spring Season, will be held March 23, 24, and 25 at 7 p.m. in the Flexible Theatre on the Cañada College campus in Redwood City.

Directed by William Kenney, "Playboy of the Western World" was written by John Millington Synge and has roles for 6 men (20 to 60 years old) and 5 women (ages 17 to 50 years old). It is a heart-warming, ironic comedy about Irish peasant life at the turn of the century.

Performance dates will be April 30, May 1, 2, 7, 8, and 9. Scripts will be provided at the auditions.

For further information call the Cañada College Humanities Department at ext. 336.

The National Shakespeare Company, on its 24th tour out of New York City and sponsored by Associated Students of Skyline College, will present Shakespeare's sharp-witted and hilarious comedy THE TAMING OF THE SHREW at Skyline College Main Theatre on Friday, March 13, at 8:00 p.m.



Julia Jepson as Daisy Mae

THE TAMING OF THE SHREW is a fast-paced, rowdy comedy full of bawdy wit and sharp parley. These familiar elements of Elizabethan comedy have been honed by Shakespeare into a work that scathingly reveals social hypocrisy as much as it entertains. It is a burlesque of adult mating manners. Over the years, many have seen its battle between the sexes as an example of the worst in human nature; others see it as evidence of love conquering all.

Kate is the rapier-tongued bride of Petruchio, a man determined to triumph over her bad temper. He transforms her by denying her even such basic necessities as food and sleep. One gets the impression that the psychology of brain-washing was not unknown to Shakespeare.

Many an intense verbal battle takes place between the lovers. All the while, however, a thread seems to be woven between them that draws them closer and closer. She accepts his unorthodox appearance and behavior at their wedding; he keeps proclaiming how sweet she is in private. Eventually Kate emerges as passionately dutiful wife who sees the world in a benevolent light and holds that a woman's highest mission is to devotedly care for her husband.

According to the play's director, Raymond Marciniak, SHREW can be seen as a portrait of the sheaths we put upon the human need to be loved. "Petruchio and Kate are very much alike," says Marciniak. "That is why they can play their game so convincingly. They are both hiding, trapped inside roles that supported them as lonely people. Allowing love in, they become a couple whose harmony others marvel at."

You may reserve tickets through the Skyline College Student Activities Office, Extension 275 or 302.

Results of Poll

The average person attending Cañada is 21.5 years old, has been at Cañada for one and a half years, and has 11.5 units this semester. This student plans to transfer to a university. He works an average of 27.6 hours a week and prefers Coke to Pepsi.

The ages of people surveyed were from 19-43. This is the first semester for 26%. 72% of the students live at home, the other 28% rent or own their own homes. 50% of students have 14 or more units this semester alone. 84% plan to transfer

to another college after Cañada. Another eight percent are here mainly for special job related courses. The last eight percent are here for self enrichment.

74% hold a job as well as go to school. 38% of these people work 30 or more hours a week.

Our last question was very controversial and evoked a big reaction from a lot of the people questioned. The results stand at 50% prefer Coke, 38% prefer Pepsi, eight percent drink neither, and 12% either. Sorry, Pepsi lovers!

OPINION *Donna Simon*

Let's Ponder Some Obvious Truths

By Donna Simon

Fat girls should never wear sweats. It's just one of those things. You know, you're driving down the street and you spot one, and you say "My God! Why is she wearing *that*? Fat girls should *never* wear sweats!"

Truism — "a statement that is obviously true, and accepted as fact." There are thousands of them. We use them every day. Some are political. "Reagan sleeps more than he works." Some are social. "Three kegs won't be nearly enough."

Okay, back to the political. This is a newspaper, after all. I know, socials are more fun, but "life is a bitch, and then you die." (Some are clichés). Here's one you may not consider as important as fat girls in sweats or the great keg dilemma, but read it anyway. Read it to your mother; she'll think you're politically aware and tell all of her friends. Bear with me now. This one's a little longer.

"A governor who claims to be pro-education, and a legislature which is supposed to protect the future of California must *never* take money away from schools."

Don't go away. I know what you're thinking — "Jeez! Another stupid editorial about the budget. Okay, that's basically where we're headed here. But what the hell, it's better than your philosophy book."

My journalism teacher says students aren't interested in articles about the budget. It's a real kick in the ego to find out that people aren't fascinated by every symbol you etch onto a piece of paper, but in my heart I know he's right.

