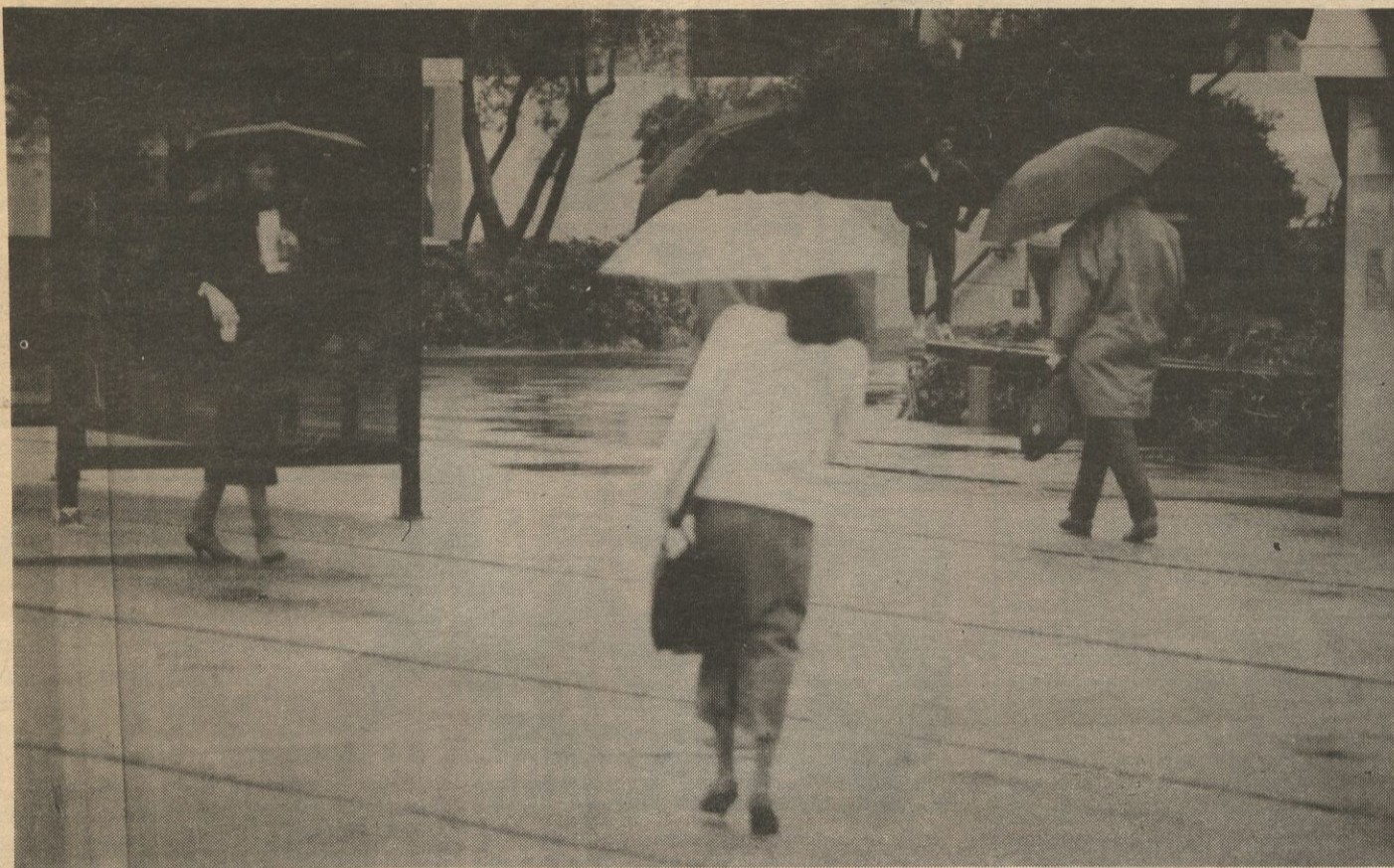


# The Long Valley Gazette

Cañada College • Redwood City, California

Volume 5, Number 5

December 11, 1987



Headed for class, or the 'caf' for a hot cup of coffee?

## 'Winter Is Icumen In'

By Dan Caracciolo

It's finally here. Winter. Some people see it as the beginning of ski season, others see it as the end of the year. Still others view it as a gray, dismal time and others see it as a time for joy and rejoicing. Whichever way a person feels, winter has literally come down on us.

For the past few weeks, rain has hit the Cañada campus and has hit it hard. No longer do you see people lounging around a bench in the courtyard or sitting around the fountain. What you do see are people running from one building to the next to try and get to their class which is across campus. There are various routes people take under these circumstances. Here are the most common routes taken by Cañada Rain Runners (CRR):

1) From the Cafeteria: Getting to building three is open country. To stay your driest, just run like crazy with some shelter over your head. Good Luck!

