



Cañada College • College of San Mateo • Skyline College

# 2024 MONTHLY MEDICAL CONTRIBUTION RATES

## REGION 1

See footer for Counties served

Effective: January 1, 2024 - December 31, 2024			ACADEMICS SUPS / ADMINISTRATORS		AFSCME (Facilities)		CEA (Classified)		CLASSIFIED PROF/SUPS CONFIDENTIAL		CLASSIFIED EXEMPT SUPS		TRUSTEES	
Plan Name	Coverage Level	Full Premium	Portion Paid by District	Employee Out of Pocket	Portion Paid by District	Employee Out of Pocket	Portion Paid by District	Employee Out of Pocket	Portion Paid by District	Employee Out of Pocket	Portion Paid by District	Employee Out of Pocket	Portion Paid by District	Employee Out of Pocket
<b>HMO PLANS</b>														
<b>Anthem Blue Cross Select HMO</b>	Employee Only	\$ 1,138.86	\$ 1,021.41	\$ 117.45	\$ 1,021.41	\$ 117.45	\$ 1,021.41	\$ 117.45	\$ 1,021.41	\$ 117.45	\$ 1,021.41	\$ 117.45	\$ 789.00	\$ 349.86
<i>Limited Counties, Not available in San Mateo County</i>	Employee + 1	\$ 2,277.72	\$ 1,790.34	\$ 487.38	\$ 1,825.34	\$ 452.38	\$ 1,825.34	\$ 452.38	\$ 1,825.34	\$ 452.38	\$ 1,825.34	\$ 452.38	\$ 1,312.00	\$ 965.72
	Employee + 2 or more	\$ 2,961.04	\$ 2,365.95	\$ 595.09	\$ 2,365.95	\$ 595.09	\$ 2,365.95	\$ 595.09	\$ 2,365.95	\$ 595.09	\$ 2,365.95	\$ 595.09	\$ 1,717.00	\$ 1244.04
<b>Anthem Blue Cross Traditional HMO</b>	Employee Only	\$ 1,339.70	\$ 1,021.41	\$ 318.29	\$ 1,021.41	\$ 318.29	\$ 1,021.41	\$ 318.29	\$ 1,021.41	\$ 318.29	\$ 1,021.41	\$ 318.29	\$ 789.00	\$ 550.70
	Employee + 1	\$ 2,679.40	\$ 1,790.34	\$ 889.06	\$ 1,825.34	\$ 854.06	\$ 1,825.34	\$ 854.06	\$ 1,825.34	\$ 854.06	\$ 1,825.34	\$ 854.06	\$ 1,312.00	\$ 1367.40
	Employee + 2 or more	\$ 3,483.22	\$ 2,365.95	\$ 1117.27	\$ 2,365.95	\$ 1117.27	\$ 2,365.95	\$ 1117.27	\$ 2,365.95	\$ 1117.27	\$ 2,365.95	\$ 1117.27	\$ 1,717.00	\$ 1766.22
<b>Blue Shield Access+</b>	Employee Only	\$ 1,076.84	\$ 1,021.41	\$ 55.43	\$ 1,021.41	\$ 55.43	\$ 1,021.41	\$ 55.43	\$ 1,021.41	\$ 55.43	\$ 1,021.41	\$ 55.43	\$ 789.00	\$ 287.84
	Employee + 1	\$ 2,153.68	\$ 1,790.34	\$ 363.34	\$ 1,825.34	\$ 328.34	\$ 1,825.34	\$ 328.34	\$ 1,825.34	\$ 328.34	\$ 1,825.34	\$ 328.34	\$ 1,312.00	\$ 841.68