"NEED TO KNOW"

After our first issue came out, he wrote on the board "Want to Know" and "Need to Know," and categorized each of our stories under one of the headings. The budget fell under the latter. He's right again.

PEOPLE *Michele Duren*

'Mr. Mayor' Lets You Know What He Expects From You

By Michele Duren

There are shelves overflowing with books covering every wall. Papers lie in stacks on the desk. There are a number of knick-knacks scattered among the debris. For some, these would be difficult working conditions; but for Dick Claire this is the only way. He refers to himself as the "original absent-minded professor."

Claire has been teaching at Cañada since 1973. He earned his AA at CSM, his BA in accounting at San Francisco State, and his MBA in finance at the University of Santa Clara.

Not only does Claire teach 15 units at Cañada, he also teaches accounting classes on the graduate level at Golden Gate University.

Claire is one of Cañada's most popular teachers. A former student says "He is easy to talk to. He really lets you know what he expects from you in his class." Most of his students agree that his humor definitely adds to his class.

"His open sense of humor makes it easier to understand the concepts that he is trying to get across," said one student. Other students found his "practical experience" a valuable tool in their educations.

Student Nicholas Chung says, "He's always willing to help the students who are having trouble. I give him an A+!"

Claire became interested in government when the city tried to take his house away. He went to a city council meeting to try to fight the acquisition, and was given a mere two minutes to speak his piece. As if that wasn't enough, the people on the city council were very rude to him. He believes that anyone in a public office should be courteous to people unless he or she is treated unfairly.

Claire was appointed to the planning commission in 1978, after the proposal of proposition 13. "I'm a tax specialist and could plainly see that the only people that would benefit from this would be the wealthy landlords." This bill was the last straw.

Claire was elected to the city council in 1982 and was made mayor in April of 1986. He is also the chairman of the council of mayors, making him "mayor of mayors."

Claire wants to speak on the people's behalf. He does not agree with a lot of the ideas in today's government. When asked what changes he would make if involved in state government, he replied, "Funding formulas. California community colleges are caught in a major funding squeeze." He claims that "Governor Deukmejian doesn't give community colleges any financial support because he thinks their students are goof-offs that can't make it anywhere else."

This is a very strong issue with Claire since he feels so positive about community colleges. "George (Deukmejian) just doesn't understand." From personal experience, Claire knows that community colleges are a second chance for many people.

The other thing he would change would be over administrating. "There are more people being paid to do nothing at colleges." His friend Dr. Miller went to Oxford for six months. Upon returning Claire asked him about the administration. "Administration? The administration consisted of one dean for the students and the president of the college," said Miller.

He feels there are a lot of superfluous positions. The money being used to pay these extras could be going to a better use. Claire says "There is a great lack of concern among the administrators."

Claire doesn't have any concrete plans to climb the political ladder. "If the opportunity arose, there are several positions to consider: county board of supervisors, state assemblyman, state senate, and congress." Frankly, he says "I would rather teach; it is more worthwhile."

The worst part of being mayor is the stress. Claire, however, thrives on it. "Redwood City is such a diverse, dynamic entity, it can create a lot of



—Cartoon by Eric Polster

You need to know that your governor is strangling your schools. You need to know that community colleges face bigger deficits every year, and that the light at the end of the tunnel grows dimmer every time the governor submits a new budget proposal. You need to know that unless someone begins to stand up for community colleges in Sacramento, 4200 Farm Hill Blvd. will be the home of the Cañada Condominiums.

WHY WORRY?

I suppose it's a matter of proximity. Not physical proximity, but temporal. None of us really plan to be here more than a couple of years, so why worry about it? Because sometimes we have to think about more than the little microcosm we call our world. No, not that show on Thursday nights.

The future of Cañada College, indeed all community colleges should be important to anyone planning to make California their home. Or anyone who has received anything from the state of California. Like an education.



Dick Claire

problems in itself," he says. "It has been a difficult first year."

Claire is a people person. He says that being in government gives him more power for the people. Chances are, he says, he won't go all the way in government because "I'm an open book. I speak my mind and if I don't want to answer a question, I won't. Everybody knows this."

When Claire discusses his family he says "They haven't had to make any real sacrifices." He attended night school for 16 years to earn his degrees. "They are used to me not being home at night."

Since he is Sequoia High School's Frosh-Soph baseball coach, he sees his younger son every day. He has coached his son's teams for eight years. "I wonder sometimes if we see each other too much," he laughs.