Getting to building 13 is not as bad. The CRR can cut through building 8, the administration building, and make a short sprint to the bottom of building 13 and climb the stairs. Good Luck!

Getting to building 16 is more of a challenge. Not hard for a CRR, though. Go to building 8, cut over to building 13. Proceed to the middle level, walk north to the other end of the building, walk back down the steps and make a dash to 16. Piece of cake—Good Luck!

If getting to building 16 is easy, so is going next door to building 17. Take the same route through building 13 until you hit the

bottom stairs at the north end of the hall. When you get outside, run up the stairs on the outside and do your CRR sprint. Good Luck.

Building 18 is very easy, now. Go to building 17, walk along the side until you hit an overhang. Walk underneath it and there you are. Good Luck.

2) to get anywhere else on campus, use the instructions just given and twist them around. Good Luck.

3) If you don't care about getting wet, use the special Eldon Earnhardt method. Put on your Indiana Jones hat with your bifocals on and strut across campus. Good Luck.

When a CRR finishes a run, they always look back at their conquest to see how

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## Christmas Toy Roundup Organized by Latin Club

By Azcarate Marcos

Do you have a toy at home that you don't use any more? If you do and don't know what to do with it, don't throw it away because Cañada Latin American Club, for the first time, is organizing the Toy Drive Program.

The objective of this program is to collect toys, either new or used, which will be given away for the Fair Oaks Elementary School children. The enrollment of this school, located on Middlefield Road, is considered to belong to one of the poorest sectors of the community.

Those interested can give the toys away in the Associated Students office in the cafeteria.

On Dec. 16 the toys will be given away according to a list given by the president of the college. The gifts will be delivered to the children's house.

Carlos Nequiz, Latin American Club President, said, "In case we have a surplus,

we'll give away the rest of the toys among the other children members of the families."

"Besides this Toy Drive Program, we also want to give the families some information about Cañada College as well as information about the dangers of drug use," Nequiz said.

The Latin American Club asks for participation among the students. "After all, it is not very costly to make a happier Christmas for certain needy children," Nequiz said.

## Variety Show To Spotlight College Talent

By Francisco A. Lopez

On December 18, 1987, Cañada College is having a Holiday Variety Show. The show is filled with talented students from Cañada. Some of the talent will include: dancers, singers, tumblers, magicians, comedians, jugglers, roller skaters, aerobics, and instrumentalists. This variety show is sponsored by the Cañada Dance Club. Admission to the show is \$1 or a toy for a needy child. The show will be held in the Main Theatre at 7:30 p.m.

## Agency Says Make Own Choices

By Terry Chin

With the fear of AIDS prevalent in today's society and teenage pregnancies common, it is pretty safe to say that we have all heard of Planned Parenthood. Although many of us are familiar with the name, its services are not quite as well known.

Planned Parenthood provides information services such as a 24-hour health line (368-7777). The line provides callers with confidential recorded messages about such important issues as family planning and sexually transmitted diseases.

The information that is available at Planned Parenthood is geared towards giv-

ing each person a choice. "Our philosophy here is pro-choice," explained Family Planning Specialist Gina Gallitero. "We believe that both men and women should choose when they want to become parents. Our motto is every child, a wanted child."

Planned Parenthood also provides medical services such as abortion, birth control, and laboratory testing. The fee for each, as in all Planned Parenthood fees, is determined on a sliding scale (ability to pay) basis. Planned Parenthood finds itself in an ideal position to inform the public about AIDS. "We're really getting involved in AIDS," said Gallitero. "Because we are al-

## Plans Underway For College Birthday Party

By Joanne Haug

Cañada is embarking upon its 20th anniversary, which means Celebration! Cañada president Bob Stiff spoke briefly about what is happening. A 20th year planning committee has been formed to organize the upcoming activities. "We've got Ruth Nagler, who's retiring in December as director of Community Education, to coordinate things," said president Stiff. The rest of the committee includes Clayton (Bub) Bowling, Director of Basic & Applied Sciences; Terri Creswell, Public Relations representative; Classic Foat, Director of College Services; John Friesen, Director of Humanities; Judy Inouye, Manager of the Cañada bookstore; and Maurizio Ramos, President of the ASCC.

During the week of May 11, 12, & 13, Cañada celebrates its 20th Anniversary in addition to the annual Spring Festival. So far there have been three meetings and the committee is in the process of gathering suggestions for the citizens advisory committee. "The recognition of the 20th Anniversary will flow through the ongoing Spring Festival events," said president Stiff.