	Employee + 2 or more	\$ 2,799.78	\$ 2,365.95	\$ 433.83	\$ 2,365.95	\$ 433.83	\$ 2,365.95	\$ 433.83	\$ 2,365.95	\$ 433.83	\$ 2,365.95	\$ 433.83	\$ 1,717.00	\$ 1082.78
<b>Blue Shield Trio HMO</b>	Employee Only	\$ 946.84	\$ 946.84	\$ 0.00	\$ 946.84	\$ 0.00	\$ 946.84	\$ 0.00	\$ 946.84	\$ 0.00	\$ 946.84	\$ 0.00	\$ 789.00	\$ 157.84
<i>Limited Counties, Not available in San Mateo County</i>	Employee + 1	\$ 1,893.68	\$ 1,790.34	\$ 103.34	\$ 1,825.34	\$ 68.34	\$ 1,825.34	\$ 68.34	\$ 1,825.34	\$ 68.34	\$ 1,825.34	\$ 68.34	\$ 1,312.00	\$ 581.68
	Employee + 2 or more	\$ 2,461.78	\$ 2,365.95	\$ 95.83	\$ 2,365.95	\$ 95.83	\$ 2,365.95	\$ 95.83	\$ 2,365.95	\$ 95.83	\$ 2,365.95	\$ 95.83	\$ 1,717.00	\$ 744.78
<b>Kaiser Permanente</b>	Employee Only	\$ 1,021.41	\$ 1,021.41	\$ 0.00	\$ 1,021.41	\$ 0.00	\$ 1,021.41	\$ 0.00	\$ 1,021.41	\$ 0.00	\$ 1,021.41	\$ 0.00	\$ 789.00	\$ 232.41
	Employee + 1	\$ 2,042.82	\$ 1,790.34	\$ 252.48	\$ 1,825.34	\$ 217.48	\$ 1,825.34	\$ 217.48	\$ 1,825.34	\$ 217.48	\$ 1,825.34	\$ 217.48	\$ 1,312.00	\$ 730.82
	Employee + 2 or more	\$ 2,655.67	\$ 2,365.95	\$ 289.72	\$ 2,365.95	\$ 289.72	\$ 2,365.95	\$ 289.72	\$ 2,365.95	\$ 289.72	\$ 2,365.95	\$ 289.72	\$ 1,717.00	\$ 938.67
<b>United Healthcare Signature Value Alliance</b>	Employee Only	\$ 1,091.13	\$ 1,021.41	\$ 69.72	\$ 1,021.41	\$ 69.72	\$ 1,021.41	\$ 69.72	\$ 1,021.41	\$ 69.72	\$ 1,021.41	\$ 69.72	\$ 789.00	\$ 302.13
	Employee + 1	\$ 2,182.26	\$ 1,790.34	\$ 391.92	\$ 1,825.34	\$ 356.92	\$ 1,825.34	\$ 356.92	\$ 1,825.34	\$ 356.92	\$ 1,825.34	\$ 356.92	\$ 1,312.00	\$ 870.26
	Employee + 2 or more	\$ 2,836.94	\$ 2,365.95	\$ 470.99	\$ 2,365.95	\$ 470.99	\$ 2,365.95	\$ 470.99	\$ 2,365.95	\$ 470.99	\$ 2,365.95	\$ 470.99	\$ 1,717.00	\$ 1119.94
<b>United Healthcare Signature Value Harmony</b>	Employee Only	\$ 937.39	\$ 937.39	\$ 0.00	\$ 937.39	\$ 0.00	\$ 937.39	\$ 0.00	\$ 937.39	\$ 0.00	\$ 937.39	\$ 0.00	\$ 789.00	\$ 148.39
<i>Not available in San Mateo County</i>	Employee + 1	\$ 1,874.78	\$ 1,790.34	\$ 84.44	\$ 1,825.34	\$ 49.44	\$ 1,825.34	\$ 49.44	\$ 1,825.34	\$ 49.44	\$ 1,825.34	\$ 49.44	\$ 1,312.00	\$ 562.78
<i>Limited Counties: Santa Clara, Santa Cruz</i>	Employee + 2 or more	\$ 2,437.21	\$ 2,365.95	\$ 71.26	\$ 2,365.95	\$ 71.26	\$ 2,365.95	\$ 71.26	\$ 2,365.95	\$ 71.26	\$ 2,365.95	\$ 71.26	\$ 1,717.00	\$ 720.21