With his oldest son teaching at

Continued on page 3

Activities Are Way to Learn From Others

PRESIDENT'S CORNER

Bob Stiff

A few years ago, graduating seniors at Stanford University were asked what they felt was most important to them in their four-year stay at Stanford. A majority said they felt that they had learned the most from their socializing. That may seem like a shocking answer, particularly given the cost of education at Stanford University. One assumes that they also received much of value from their instruction, but clearly learning a lot from one another was very important to them. One of the ways to learn from others and at the same time feel more a part of a college is to attend some of the College's activities.

Now that spring is just about here, and you've got your feet on the ground academically, I'd like to encourage you to take advantage of the activities offered at Cañada College. For example, the musical, "Li'l Abner," will be playing on two weekends, Thursday through Saturday, March 19-21, and again March 26-28 in the Theatre. This musical will feature plenty of good music, song and dance. (I advise you to get your tickets early, for they always go fast.)

The baseball and tennis teams are off to a fine start this year and you'd enjoy watching some of the games and cheering for Cañada's athletes. Game days and times are listed in the Weekly Bulletin.

The Noon Forum is held the second Wednesday of every month and features many fine faculty presentations on interesting subjects.

The Associated Students of Cañada College work hard to plan interesting dances and other activities. Again, you should watch for notices.

I have engaged Assemblyman Tom Hayden and former Congressman Ed Zschau to speak at Cañada this Spring; the dates will be announced soon. Also, on Monday, March 30, Ms. Connie Palladino, who has just been selected by the Governor to serve on a panel dealing with the development of self-esteem, will speak to Evening College classes at 7 p.m. in the Theatre. This is an attempt by Dr. Foat and the Evening Advisory Committee to get evening students more involved in the College by attending a presentation as a group.

If you don't attend any Cañada events, I am sure you will look back years later and ask yourself why you remained so aloof when so many opportunities to grow outside the classroom were presented. You are receiving fine instruction and support services at Cañada College; the next step is to get involved in the College's many activities. You'll enjoy them and you'll meet some interesting people.

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CLAIRE

Continued from page 2

Cañada, and his daughter-in-law working here, there is a lot of time to see them. His daughter goes to school at Hayward State University.

Claire says his wife is very supportive. "She doesn't mind me being busy. She enjoys the political scene."

Claire says he has always led a busy life, so his family is used to it. He has learned to budget his time wisely. He spends 65-70 hours per week working, 45 hours teaching (not including correcting) and 30-40 hours for city council. He still has to find the time to correct 2108 pages of homework a week and for coaching, and try to have some spare time.

When he does get some free time, Claire likes to play the guitar, paint, put together model airplanes, sail, and backpack. He has been interested in judo for 18 years. The one thing that he can never find the time for is "keeping up the yard." When his term ends, a year from April, he plans to attack this problem, unless something else just happens to come up!

When asked about his "nice guy" image he laughs. After taking a few minutes to think about it, Claire says it is just because he cares about people. He admits he hasn't always had this reputation. At one time, he was actually nicknamed "Hatchetman" by some business associates. "I'll treat everyone the best that I can and I expect it back but if I get stepped on..."

This is difficult to swallow when you see all the sentimentality around his office. "Hatchetmen" don't usually keep the birthday balloons given to them by their daughters in November. He admits they mean too much and he can't throw them away.

Claire wants students to know that nothing is impossible. "I came from a difficult background. The emotional support was there, but the finances weren't. Too many students use this as an excuse for failure."

Who would believe that the same Dick Claire that barely graduated from high school would turn out to be mayor? "It doesn't matter how you did in high school, you can always start over," he says. He feels that community colleges are a great place for that second chance. "They are financially practical and just as good."

More than anything Claire wants people to know that "It is really never too late!"

OPINIONS WANTED

The LVG is looking for students with an opinion or students to provide some input to our newspaper. We're looking for the creative pens of our student body.

Do you feel one of your instructors is the greatest and deserves credit? Or even if you feel a tree is out of place, send in your editorials.

For those of you who feel you have a budding cartoonist in you, we're looking for you, also. Cartoons would be an important addition to the LVG as they can express humorous as well as serious points-of-view.

To all who are interested, submit your letters and cartoons to rooms 18-106 or 3-211.

She Has Found a Place

By Michele Duren

Christina Ah Fong found her voice in student government last semester. Though reluctant at first, she feels she has found a place in student government and wishes more students would take an interest.