On Wednesday, May 11, a short visual history with photos and slides is being planned. The honoring of local citizens will take place in the theatre from noon to 1 p.m. There will be a celebration dinner dance held at the end of Spring Festival Week. The dance will most likely be on Saturday May 14. Plans are still being made with the hotels, so a definite date and place have not been set. The dinner dance will welcome all students, staff, faculty and local citizens who would like to attend. "No long speeches, but lots of fun. It will be more like a prom," says president Stiff.

Cañada has a lot more to celebrate than just being open for 20 years. The atmosphere of caring and supporting one another is one which promotes growth. Judy Inouye, manager of the Cañada bookstore, says, "Cañada offers many varied resources serving a diverse group of people which is a credit to the college."

Gilbert de la Rocha-Petris, an English Institute teacher (in 1980), once said, "Cañada College is a microcosm of America. Here, there are to be found many heritages, many languages, many opportunities. It is the campus of the new arrival. It is a College that belongs to the community it serves. The students and people who work at the College create the atmosphere and attitude that is recognized as Cañada—Welcome."

"Cañada College es un microcosmo de America. Aqui, se encuentran muchas herencias, muchas lenguas, muchas oportunidades. Es un campo escolar del nuevo Illegado. Es un Colegio que sirve a la comunidad que pertenece. Los estudiantes en el Colegio y las personas quienes trabajan aqui, crean la atmosfera y el actitud que se reconoce como Cañada—Bienvenidos."

### Late Sports

Last week Cañada was the host team at the annual Cañada College Classic basketball tournament. The Colts capped a big weekend with a 90-70 win over Moffett Field in the championship game. Adams, Laese, and Range were named to the all-tournament team.

In the consolation game, De Anza beat Merritt, 95-74.

ready on the topic of sexuality, it is a lot more natural to talk about AIDS here." In fact, each visitor is given two handouts concerning AIDS. Gallitero said that Planned Parenthood will soon have anonymous AIDS testing. "We will be one of 200 locations in the state that will begin testing next year," she said. "All of the testing will, of course, be confidential."

Planned Parenthood realizes the importance of confidentiality to their visitors. Currently, anyone, any age, can come in for a confidential visit.

Planned Parenthood is definitely one of

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# The Long Valley Gazette

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## EDITORIAL

### Some Rules for Holiday Shopping

By JoAnne Corley

"Oh boy, it's that time of year already!" A familiar cliché that I grow to hate more each year. Please don't get me wrong. I'm not one of those "Bah-Humbug" types. I love decorating the Christmas tree, giving (and receiving) presents, and Frosty the Snowman reruns. It's just that the preparation for Christmas is such a pain in the — — —.

It starts, officially the day after Thanksgiving, National Chaos Day. Hordes of people swarm to the shopping malls to do their Christmas shopping. I know that crowd haters such as myself should avoid situations like this, but my desire for great sales overpowers that. I keep myself in order by following three simple rules: 1) Walk in a straight line, not moving for anyone, 2) Don't stop for lunch because you'll get behind, and 3) Only say "charge it" when it's a must have item. I am still having trouble with that last rule; it's a skill that I haven't mastered yet because everything seems like a must-have!

With my trusty rules in mind, I set out, usually with a friend because it's safer to travel in pairs. If I'm lucky I'll find the majority of the presents in one outing, but that's extremely rare. It usually takes several weeks and several trips to several malls to complete my shopping list. It's funny because I always tell myself "I'll start my shopping earlier next year," but I never do.

Men are the worst to shop for. I just never know what to get them. That's when I apply an added rule: When in doubt, buy a sweater.

When I go to bed on Christmas eve, I breathe a sigh of relief because I know that it's all behind me now, and I can finally enjoy the joyous season. And on Christmas day, when I see how happy everyone is with their gifts, I realize that it was worth all the time and money, and I actually find myself looking forward to the next time it rolls around.

### Must be Winter, It's Sweater Time

By Dan Caracciolo

No more shorts. No more mini-skirts. No more short sleeves blouses and shirts. No more leaving the jacket in the car. It is cold and wet and the change of weather is not the only thing changing at Cañada.

Since the heat wave experienced at Cañada a month or two ago, wardrobes have been rearranged. Summer and Fall clothes have been put on the racks for the time being, and the heavy stuff has pushed its way to the front of the closet. Instead of throwing on a pair of bright shorts, a student now finds himself or herself putting on some type of long skirt or pants to keep warm and dry. Not only pants, but possibly a pair of long underwear for those unexpected drafts which wool socks can't control.

Sweaters also seem to be the correct thing to pull over your head in the morning. After putting on the sweater, you become upset with yourself for not thinking about your neck. So, off comes the sweater and on comes the turtleneck. Of course, it has to match your sweater. On comes the sweater again and you are now content. Or are you?

