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 Meet the Team
 

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## Promise Scholars Program

### Meet the Team

#### Staff



#### Allie Fasth

**Title:** Director of Pathways & Promise

**Responsibilities:** Oversee the Promise Scholars Program

**Years at CSM:** Since 2016

**Education:** M.P.A., San Francisco State University

**Other Interests:** Spending time with family & friends, hiking, cooking, reading, traveling



#### Liz Morales

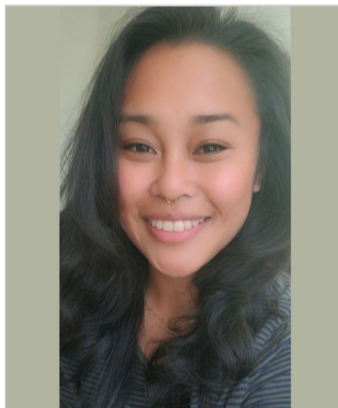
**Title:** Promise Program Manager

**Responsibilities:** Manages daily operations of the Promise Scholars Program

**Years at CSM:** Since 2022

**Education:** B.A., Chicano Students, University of California of Riverside; M.A., Educational Leadership, Sacramento State University

**Other Interests:** Traveling, watching my kids play sports, dancing, and watching movies.



#### Karen Rose Naval

**Title:** Retention Specialist, Promise Scholars Program

**Responsibilities:** Support students with achieving their personal and academic goals, introduce and refer students to campus resources.

**Years at CSM:** Since 2013

**Education:** B.S., Justice Studies, San Jose State University; A.S. & A.S.-T., Administration of Justice, College of San Mateo; A.A., Business Information Processing, College of San Mateo; A.A., Social Science, College of San Mateo

**Other Interests:** Lover of R&B and bay area music, binge watching shows and comedy specials on Netflix, being outdoors getting sunshine and playing all types of sports, eating and trying new foods.



#### Warren Shelby

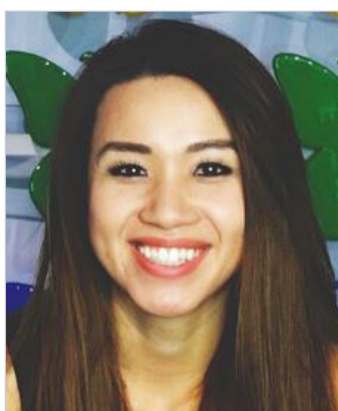
**Title:** Retention Specialist, Promise Scholars Program

**Responsibilities:** Helping students, staff, and faculty take full advantage of Career and Student Support Services at CSM

**Years at CSM:** Since the 1990s

**Education:** A.A., Radio TV BCST., A.A. & Certificate, COMM Studies, College of San Mateo

**Other Interests:** Praising the Lord, playing piano, songwriting, collecting sports cards, laughing/smiling/loving and advocating for folks!



#### Deborah Nguyen

**Title:** Financial Aid Program Services Coordinator, Promise Scholars Program

**Responsibilities:** Assist students with their financial aid applications and documents. Process all Promise incentives, book vouchers, and tuition and fees.

**Years at CSM:** Since 2019

**Education:** B.A., Communication, B.A., International Studies-Economics, University of California, San Diego

**Other Interests:** Traveling, hiking, discovering new restaurants, attending concerts, festivals, and musicals

#### Counselors

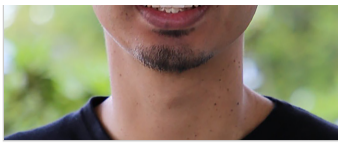


#### Leo Cruz

**Title:** Counselor, Promise Scholars Program

**Responsibilities:** Individual counseling to develop Student Educational Plans (SEP), teach counseling courses, develop and implement workshops, refer students to campus resources, and help students clarify and reach personal, academic, and career goals.

**Years at CSM:** Since 2018



**Education:** B.A., Psychology, University of California, Los Angeles; M.S., College Counseling, San Francisco State University  
**Other Interests:** Traveling, watching new tv shows, and exploring SF.