Ah Fong is a graduate of Woodside High School. She presently carries 14 units and hopes to transfer to a local University. She is majoring in social psychology and plans to work with troubled adolescents.

Ah Fong became interested in student government when a friend suggested her for one of the open senator positions. She says "I was more than a little apprehensive; I didn't have a whole lot of ideas or know what to do."

Apparently she found out what it was all about, because she is back for her second semester as a senator.

When asked what she would like to see changed in the student government Ah Fong says, "I would like to see the people get more involved. Students should take advantage of their opportunities."

She says "The ASCC is much more organized this year." She also says that she can't stress enough the fact that the ASCC is an asset to the students. "There is a lot of cooperation among the members. Everybody gets along with each other as people." She thinks that the success is mainly due to people being able to work so well and give other people their support. "If there is something that has to be done, it gets done."

Ah Fong feels the only problem facing the ASCC is students not wanting to get involved. The ASCC is short three senators and always can use

PEOPLE

Michele Duren



Christina Ah Fong

more commissioners. Commissioners have all of the senator privileges, but are not allowed to vote and don't have to attend the meetings.

"Nine out of ten of the teachers are very supportive," says Ah Fong. She is very pleased by the enthusiasm of the teachers. "There isn't that big gap between the teachers and the students like in high school. I enjoy being treated like a human being."

Everybody that I asked said the same

thing, "Christina is a real nice person." The other members of the ASCC said Ah Fong is "easy to work with because she's open to other people's ideas and comments." She gets more done by not making herself so obvious. "She is kind of like the devil's advocate but in a positive way," says one ASCC colleague.

Ah Fong is a strong student. "I take school seriously, but I don't always put as much effort into it as I should." She says her grades have improved since she got to Cañada.

"I moved around a lot as a child. I went to at least ten different schools before Woodside. I switched from parent to parent," says Ah Fong. This is probably what motivated her to want to help other kids. Ideally she would like to open a center for troubled or abused children. She feels politics is a good place to start. She is interested in helping emotionally disturbed or sexually abused children. She is considering being a counselor or a junior probation officer.

Ah Fong would also like to get involved with sexual education. "There is a great need for knowledge in this area. You are so naive and ignorant when you are twelve, but you think you know it all."

Ah Fong has set a lot of goals for herself in the future but for now is happy where she is. She plans to stay at Cañada and be involved with the ASCC for at least another year. She encourages people to use their voices in student government. "ASCC is not an exclusive ski club or anything. Everybody is welcome," she says. Ah Fong says she is lucky she got involved. "There is a lot more to an education than history and math."

Tutorial Center Offers Free Help

By Robbie Fencyes

Tucked away in the corner of the campus, beneath the Library, sits the Cañada College Tutorial Center.

The Tutorial Center, a room filled with tables and chairs, and students and teachers, a very basic set-up, has been run by Al Archuleta since the program began in 1970.

The program offers free assistance to all Cañada students in all subjects. The Center tries to assign tutors for specific subjects and also offers jobs to qualified students. Tutors are found in several ways. Faculty at Cañada help out with recruiting, handing out and distributing flyers throughout the campus for available positions. The number of tutors fluctuates, but there are anywhere from 50 to 100 tutors.

Requirements to be a tutor are few, but in order to be eligible, one must be a Cañada student, have a B (or better) grade point average, and have instructor approval. Students enrolled in a class can be hired for a tutoring position in that very subject.

The Center is currently open 8 a.m. to 4 p.m., Monday through Friday. "There is only a day program, regrettably," says Archuleta. "The number of students really fluctuates. We normally have 50 per hour, but never over-crowding. Sometimes, certain hours are just slow," states Archuleta.

In a five-year study, the Center found that one hour per week increased the academic success of students by one or two grade points. Archuleta says the



Photo by George Raymond

Center looks to develop a commitment. "We try to develop more than just work; we can help develop study habits, if necessary." The priority of the Center is instruction on a one-to-one basis. The mid-term is really the cutoff point to help students. In order to stay with the program, students must attend. If the first three appointments are missed, it is considered a drop.

The Center is normally busy. "We see a real commitment from the students," says

Archuleta. "There is a real interest, a real need for the Center." The Center runs on a first-come-first-served basis. It is a matching program where the tutors are matched with students. Archuleta suggests that if you suspect you need help in a subject, sign up early. Anyone can get help through the Tutorial Center. Students may pick up applications and information at the Center in Building 6, Room 12, or you may get in touch with Archuleta by calling extension 357.