It is appropriate to wear a jacket at a time like this. A nice over-sized jacket. Finally, you put it on and look in the mirror. Suddenly, the thought hits you! "Why am I dressed in dark colors?" O.K. Maybe not all dark; you do have bluejeans on. All set and ready to go to school.

Finally you arrive at school. You think everything is nice and snug. Sitting in your car seat, you get your belongings together to make the dash out of the car and to the classroom. As soon as you open the door, you know your mistake—no gloves. You never wear gloves, but you think, how stupid you were to forget them. Even though you are bundled up and warm, the shock to your hands is enough to freeze you. The door is slammed shut and the sprint to the classroom begins. Once inside a warm relief comes over your body. While sitting down, you feel hot and sweaty. Off comes the jacket, which is long to begin with, and you drape it over the back of the chair with half of it on the floor. During class, a glance out the window shows wind and rain coming down harder. Has the temperature changed in the room? No, but your long underwear just failed to stop a draft anyway. On with the jacket again.

The bell rings and off to the races again with the extra weight your clothes have set on you. What happened to summer?

### Arnold Doing What He Does Best

By Azcarate Marcos

Arnold Schwarzenegger's last movie, "The Running Man," is a futuristic vision of a top rated deadly TV show. Prisoners convicted of horrendous crimes are sent to the show "The running man" as a supposedly last chance for freedom. Bulky gladiators are in charge of eliminating this last chance. But this time they've got Arnold, sent to the show from the prison for crimes he never committed.

Arnold is the perfect man with a perfect body for the perfect bloody show. The city life stops. It is showtime. The audience shouts. People make bets again and again for the professional wrestlers who cannot stop Arnold. Hockey sticks, chain saws, flamethrowers, the most unusual and deadly devices are displayed in order to hunt Arnold down.

But he is a tough cookie, and the audience notices it and reverse their bets. The creator and host of the show turns pale because Arnold is going to make it. At last no gladiator is left and the hero's innocence is proved. But, why couldn't we have guessed that before? After all, he always comes back.

The movie has been designed to watch Schwarzenegger doing what he does best. People who don't like this will find the movie dull and exhausting.

# The Wonder Of Christmas

The Annual  
Christmas Fair  
December 16

Music, gifts,  
holiday grams,  
vendors, and  
Santa Claus, too!  
9 to Noon,  
6 to 8:15 p.m.



## LETTERS

### Reformed Smoker Asks for Action

Mr. Robert Stiff  
President, Cañada College  
4200 Farm Hill Blvd.  
Redwood City, CA 94061

Dear Sir:

I am a student at Cañada College and am currently enrolled in one of the College's fitness programs. I am proud of the physical benefits I have achieved since beginning the course and commend the College for its commitment to promoting a better well being.

I am disturbed, however, by the enormity of on-campus smoking. Furthermore, not only does an institution which promotes both better health awareness as well as higher education not discourage smoking, it permits it in the common areas used by all students.

I am a reformed smoker myself. I kicked the habit seven and a half years ago. I understood well the insidious nature of the nicotine addiction, but believe strongly in the individual rights of those who choose a smoke-free environment.

I urge the College to ban smoking in the hallways and in the cafeteria at least. By passively allowing smoking in these areas, the institution is at odds with its own goals—better health and greater education. As a concerned student and community member, I feel it is within my rights to have access to smoke-free common areas and thereby ensure my own protection from undue exposure to second-hand smoke.

Perhaps action in this manner will encourage more people to kick the social peer pressure and social convenience of smoking. Not only will all be healthier then, but we shall also be wiser.

Respectfully  
Leslie E. French

### Cigarettes Kill

Dear Editor:

How effective do you think I would be as a teacher of physical education if I were 50 pounds overweight? Not Very? Why not? Because people are more apt to follow your example than what you say. Let's take a close look at this psychological phenomena in another context. It's no secret that cigarettes kill people. The diseases caused by tobacco have been well documented: lung cancer, emphysema, heart disease and bronchitis. The dollar cost to society in

terms of medical expenditures, loss of productivity, etc. is also well known. The toll in terms of human suffering is not even calculable.

On a recent stroll across campus I started counting the number of people smoking. Of the dozen or so, six were faculty members and administrators. I was immediately reminded by the latest statistics which show that for every person who quits smoking, a new one appears in the *teenage* group. Face it, folks. As educators, we set an example, an image for young people. More directly we have an obligation to these same young people to dispell the myth that smoking is chic, smoking is macho, smoking is glamorous, smoking is athletic! No one is saying that you don't have the right to kill yourself via smoking if you choose to. But as a living image to young people, recognize your obligation as an educator, and do it in the closet.