<b>Western Health Advantage HMO</b>	Employee Only	\$ 807.23	\$ 807.23	\$ 0.00	\$ 807.23	\$ 0.00	\$ 807.23	\$ 0.00	\$ 807.23	\$ 0.00	\$ 807.23	\$ 0.00	\$ 789.00	\$ 18.23
<i>Limited Counties, Not available in San Mateo County</i>	Employee + 1	\$ 1,614.46	\$ 1,614.46	\$ 0.00	\$ 1,614.46	\$ 0.00	\$ 1,614.46	\$ 0.00	\$ 1,614.46	\$ 0.00	\$ 1,614.46	\$ 0.00	\$ 1,312.00	\$ 302.46
	Employee + 2 or more	\$ 2,098.80	\$ 2,098.80	\$ 0.00	\$ 2,098.80	\$ 0.00	\$ 2,098.80	\$ 0.00	\$ 2,098.80	\$ 0.00	\$ 2,098.80	\$ 0.00	\$ 1,717.00	\$ 381.80
<b>PPO PLANS</b>														
<b>Anthem Blue Cross Del Norte County EPO</b>	Employee Only	\$ 1,314.27	\$ 1,021.41	\$ 292.86	\$ 1,021.41	\$ 292.86	\$ 1,021.41	\$ 292.86	\$ 1,021.41	\$ 292.86	\$ 1,021.41	\$ 292.86	\$ 789.00	\$ 525.27
	Employee + 1	\$ 2,628.54	\$ 1,790.34	\$ 838.20	\$ 1,825.34	\$ 803.20	\$ 1,825.34	\$ 803.20	\$ 1,825.34	\$ 803.20	\$ 1,825.34	\$ 803.20	\$ 1,312.00	\$ 1316.54
	Employee + 2 or more	\$ 3,417.10	\$ 2,365.95	\$ 1051.15	\$ 2,365.95	\$ 1051.15	\$ 2,365.95	\$ 1051.15	\$ 2,365.95	\$ 1051.15	\$ 2,365.95	\$ 1051.15	\$ 1,717.00	\$ 1700.10
<b>Anthem Blue Cross PERS GOLD PPO</b>	Employee Only	\$ 914.82	\$ 914.82	\$ 0.00	\$ 914.82	\$ 0.00	\$ 914.82	\$ 0.00	\$ 914.82	\$ 0.00	\$ 914.82	\$ 0.00	\$ 789.00	\$ 125.82
<i>80/20 Plan, Limited Network</i>	Employee + 1	\$ 1,829.64	\$ 1,790.34	\$ 39.30	\$ 1,825.34	\$ 4.30	\$ 1,825.34	\$ 4.30	\$ 1,825.34	\$ 4.30	\$ 1,825.34	\$ 4.30	\$ 1,312.00	\$ 517.64
	Employee + 2 or more	\$ 2,378.53	\$ 2,365.95	\$ 12.58	\$ 2,365.95	\$ 12.58	\$ 2,365.95	\$ 12.58	\$ 2,365.95	\$ 12.58	\$ 2,365.95	\$ 12.58	\$ 1,717.00	\$ 661.53
<b>Anthem Blue Cross PERS PLATINUM PPO</b>	Employee Only	\$ 1,314.27	\$ 1,021.41	\$ 292.86	\$ 1,021.41	\$ 292.86	\$ 1,021.41	\$ 292.86	\$ 1,021.41	\$ 292.86	\$ 1,021.41	\$ 292.86	\$ 789.00	\$ 525.27
<i>90/10 Plan</i>	Employee + 1	\$ 2,628.54	\$ 1,790.34	\$ 838.20	\$ 1,825.34	\$ 803.20	\$ 1,825.34	\$ 803.20	\$ 1,825.34	\$ 803.20	\$ 1,825.34	\$ 803.20	\$ 1,312.00	\$ 1316.54
	Employee + 2 or more	\$ 3,417.10	\$ 2,365.95	\$ 1051.15	\$ 2,365.95	\$ 1051.15	\$ 2,365.95	\$ 1051.15	\$ 2,365.95	\$ 1051.15	\$ 2,365.95	\$ 1051.15	\$ 1,717.00	\$ 1700.10