New Addiction Found on Cañada Campus

OPINION

Lisa Chang

—Gradually will these buds resume to self acceptance or linger on in more narcissism?

I see it in the air. Everywhere I roam I see it. I smell it. I feel it. It has become an addiction to conceal teenage insecurity on Cañada's campus. Instead of priorities set on higher education, these bone heads are only concerned with modeling

stylized yuppies who superficially "have it all" in their pocket books. Perhaps their parents "have it all," but these kids, straight out of high school, who have led privileged lives thus far, don't know the first thing about dedication and hard work. In the midst of late childhood development, these teens are hindered by unbalanced hormones, sexual identity problems, and the big question in this day and age, "Who am I?" However, instead of searching for meaning and truth in life, these "image incorporated trendies," have a difficult time studying, and preoccupy themselves with the petty pursuit of unprecedented materialism.

For bubble-headed girls, fresh out of

high school, agonizing on the right dress to wear to match their natural skin tone is more important than academic concentration (discipline). Their reflection in the mirror, whether satisfactory or a disappointment to them, is all they "think" they have going for them — a sad story. Extremely critical of themselves, and how they relate to the world, they base their self worth entirely on superficiality and their sex appeal.

Unfortunately, this "affected syndrome," is not exclusively a female problem; the young male population also has been infected. With their testosterone levels at record highs, these young boys attempt to perfect their bodies —

spending hours working out. Unfortunately, such discipline, more often than not, does not pay off. Take for instance, this young fella I know on an acquaintance level. He is hung up on this trendaholic girl, with every hair, and make-up in place, who smokes a cigarette outside of building 13 every morning at 10:00. His extreme self-consciousness and insecurity (all teenagers face in new situations), stifles him to act on his gut instinct and approach the cute girl. Though he doesn't know it, the cute girl is also interested in the handsome fella who looks her way everyday. How long will it take them to "get over themselves" and risk?

New Health and Fitness Course March 17

"THE HUMAN MACHINE", a special physical fitness course jointly sponsored by Cañada College and the U.S. Geological Survey, will be taught at the Menlo Park City Council Chambers beginning Tuesday, March 17 at 9:45 a.m. and is open to the public. To register, call (415) 364-8229.

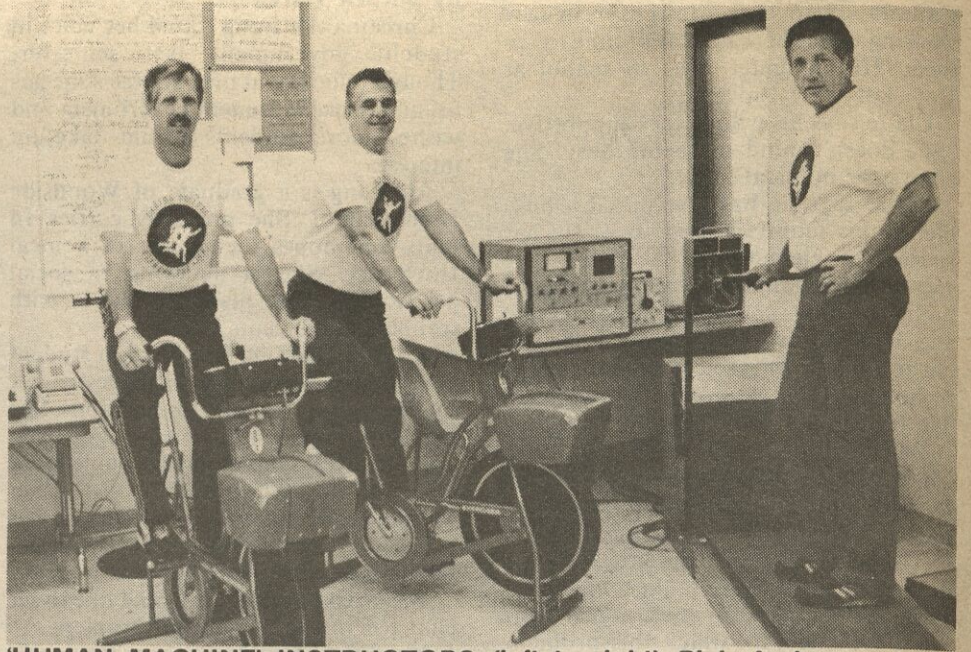
This highly-acclaimed program provides an in-depth INDIVIDUAL HEALTH PROFILE and a series of lectures regarding nutrition, exercise, injury prevention, coronary care and stroke prevention along with a blood test and fitness test. These various topics and activities will be presented during eight two-hour sessions the mornings of March 17, 19, 20, 24, 26, 31, April 2 and 7.