Despite the overwhelming statistics which demonstrate the detrimental effects of smoking, new smokers are "born" every day. This bears out my point. Our students aren't stupid. But the subconscious is a powerful tool which Madison Avenue recognized long ago. The cars we buy, the food we eat and the drinks we drink are all images first: G.M., MacDonalds and Coca Cola. There you have it—instant recognition. Closer to home, if a student has a favorite teacher, it is quite natural for emulation to occur. Subconsciously, when Mr. or Ms. "favorite teacher" is observed smoking, all those statistics on smoking, illness and death go right out the window. The new message and the one that sticks is that "Mr. or Ms. Favorite Teacher" is cool, he or she smokes, "smoking is cool." Think about it folks.

Angelo Festa  
Instructor, Physical Education

### CHOICES from pg. 1

the community's most valuable resources. Whether you need information on health or simply a method of birth control, Planned Parenthood can meet your needs.

Planned Parenthood has offices in Daly City, Pacifica, Half Moon Bay, San Mateo, Redwood City, and Menlo Park. Each office has its own hours. If you have any questions, the Redwood City office phone number is 367-1933. It is located on 90 Birch Street.

# HUMOR

## Knowing How Not to Cheat Is the Secret

By Shannon Walker

The art of cheating is a difficult task to master. It takes ingenuity, furtiveness, and yes, intelligence. However, before you can cheat effectively, you must know how *not* to cheat. The following examples are just five of the methods you should avoid.

First, never use a mirror to copy answers from the person behind you, and then forget to reverse the letters. If you do, you'll soon find out there is no such thing as the "revir ippississim."

Second, don't grab your neighbor's paper off his desk and copy it. This will only work if the teacher is out of the room and your neighbor is at least half your size. Also, the teacher would know someone cheated if two papers are the same. If you do use this method, to prevent discovery,

erase your "contributor's" answers and let him start fresh—he probably needed new insights anyway.

Third, don't write the answers on your desk and expect the teacher not to notice—unless of course your teacher is blind. WARNING: Beware of guide dogs that can read!

Fourth, do not use an indelible marker to write the answers on your body unless you really want tatoos that say "E=MC<sup>2</sup>" or "Get thee to a nunnery."

Fifth, and most important, never cheat off of a person who fails roll call or is absent more days than you are. If the only people in cheating proximity fall into this category, you are better off on your own.

If you avoid these examples and use common sense to avoid others like them, you have an excellent chance at becoming a consistently successful cheater. Just imagine the wide range of jobs you'll be qualified for! You could even be a presidential candidate like Senator Joseph Biden. However, if you do get caught, watch for "Five Ways Not to Get out on Good Behavior."

## A Little Smile Goes Halfway

By Lisa Nannini

It happens to almost everybody. Your mind is on something else. You aren't paying attention. Mysteriously, your right leg gains weight, and slowly, the accelerator moves toward the floor. Suddenly, the world you have lulled yourself into is shattered by flashing lights and sirens. You look up in your rear view mirror to find your friend and mine, the local federales. You ease over toward the side of the road sheepishly. What do you do now? Is there any hope of getting out of another wasted Saturday in Traffic School? Maybe. There is no sure fire way of getting away with breaking traffic laws, but there are a few things that can help. First, as soon as you bring your vehicle to a stop, you can get out of your car and meet the officer half way. This can also cover up for the fact that you weren't wearing your seat belt. This simple

action promotes a sense of working together. You met the officer half way, now what? Flash him your pearly whites. A little smile goes a long way, but not always far enough. When the impatient officer starts tapping his boot on the cold, grey pavement, the time has come for a little fast talking. At this point, you know honesty is not the best policy for you. So, stretch the truth a bit, a little white lie never hurt anyone. For instance, you could say, "But officer, I have to hurry home to see the Big Spin. I may win, you know." Or try, "But officer, if I go any slower, my car will overheat. We wouldn't want that to happen. I could cause an accident." As a last resort you could say, "I'm late for a meeting with President Reagan and the First Lady. If I don't get to the airport soon, Air Force One might leave without me." You now look up only to find him scribbling madly in his little black ticket book. He smiles, and hands you that familiar pink piece of paper which entitles you to the "Hamburger Highway" and "Road Pizza" Film Festival, also known as Traffic School. Better luck next time.

## A Teacher Who Cares Very Much

By Joanne Haug

The key to happiness, says Dr. Paul Stegner, "is doing lots of different things so that time goes by quickly." And that's precisely what Dr. Stegner, a psychology teacher at Cañada, is doing, keeping busy. He has been teaching at Cañada for 17 years. When Stegner is not teaching or acting as the Social Science Department chairperson, he takes the time to talk with students.