#### Doris Garcia

**Title:** Counselor, Promise Scholars Program; Coordinator, Katipunan @ CSM  
**Responsibilities:** Meeting with first-time college students and making sure they get the support they need to reach the goals they set for themselves, teaching COUN 240 (College and Academic Success), and serving as an advisor for the Filipino student organization, Katipunan.  
**Years at CSM:** Since 2019  
**Education:** B.S., Sociology, Minor in Education and Asian American Studies, UC Irvine; M.S., School and College Counseling, San Francisco State University  
**Other Interests:** Plant mama, Peloton fan, Passion Planner enthusiast, 90s Hip-Hop and R&B, and hype woman to family, friends, and students



#### Manny Delgado

**Title:** Counselor, Promise Scholars Program; Coordinator, Brothers Empowering Brothers (BEB); Instructor, IDST 110 College 1  
**Responsibilities:** As a counselor/coordinator/instructor/educator I work collaboratively with students to provide holistic support, that both challenges and encourages students in achieving their own unique potential while creating a meaningful educational experience that supports their goals, dreams and aspirations.  
**Years at CSM:** Since 2019  
**Education:** M.S., Counseling, San Francisco State University; B.A., Sociology, San Francisco State University; A.A., Sociology, Cañada College  
**Other Interests:** Fan of all Bay Area sports teams (Warriors, Niners, Giants, Sharks). Playing pick-up basketball games at local park/gym. Hip Hop Music. Huge foodie (though I don't know how to cook, I love to eat!). Being in community with others (love to listen and learn through/about other people's experiences). Love to travel (experiencing new sites and tasting new foods). Being a service to my community through civic engagement and community service.  
**Languages:** Spanish and English



#### Andy Gomez

**Title:** Counselor, Promise Scholars Program; Coordinator, Brothers Empowering Brothers  
**Responsibilities:** Provide academic, career, and personal counseling and empower students to meet their educational and career goals and instruct IDST 110 College 1  
**Years at CSM:** Since 2018  
**Education:** M.S., Counseling, San Francisco State University; B.A. Psychology, San Francisco State University; A.A., Foothill Community College  
**Other Interests:** Being active (soccer, running, outdoors), reading, listening to podcast, always learning, spending time with family, friends and always committed to empowering others  
**Languages:** Spanish and English



#### Sunny Martin

**Title:** Counselor, Promise Scholars Program  
**Responsibilities:** Working with Promise Scholars to assist them in achieving their educational goal and making sure they get connected with all that CSM has to offer  
**Years at CSM:** Since 2018  
**Education:** M.A., San Jose State University; B.A., University of California, Berkeley  
**Other Interests:** Watching (not playing) sports, exploring new places and activities with family



#### Sharon Quach

**Title:** Counselor, Promise Scholars Program  
**Responsibilities:** Individual counseling to develop Student Educational Plans (SEP), career and major exploration, develop and implement workshops, refer students to campus resources, and help students clarify and reach personal, academic, and career goals.  
**Years at CSM:** Since Spring 2022 (first semester at the campus) - <1 year  
**Education:** B.S., Community and Regional Development University of California, Davis; M.A., Education (Counseling and Student Personnel), San Jose State University  
**Other Interests:** Traveling, yoga, gardening, hiking, exploring new restaurants, DIY arts and craft projects, and working out



**Alex Urbina**

**Title:** Counselor, Promise Scholars Program

**Responsibilities:** Supporting Promise Scholar students by developing educational plans, providing individual counseling, and collaborating with campus resources.

**Years at CSM:** Since 2022

**Education:** B.S Kinesiology., San Francisco State University, M.S., Counseling San Francisco State University

**Other Interests:** Traveling, makeup, music, trying new restaurants, plants, and spending time with loved ones.

**[Independence Day \(Holiday\)](#)**

July 4, 2023

**[Flex Days \(No Classes\)](#)**

August 14-15, 2023

**[Fall Classes Begin](#)**

August 16, 2023

[Request Information](#)