Alice Bond, Director of Cañada College's Management and Training Institute, states, "This year the course is available for 100 participants. As a result, registration is open to the public, and special invitations have been provided to employees of the City of Menlo Park, Lane Publishing, A.C. Nielson, Allstate Research and Planning Center, Consolidated Freightways, American Hardware Mutual Insurance, and the Menlo Park Fire District due to their

close proximity to the Civic Center; however, individuals and employees of other companies are very welcome to attend."

Gale Fullerton, Employee Relations Specialist at the Geological Survey states, "This same course was presented exclusively for Geological Survey employees last year and was invaluable for those who attended. The employees received not only important health information but also practical feedback regarding their current physical condition. Furthermore, the staff from Cañada College presented the material in an interesting and well-organized manner."

"THE HUMAN MACHINE" is conducted by highly qualified professionals including Rich Anderson, who will speak on cardiovascular fitness and the reduction of known risk factors for heart attack and stroke. Sally McGill will explain how to nourish the human machine, while Jo Silkin (Trainer for the 1984 Olympics) will talk about flexibility, stretching, and how to reduce injuries. Sam Nicolopolos will assist in interpreting heart disease profiles and



'HUMAN MACHINE' INSTRUCTORS (left to right) Rich Anderson, Sam Nicolopolos, and Silvano Vial.

Silvano Vial will outline a sample fitness workout. Dr. Belson Weinstein, specialist in preventive medicine, will conduct the blood test and analysis.

Registration for "THE HUMAN MACHINE" can be made by calling Cañada College's Management and Training Institute at 364-8229.

Good Hit, Good Pitch in Colts' Win

By Shellie Terry

The Cañada Baseball team had seen better days than the ones they witnessed during the Times Tribune Tournament. The tournament only lasted two days for the Colts, but that was long enough.

In the first game against West Valley College, the Colts seemed to be headed in the right direction. With good pitching and timely hitting, Cañada beat West Valley 12-5.

During the second game Cañada was leading CCSF 3-2 in the top of the eighth inning. Then the roof caved in. With no outs a CCSF batter laid down a bunt which Cañada's third baseman threw into right field. The relay was then thrown

over third base and the bunter scored. CCSF went on to score six runs in the eighth inning to beat Cañada 8-4.

That same afternoon Cañada met Marin College. The Colts did not seem able to regroup after the game against CCSF.

"Our emotion was as flat as a board," said head coach Mike Garcia.

The Colts lost 5-1 to Marin and were eliminated from the tournament.

Despite the Times Tournament, the Colts seem to be continually improving.

Ron Nocetti, who transferred from USF in January, has proven to be a nice surprise filling in for the Colts' regular center fielder Terrance Batiste who

suffered a knee injury.

"Since Ron got here in January I hadn't seen him play much," said Coach Garcia. "But he is doing very well in the lead off spot for Batiste."

The team's pitching is also looking up. Cañada's ace, Ron Bush, is 3-0, and pitchers Todd Wolger and Jaime Theisen seem to be making a stable place for themselves on the Colt's pitching staff.

"(Earlier) I considered the pitching staff a big question mark," said coach Garcia, but Todd and Jaime are throwing very well and are now proven pitchers."

Troy Jackson, the Colt's designated hitter, has also made some improvements. Since the fall, Jackson

and Gardia have been working on the DH's batting stance which they have changed five times.

"I used to have a closed stance and I was picking up the ball at an angle," said Jackson. "Now I have an open stance and I can see the ball totally. This stance also allows me to identify pitches much better."

In their first Coast Conference league game on March third the Colts blew away Hartnell College 20-2.

Ron Bush started for the Colts and threw for six innings, giving up four hits and one run.

Things are looking up since those gloomy tournament days.

Kilpack Speaker At Forum Feb. 25

By Lisa Chang

The "have it all" syndrome was highlighted at the Student Faculty Forum February 25.