Stegner is involved in consulting with substance abuse groups and cares very much for the participants. The way he got into this was because of a student in his early years of teaching at Cañada who was a recovering addict. The youngster wrote a grant for a program in Redwood City and asked Stegner to be the consulting psychologist. "The program went on to grow and they developed an outpatient facility, and

that led naturally into my specializing in substance abuse and alcoholism."

Stegner first attended Penn State, where he received his bachelor degree. He had dreams to become a nuclear physicist. Instead, Stegner wound up interested in mental health. "My beginning in mental health was as a dishwasher for a psychiatric hospital in Reedley, California, which is an obscure little farming community in the San Joaquin Valley." He worked his way up from dishwasher to psychiatric aid, then worked in recreational and occupational therapy. Stegner got his master's degree at Fresno State, then went on to earn a doctorate in clinical psychology at Washington State University.

The work situation at the VA Hospital in Palo Alto was more like a family situation, which is why, after getting degrees, he returned to work at the psychiatric hospital

as a psychologist for the visiting psychologists and psychiatrists in the summer.

At the end of Stegner's program he completed a one year clinical psychology internship at the VA Hospital in Palo Alto. Stegner "fell in love with the Peninsula." There was a psychologist at the hospital who also taught at CSM who informed Stegner of openings for teaching. "That was my beginning in the district here. Becoming a faculty member was ideal for me." A year later he came to Cañada to teach. Stegner has since taught just about all the psychology courses offered.

Five years ago Stegner took a professional development leave and used the time at San Francisco State where he took Computer Science courses to further his education. This inspired Stegner to develop a course called Computers and Early Childhood Education. This centers in on work-

ing with children, at nursery, pre school and elementary levels. It teaches basic concepts on computers, micro computers and software. "Everyone should know something about computers and micro computers in this day and age."

Stegner is happily married with two boys (9 and 11) and a step-daughter (23) keeping him busy at home. His wife works at Cañada part time as the Director of the Management Training Institute which consults with business and industry to find out what their educational needs are, and develop courses accordingly. "My nine year old is musically gifted, and plays piano," he boasts, "and my 11 year old likes soccer, baseball and most other sports." Any free time the good doctor gets off he likes to spend with his family, with an occasional tennis game on Friday afternoon. They

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## Question Man

By JoAnne Corley

"What are you going to be doing over Christmas vacation?"



**Adela Gildo**

"I'm going to be skiing at Squaw Valley and getting together with my family."



**Richard Paganelli**

"I'm going to try to recuperate from my vacation to Mexico. Mentally, physically, and financially."



**Lisa Schindelman**

"I'm going to be in the spirit and try not to become too busy. And I'm not going to study!"



**Marsha Wilson**

"I'm going to be sleeping. I'm talking complete hibernation!"



**Lisa Williams**

"Shopping, skiing, opening presents, decorating the Christmas tree, and drinking hot chocolate."



**Eva Triplett**

"I'll be in Carmel with my fiancé in front of a fire."



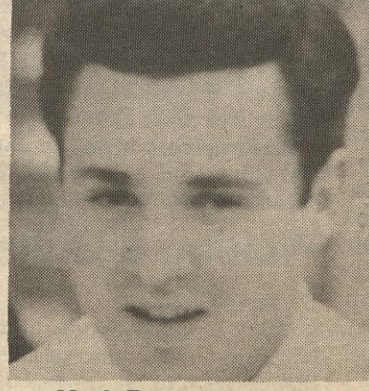
**Kenny Klingele**

"I'm going to Oregon to visit my family."



**Sharon Mattson**

"I'm going to go shopping and visit friends that I haven't seen in a while, and be with my family."



**Mark Bettencourt**

"I plan to go skiing at Heavenly Valley with my girlfriend and be with my friends."



**Jan Avilla**

"I'm going with my family to Lake Tahoe for cross-country skiing."

# 'Snow' Magic Word to Skiing Fans

By Monica Davey

Fall is in full swing and to some this just means another cold, wet uneventful winter ahead. But to others, it's time to pull out, dust off, and tune up the old skis! There is something special in the air that alerts these unique people, the skiers, who come alive at the prospect of the upcoming season. Their eyes twinkle, the blood rushes to their cheeks, and large smiles appear like magic, when terms like "snow fall" and "snow base" begin to crop up. Their attention begins to wander at the thought of vertical feet and high speeds and for others, crisp, mazarine mornings, when the silence is broken only by your breath and the long gliding sweeps of your cross country skis.

Whatever its meaning, the ski season is upon us and it's time to check on lift ticket prices and ski packages, and for those who believe in weather forecasts, predictions.