Region 1 Serves Counties:

Alameda, Alpine, Amador, Butte, Calaveras, Colusa, Contra Costa, Del Norte, El Dorado, Glenn, Humboldt, Lake, Lassen, Marin, Mariposa, Mendocino, Merced, Modoc,

Mono, Monterey, Napa, Nevada, Placer, Plumas, Sacramento, San Benito, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Shasta, Sierra, Siskiyou, Solano, Sonoma, Stanislaus, Sutter, Tehama, Trinity, Tuolumne, Yolo, Yuba

## 2024 MONTHLY MEDICAL CONTRIBUTION RATES

### REGION 1

See footer for Counties served

Effective: January 1, 2024 - December 31, 2024			AFT (Full-Time Faculty)		
Plan Name	Coverage Level	Full Premium	Portion Paid by District	Out of Pocket Aug-Dec or Sep-Dec	Out of Pocket for Jan-May or Feb-Jun
<b>HMO PLANS</b>					
<b>Anthem Blue Cross Select HMO</b>	Employee Only	\$ 1,138.86	\$ 1,021.41	\$ 117.45	\$ 164.43
<i>Limited Counties, Not available in San Mateo County</i>	Employee + 1	\$ 2,277.72	\$ 1,797.68	\$ 480.04	\$ 672.06
	Employee + 2 or more	\$ 2,961.04	\$ 2,336.99	\$ 624.05	\$ 873.67
<b>Anthem Blue Cross Traditional HMO</b>	Employee Only	\$ 1,339.70	\$ 1,021.41	\$ 318.29	\$ 445.61
	Employee + 1	\$ 2,679.40	\$ 1,797.68	\$ 881.72	\$ 1234.41
	Employee + 2 or more	\$ 3,483.22	\$ 2,336.99	\$ 1146.23	\$ 1604.72
<b>Blue Shield Access+</b>	Employee Only	\$ 1,076.84	\$ 1,021.41	\$ 55.43	\$ 77.60
	Employee + 1	\$ 2,153.68	\$ 1,797.68	\$ 356.00	\$ 498.40
	Employee + 2 or more	\$ 2,799.78	\$ 2,336.99	\$ 462.79	\$ 647.91
<b>Blue Shield Trio HMO</b>	Employee Only	\$ 946.84	\$ 946.84	\$ 0.00	\$ 0.00
<i>Limited Counties, Not available in San Mateo County</i>	Employee + 1	\$ 1,893.68	\$ 1,797.68	\$ 96.00	\$ 134.40
	Employee + 2 or more	\$ 2,461.78	\$ 2,336.99	\$ 124.79	\$ 174.71
<b>Kaiser Permanente</b>	Employee Only	\$ 1,021.41	\$ 1,021.41	\$ 0.00	\$ 0.00
	Employee + 1	\$ 2,042.82	\$ 1,797.68	\$ 245.14	\$ 343.20
	Employee + 2 or more	\$ 2,655.67	\$ 2,336.99	\$ 318.68	\$ 446.15
<b>United Healthcare Signature Value Alliance</b>	Employee Only	\$ 1,091.13	\$ 1,021.41	\$ 69.72	\$ 97.61
	Employee + 1	\$ 2,182.26	\$ 1,797.68	\$ 384.58	\$ 538.41
	Employee + 2 or more	\$ 2,836.94	\$ 2,336.99	\$ 499.95	\$ 699.93
<b>United Healthcare Signature Value Harmony</b>	Employee Only	\$ 937.39	\$ 937.39	\$ 0.00	\$ 0.00
<i>Not available in San Mateo County</i>	Employee + 1	\$ 1,874.78	\$ 1,797.68	\$ 77.10	\$ 107.94
<i>Limited Counties: Santa Clara, Santa Cruz</i>	Employee + 2 or more	\$ 2,437.21	\$ 2,336.99	\$ 100.22	\$ 140.31
<b>Western Health Advantage HMO</b>	Employee Only	\$ 807.23	\$ 807.23	\$ 0.00	\$ 0.00
<i>Limited Counties, Not available in San Mateo County</i>	Employee + 1	\$ 1,614.46	\$ 1,614.46	\$ 0.00	\$ 0.00
	Employee + 2 or more	\$ 2,098.80	\$ 2,098.80	\$ 0.00	\$ 0.00
<b>PPO PLANS</b>					
<b>Anthem Blue Cross Del Norte County EPO</b>	Employee Only	\$ 1,314.27	\$ 1,021.41	\$ 292.86	\$ 410.00
	Employee + 1	\$ 2,628.54	\$ 1,797.68	\$ 830.86	\$ 1163.20
	Employee + 2 or more	\$ 3,417.10	\$ 2,336.99	\$ 1080.11	\$ 1512.15
<b>Anthem Blue Cross PERS GOLD PPO</b>	Employee Only	\$ 914.82	\$ 914.82	\$ 0.00	\$ 0.00
<i>80/20 Plan, Limited Network</i>	Employee + 1	\$ 1,829.64	\$ 1,797.68	\$ 31.96	\$ 44.74
	Employee + 2 or more	\$ 2,378.53	\$ 2,336.99	\$ 41.54	\$ 58.16
<b>Anthem Blue Cross PERS PLATINUM PPO</b>	Employee Only	\$ 1,314.27	\$ 1,021.41	\$ 292.86	\$ 410.00
<i>90/10 Plan</i>	Employee + 1	\$ 2,628.54	\$ 1,797.68	\$ 830.86	\$ 1163.20
	Employee + 2 or more	\$ 3,417.10	\$ 2,336.99	\$ 1080.11	\$ 1512.15

Region 1 Serves Counties:

Alameda, Alpine, Amador, Butte, Calaveras, Colusa, Contra Costa, Del Norte, El Dorado, Glenn, Humboldt, Lake, Lassen  
Mono, Monterey, Napa, Nevada, Placer, Plumas, Sacramento, San Benito, San Francisco, San Joaquin, San Mateo, San