The key speaker, Dr. Bennett Kilpack, a clinical psychologist and highly regarded professor at Cañada, led a student and faculty discussion on the problems facing the American families. Dr. Kilpack blames the rising problems of disunity in American families on the "have it all" syndrome, the notion that we need to "have it all" in terms of happiness, success, education, and money, without proper perspective. "The major problem between teens and parents is the inability of parents and teens to set clear goals," he said.

Another problem he equated to the American family was their preoccupation with "simplistic solutions." Calling most Americans "hedonists," Kilpack believes many American families have little patience coping with their problems, and expect miraculous overnight solutions. Thus, Kilpack believes that the key to solving parent and teen difficulties is the ability to cope with change effectively, to open up communication, and "understand the concept of shared power. Parents should become their teenagers' peers," he said — indicating that parents should not get strictly locked up in an authoritarian role towards their teens.

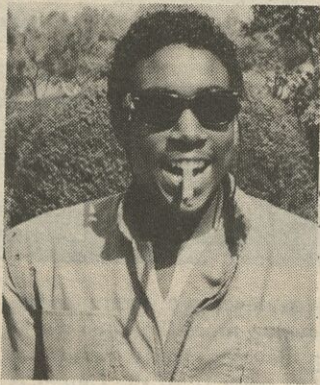
Also Kilpack talked about the benefits of humor to provide some means of "comic relief," desperately needed in tense family situations. In closing, Kilpack gave some sound advice to concerned students and faculty. "Good humor always has a balance of compassion."

Question Man

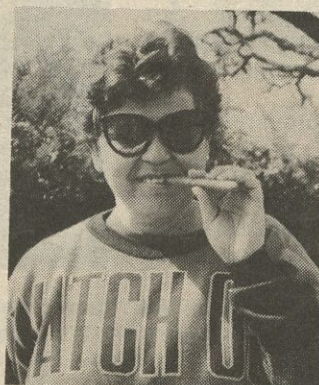
by George Raymond

"Do you oppose the Meese Commission's random underwear check on college campuses?"

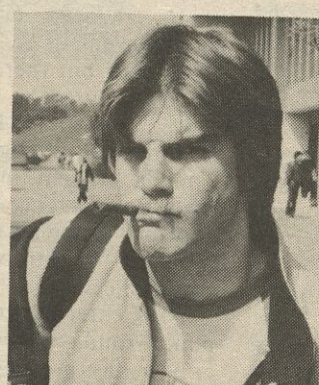
(all participants received a complimentary cigar)



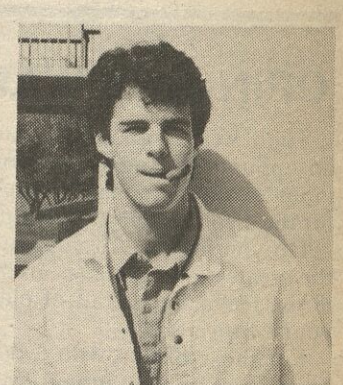
Kevin Bennett - Business Administration
"I couldn't agree with it more. Cleanliness is a big part of my life. As I have always said, "a clean serotum, is a happy serotum."



Carmen Saucedo - Undecided
"I disagree. Whether or not I wear underwear is a private matter. Everyone should be responsible and concerned about public health. Yes, I'm wearing some now."



Michael May - Undecided
"I would definitely oppose such legislation. There are worse problems that should receive more attention. Yes, I am wearing underwear. Standard white."



Chris Smith - Undecided
"The government has no place in my underwear. Hell yes, I wear 'em. Blue."



Chris and Craig Finetti - Undecided, but will take best suggestion

"We would oppose the current legislation to check for clean underwear for national security reasons. It's a place for our many secrets and we would not want it to be revealed."



Anita Cubukkeryan - Graphic Design
"How would checking the (underwear) change anything? I am proud of my personal Hygiene and have won many awards and plaques to prove it. Yes, I'm wearing them now. White, plain white."



Karina Alfaro - Auditor
"Porsupuesto que lo usaria me siento mas segura. Y talla mas el vestir. Lo exisenaria para darle mas seguridad. Que si los tengo Y uso."



Alicia Bleisae - Administrator specialist
"I'm against mandatory anything if it concerns a government investigator. What would they do with the information? Publish it? Would lives be threatened or hurt as a result? Yes, I'm wearing underwear. Grey."

Free Breast Self Examination Day
Wednesday, March 18
9:00 a.m. - 2:00 p.m.
Health Center