The first step was to begin the search for the perfect ski area. The one that offered cheap lift tickets, lots of terrain, steep vertical feet, no lines and ambiance! I found this to be as hard as finding a needle in a haystack, impossible! I surveyed many people who, I hoped, would assist me in narrowing the list down, but this also proved impossible. Just as soon as I thought I had a large positive vote for one area I would get negative responses. So, along with the criteria listed above, I included distance from San

Francisco, and came up with the five I thought would excite beginners, intermediaries, and experts.

The first two were very close in terrain, so I grouped them together; they are, Sugar Bowl and Bear Valley. Sugar Bowl's tickets are \$21 midweek, and \$26 weekends and holidays. They boast to being the closest to San Francisco, 180 miles. One thing to keep in mind is that they only accept cash, no credit cards. Bear Valley charges \$25 for adults, and \$23 weekends and \$21 midweek for students. They claim to be closer to the Bay Area than Lake Tahoe. Both areas offer a ski school program and equipment rental. I really like both of these resorts for their uncrowded atmosphere. They offer a lot to the beginner and intermediate but if you're an experienced skier, and like untracked, complex runs, these resorts offer a limited area.

The next resort I like is Heavenly. Their lift prices are \$29.00 until the first of the year, when there will be a price increase. Heavenly offers more terrain than Sugar Bowl or Bear, but is about the same in complexity. Ski school and rental equipment are available, and chances are that you might find this mountain busier at peak times. Waiting a half hour in a lift line is not at all unusual. Heavenly is closer to the night life activities for those interested in fast times at night as well as during the day.

Squaw Valley is my next choice and I'm sure for many, the best choice. But for me, it is second best. The resort is 196 miles from San Francisco and offers many lodging accommodations. Lift tickets are \$30, the most expensive I found, but then some would argue, and correctly, that it's worth the extra \$5-\$3 because you get more. The skiable area is the most extensive and for experts, the most versatile, for intermediaries enjoyable, and there is plenty of open space for beginners. For me though, the problem I couldn't overcome was the crowds! Unheard of at other resorts, are lift lines that could keep you standing in line on cramped, stiffening legs for as long as one hour and according to some, longer! This means crowded restaurants and worse, crowded runs. I can't enjoy myself knowing I could be struck from behind by some hot-dog plowing down the mountain with no regards as to the other skiers. If you don't mind the crowds or can ski midweek, when the mountain is usually quieter, then I highly recommend this resort. There is plenty of ski school and rental assistance available.

Finally, the resort I recommend above all the rest is Northstar. Northstar offers everything the other areas offer: ski school, rental equipment, mileage, \$27 a day lift ticket, and lodging, plus extras. For skiers, this mountain offers the challenge and

space found at few other resorts. Northstar limits their daily lift pass sales which keeps the mountain free from the mob scene. This means that you will have to be at the base of the mountain early to purchase your ticket, but that's o.k., because an early start means an early apre ski, which Northstar also can oblige.

All of the areas listed above also offer a multi-day package that is convenient and saves you money if you're interested.

There are many group rates that most travel agents or ski shops can help you with.

For those interested in Nordic skiing, both Northstar and Bear Valley offer groomed, tracked trails and instruction.

As to when the ski season is to begin, most resorts would like to open Thanksgiving day, but this depends on the weather. Of the ski businesses I contacted, I was assured that we would have a much better season than last year, and high levels of snowfall would be recorded. Sounds good to me!

If you're one of those who has always wanted to try skiing, and for whatever reason haven't, make this season the one. It is a sport for all ages, racers and slowpokes! Try out one of these resorts and while you're at it don't forget to take time out to look around, and take a deep breath. Enjoy the mountains and their surroundings; it's all a part of skiing.

## Refugee Plight Subject of Slide Show

Since early in the 1980s, thousands of Salvadorans have been living in squalid refugee camps in Honduras, where they fled from the civil war that engulfs their country. In October of this year, 4500 of these refugees decided to return to El Salvador to rebuild their homes and test the government's commitment to the Peace Plan signed in August. They were accompanied in their journey home by many international observers, including several from the Bay Area.

On Monday, December 7th, come see a slide show by Locke Schultze depicting the efforts of the Salvadoran refugees to return to their homelands, as recorded by her and others in Honduras and El Salvador. Ms. Schultze works for the Going Home Project, which provides assistance to the returning refugees. Admission to the event is free, though donations to the Going Home Project will be welcome. There will also be on hand residents from the Peninsula and South Bay who will be on a delegation to visit the resettlement areas in January.

The event takes place at the University Lutheran Church, 1611 Stanford Avenue in Palo Alto, at 7:30 p.m. on Monday, December 7th. The event is sponsored by CAUS-ICA, the Committee Against U.S. Intervention in Central America, who may be reached for more information at (415) 327-6035.

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have a place up in the mountains where he and his family enjoy hiking, fishing and backpacking during his summers off. In high school and college he always participated in sports. "It seemed like a nice balance . . . I like mental challenge, but I also like physical challenges. It makes you feel like you've tested all parts of yourself."

Stegner gave some advice which might apply to any number of students doing their time getting general education out of the way. "The most important thing to achieve is not a degree but direction in your life. Go out and talk to people who are doing things; if you think you might be interested in an area, take a course. You don't know if you don't like something until you try it out. Find out what makes you happy."

### FOR SALE

Silver Reed Exp 400 Daisy Wheel Printer. \$100. Tel: 366-9199

## Colts Lose to Tough Jaguars

By Terry Chin

After the first two games of the season, the Cañada basketball team had an even record of 1-1. In the opener, the Colts snatched a respectable 75-69 win over the UC Berkeley club team, while in the second, they were handed a brutal 81-56 loss by the Jaguars of San Jose City College.

Initially, the first game of the season seemed only a confidence builder. The Colts eventually *did* end up on top, but not as easily as expected. The nervous jitters had taken their toll, but the Colts emerged victorious. Though returning guard Doug Adams was used sparingly, his experience and court leadership was a strong point for the Colt's offense. His presence on the court had a definite effect on the Colt's performance. Cañada, trailing 33-30 at the half, began to settle down after intermission. Three minutes into the second half, a Michael Jefferson jumper put the Colts in the lead. They led 39-37 and would never trail again. It wasn't a spectacular win, but it was good enough.

The Colts second game was quite differ-



ent from their first. Like Cañada, SJCC was also coming off a win. Earlier in the week the Jaguars had defeated a much respected Skyline team by a score of 73-65.

## Around the Campus . . .

### Pulitzer Winner Final Fall Play

By Terry Chin

"That Championship Season," a Pulitzer Prize winning drama by Jason Miller, is scheduled to be the final play of the fall semester. This performance, which was preceded by "On the Verge" and "The Merchant of Venice," should cap off a nice semester of drama.

Directed by Bob Curtis, the play deals with both basketball and time. It is one of those classic instances where the present shockingly meets the past. Actors involved in the performance include Dick Innerst, Michael Reyes, Brooks Daugherty, Dan Roach and Mike Lyon.

Performances begin on Jan. 14, 15, 16 and resume on Jan. 21, 22, 23. All shows begin at 8:00 p.m. in the Flexible Theatre.

### Picking a College

By Terry Chin

While college application periods are winding down, many students still find themselves looking for the *right* school.

Does this school offer my major? How large is the campus? What school offers the intercollegiate sport I'm interested in? These are all valid questions and all of them are answered in some recently acquired software located in the Career Center.

The program is called Peterson's College

Selection Service and can help a student find a college with virtually all the specifics he desires. Karen Olesen of the Career Center describes it as one of the best resources available. "This is an excellent resource," she said. "It can be especially helpful for students interested in out of state schools."

The program is operated on an IBM PC, but Olesen stresses that no experience is needed. The computer is "very easy to use."

So if you are still pondering over which school to attend, a visit to the Career Center could be highly beneficial.

The software may be used at the Career Center between 8:00 a.m. and 4:00 p.m. M-F. Its use is on a drop in basis and/or by appointment.

### Peer Counseling

By Francisco A. Lopez

Cañada College has a Peer Counseling Group which is starting up at the spring semester. Dr. Ernie Rodriguez, a psychologist here, said, "There is Peer Counseling in EOPS, but only for their students."

Beginning spring semester, Psychological Services at Cañada is going to use the office in the Cafeteria for Peer Counseling. A Peer Counselor provides drop-in paraprofessional counseling and crisis help. Peer Counselors also organize groups and special workshops.

If interested in Peer Counseling contact Dr. Ernie Rodriguez at the Health Center at (415) 364-1212, ext. 455.

### ASCC Vacancies

Several volunteers are currently needed to fill in some vacant positions in the student government. Basically anybody is eligible if they fulfill the following requirements: maintain a 2.00 GPA, attend the government meetings each Wednesday at 1, and be available to put in two hours of volunteer work in the student government office. If one of these requirements can't be met, it is still very possible to join as a limited associate of the student government.

Being in the student government looks good for those planning to attend a four year college or university, or apply for a job. It also offers up to four Coop educational units per semester. Lastly, it's a good way to meet people and get something done. If there is something someone wants to change, this is the most likely place to come. For more information, call extension 364, drop by the student government office, or talk to Lois Cunningham.

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many people he or she left behind in an overhang. While observing them the CRR hears them faintly say, "Let's stay here until it lets up and then we'll go." The CRR chuckles and knows how idiotic the non-CRRs are looking up in the sky, waiting as if they could see when the rain is going to stop.